

"We want to be the best part of your day and your first choice for health, fitness and fun!"



THE CENTER 4 LIFE PROGRAM

January, February, March, April 2012

Physical Exercise ❖ Special Events ❖ Travel ❖ Health Programs ❖ Social Gatherings ❖ Seminars

The *Center 4 Life Program* is operated by the City of Sanibel Recreation Department.

Activities take place at the City Civic Center at the corner of Library Way and Palm Ridge Road.

Sandi McDougall, Center 4 Life Program Administrator (239) 472-5743 Fax 472-1413

email - sandi.mcdougall@mysanibel.com

ISLAND SENIORS, INC. serves as a support organization and advisory board to the City of Sanibel Center 4 Life Program. It was established as a separate not for profit entity. Island Seniors Inc. raises funds to provide staff and help defray the cost of program activities. The Board established a membership fee of \$20 for the calendar year. Members enjoy reduced participation fees. The Board of Directors meets monthly.

Katie Reid , President
John Brown, Treasurer
Pat Macchia

Eileen Kehoe, Vice President
Mary Ann Gilhooley
Judie Sharbaugh

Glenda Campbell, Secretary
Bob Thompson
Rev. Ed VanderHey



**Recreation Department
Center 4 Life
2401 Library Way
Sanibel, Florida 33957**

Center 4 Life hours: Monday - Friday 8:00 am - 5:00 pm

Songs from Sandi



Happy Holidays everyone and welcome back “snowbirds”.

Did you notice the new addition to the front page of our newsletter? *“We want to be the best part of your day and your first choice for health, fitness and fun!”* When I read this on the Harrison Community Center Parks & Rec Newsletter, I knew I wanted it to be our Center’s motto also. I emailed Chris Deal, my former boss, and he said he’d be honored if we used it. The Island Seniors, Inc. Board of Directors agreed that we will keep that goal foremost as we program activities for the Center 4 Life.

Speaking of fun, ask the nearly 60 members that attended **John Brown’s** Lip Sync Potluck

in November about fun times. Stop by the Center to see a photo display of this event and the Bazaar that **Eileen Kehoe** chaired.

I don’t know what I would do without the board of directors and volunteers that make our Center so wonderful. **President Katie** is always there to help resolve any problems that come up and **Mary Ann Gilhooley** chaired a wonderful Trash & Treasure sale that helped raise funds to buy new kitchen tables & chairs.

Stop by and meet our kind and giving board members, staff and volunteers. I’m sure you’ll agree that we have a super team. See you soon. And.....

To your continued good health,

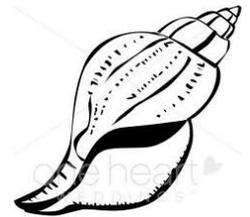
Sandi

From the President - By Katie Reid

The snowbirds are arriving in force. What a great time of year! So good to see old friends and new friends arriving daily. Our programs are filled to capacity. Everyone is ready to hit the sand running.

Isn’t it great to have such a wonderful Center to explore new activities, meet new friends, rekindle old friendships, and participate in a variety of programs from art to computer to games to exercise to theater to pot lucks and lunches to kayaking and much more? Other programs await you as the New Year unfolds.

Looking to the future, money has been put into the 2012 city budget for an architectural and engineering study for the reconfiguration of the building, and in 2013 to do the actual work. So much more room for our growing membership.



So now that you are all here, please enjoy the “winter” months and participate in as many programs as you have time in your schedules.

Thank you to everyone for making the Center 4 Life a great place to be.

Katie

Friendship Fund - If you are in need of financial assistance to participate in the activities at the Center 4 Life, there are funds available to help you. For more information, contact Sandi McDougall, Administrator, 472-5743.

Books and Games

Page Turners (Book Discussion Group) is in full swing. **Ann Rodman**, volunteer coordinator, welcomes ideas for books to read and discuss and for facilitators to lead the discussions. Please contact Ann at annrodman@aol.com or at **395-2191**.

Page Turners meets the second Wednesday of every month at 2:30 pm.

★ **January 11, Carol Strange** leads a discussion of Battle Hymn of a Tiger Mother by Amy Chan.

★ **February 8, Kathy Lear** leads a discussion of The Girl in Translation by Jean Kwok.

★ **March 14, Susan Riley** leads a discussion of The Little Giant of Aberdeen County by Tiffany Baker.

Hope you can can join us & bring a neighbor.



Games at The Center

☑ **BRIDGE**

1:00 pm Monday and Wednesday

☑ **HAND & FOOT**

1:00 pm Tuesday

☑ **MAHJONGG**

1:00 pm Thursday

☑ **MEXICAN TRAIN**

1:00 pm Thursday

\$2.50 for members and \$5.00 for non-members.

Prizes awarded!



Learn to play Mahjongg

With **Katie Reid**, Board President

9:00 am - 12:00 pm
in the Kraft Room

Mon. Jan. 23 Mon. Jan. 30
Wed. Jan. 25 Thur, Feb 2
Thur. Jan. 26

Or

Mon. Mar. 5 Thurs. Mar. 15
Thur. Mar. 8 Mon. Mar. 19
Mon. Mar. 12

Class is limited to four or eight students (to fill a table to practice) and you must be able to attend all five classes. All supplies will be provided. \$12.50 for members, \$25.00 for non-members of Island Seniors, Inc.

Bridge Lessons with **Bruce and Christl Smith**

Stop by the Center or call in January for dates and times. Class is limited to eight students and you must be able to attend all four classes. Separate fees for members and non-members.



Mexican Train Lessons with **Katie** Wednesday & Thursday, January 18 & 19

1:00 - 4:00 pm

or

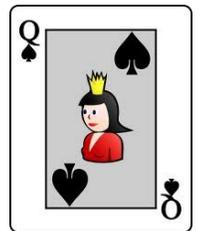
Monday & Wednesday, February 27 & 29 from
9:00 am - 12:00 pm

This is an exciting Domino game for 4-12 players. \$5.00 for members and \$10.00 for non-members of Island Seniors, Inc. Class is limited to eight students.

Second Annual **Justine Smith** Charity Bridge Tournament Friday, February 10, 2012 at 1:00 pm



Local merchants will contribute gifts that will be awarded during the tournament. All proceeds will go to **PAWS**, a local Sanibel Island charity for the care, foster and placement of stray animals. *\$15.00 per person. Sign up early and plan to attend this popular event.*



Leisure Lunchers

& Thrift & Consignment Connoisseurs

FUN & FOOD!

Please sign up and join us:

Tuesday, January 24 at 11:30

Vencenzo's Pastaria

16520 S. Tamiami Trail

Tuesday, February 14 at 11:30 Love yourself!

Crystof's on McGregor

10231 McGregor Blvd.

Tuesday, March 13 at 11:30 Celebrate St.

Pat's early at Ballyorney Irish Pub,

13851 S Tamiami Trail



Sandi will search out thrift & consignment stores in the area for those wishing to shop after lunch.

Hotdog Grill - Wednesdays at noon

Chef Doris Southerton and her Sous Chefs, Paul Duval & Bob Halverson are on the patio cooking. The devoted volunteers will serve you a hotdog, potato chips and lemonade for \$2.00 for members, \$3.50 for non-members. Call us at 472-5743 by Wednesday morning to reserve a grilled hotdog. See you on the patio.



March 7, 2012 Pot Luck Dinner 5:30 pm

The Ensemble from
The Sanibel Commu-

nity Chorus will perform immediately after our Pot-Luck dinner. This group of about 20 enthusiastic singers will bring their four-part harmony to renditions of **George and Ira Gershwin's** famous tunes, and to other classical, jazz and folk tunes.

The Ensemble joined us last year and we are excited to have them back again. **Sign up early as this was our most popular pot-luck event last year.** You don't want to miss this performance!

Please bring an hors d'oeuvre that needs no silverware. Drinks and dessert will be provided by The Center 4 Life. Free to members and \$5.00 per person for non-members.

Footnote: The full Community Chorus will perform these as well as other tunes on **March 26, 2012, at Schein Hall, BIG Arts.**

Second Annual Holiday SANTabel Swap and Potluck Wednesday, December 28, 2011 - 5:30 PM

This is your chance to "repurpose" a gift you received that you don't want. **Wrap it** up again and bring it to the **SANTabel Swap** to exchange it for a surprise gift! We had many laughs and sought after items during this event last year!



Please remember to bring a **finger food hors d'oeuvre** that does not require a fork. Dessert and drinks will be supplied by the Center 4 Life. Free to members of Island Seniors, Inc. and a \$5.00 per person charge for non-members. Sign up now for a night of great surprises!



AARP Safe Driving Classes

Thursdays, January 19 & 26 *OR* March 15 & 22
1:00 pm to 4:00 pm

Participants must attend both sessions. The classes are fast-paced and feature a dozen videos which will help make you a better and safer driver. Completion of the program will result in a discount on your auto insurance in most states, including Florida.

Ed VanderHey is the instructor for the Sanibel programs. Call him at **472-3623** or **239-292-4012** for reservations. The cost is \$12 for AARP members, \$14 for non-members.

Learn, Create, Enjoy

Jewelry & Basket Weaving Classes in April

Check with the front desk staff at the Center for these classes.

3rd Annual New Year's Eve Celebration

"Kiss 2011 Good-Bye"
Saturday, December 31

at the Recreation Center, 3880 San-Cap Road



Call 230-472-0345 for admission fees and times. Something for everyone; food, games, dj, dancing, bingo, ventriloquist, midnight balloon drop and much more.



Luncheon for Volunteers

Island Seniors, Inc. loves their volunteers and wants to honor them on **Friday, March 9th at 1:00 pm**. If you've been volunteering at the Center, look for your invitation in the mail. Please mark your calendar so you can attend this delicious luncheon honoring you.

Wheat free/Gluten free Products

Hosted by Bailey's for Free

Tuesday, January 17 or
Wednesday, February 29 or
Thursday, March 22

(limit of six participants are available at each small group session)



You must sign up at our Center for the one-hour session to be held at Bailey's at **10:00 am** or **1:00 pm**.

Bailey's offers over 1,000 wheat-free/gluten-free products and invites us to join Rachel Lammers at this seminar. Samples, along with a list of items Bailey's carries, and manufacture reps will be on hand. Join us as we empower ourselves with knowledge on how to feed loved ones or ourselves wheat/gluten free.

Jazz Lovers : We love to play traditional jazz, are a group of two, keyboard and valve trombone, live on the East end of the island, and play at home.

We would like to invite another instrument or two, to play the kind of music where you can vary what you play. If you play clarinet, any sax, trumpet, trombone, banjo, guitar, and are interested in hearing us before you decide to join us, give me a call for more details. **Edgar, 395-3765.**





Are you ready for some baseball? *“Take me out to the ball game, take me out with the crowd.”*

Island Seniors, Inc. has purchased 40 tickets to the **Sunday, March 11 Twins vs. Yankees at 1:05** (members of Island Srs, Inc. fee is \$20.00 and non-members fee \$28.00) and the **Friday, March 30 Twins vs. the Red Sox. At 1:05** (members fee is \$15 and non-members fee \$24) Games will be played at the Hammond Stadium on Six Mile Cypress. You must pay for your tickets upon sign up. First come, first paid, first reserved.

Florida Travels

Members are asking about summer travel. Some want to go to **Canada** and others to travel in **Florida**. If you are interested, let **Ann Moeder** or **Sandi McDougall** know.

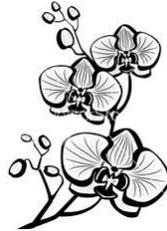
A group of members have asked us to join them on a **cruise May 1 through May 16 aboard the Royal Caribbean Mariner of the Sea**. Call Sandi for details on this trip which departs from Miami and visits the Canary Islands, Spain, France and Italy.

Ringling Museum Tour in Sarasota Wednesday, January 25, 2012



\$79 for Island Seniors members, \$89 for non-members. Includes: Round trip transportation from Ft. Myers, admission to Ringling Complex including the world famous art museum, Ca' d'Zan (Ringling's own home), the circus museum, Mable Ringling's rose garden, lunch at the Banyan Café on the Ringling grounds. Carpooling from the Center at 8:15 am for bus pickup in Fort Myers at 9:00 am.

Marie Selby Botanical Gardens Wednesday, March 14, 2012



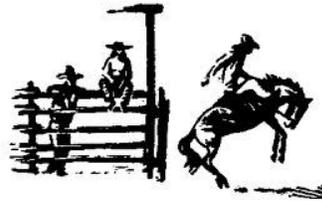
Selby Gardens, Sarasota is home to over 6,000 orchids and over 20,000 bromeliads. In March, it is alive with color! \$79 for members of Island Seniors, Inc. and \$89 for non-members. Includes: Round trip transportation from Ft. Myers, tour of gardens, museum, and greenhouse, and a wonderful lunch at the gardens. Car-pooling time to be announced later.

Ybor City (Historic Tampa) Thursday, February 16, 2012



\$69 for Island Seniors members; \$79 for non-members. Includes: Round trip transportation from Ft. Myers, tour of the historic Ybor City area including the Museum, lunch at The Spaghetti Warehouse (housed in a former cigar factory). Car-pooling from the Center at 7:15 am for bus pickup in Fort Myers at 8:00 am.

Carpooling to Babcock Ranch in April



We are planning a trip to the **Babcock** Ranch in April. **Please** check the counter in the kitchen at the Center or the next newsletter for details. We will combine it with a late lunch on the way back to Sanibel at **Cracker Barrel**. Everyone enjoys their Southern home cooking.

We are riding “The Thriller” in May! We waited too long last September to enjoy a ride on The Thriller as a group so we will ride it in May and stop for ice cream afterwards. **Details in the next newsletter.**

Island Seniors, Inc. members can buy coupon booklets from the City of Sanibel at the Center 4 Life, 2401 Library Way, or at the Sanibel Recreation Center. Booklets of 12 coupons: \$42.00 or 3 coupons: \$10.50. Members of the Sanibel Recreation Center need only to show their photo membership card.



Fit For Life Fitness

Essential Total Fitness

Monday, Wednesday & Friday at 9:30 am

This "total fitness" class includes cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. **Mahnaz Bassiri** is your instructor.

Power Hour Fitness

Tuesday & Thursday at 8:00 am

Hand weights, stretch cords and stability balls along with mats are used to strengthen your muscles. Improve your core strength and balance. **Mahnaz Bassiri** is your instructor.

Happy Hour Fitness

Monday, Wednesday & Friday at 8:00 am

Class begins with a joke from one of the members to put you in the right frame of mind and ends with a positive thought for the day. The format is: 45 minutes of cardio, 20 minutes of balance exercises, core strength and flexibility exercises. Strengthen, lengthen and gain flexibility. **Sandi McDougall** is your instructor.

Gentle Yoga with Kris Brown

Tuesday & Thursday at 9:30 am

This class is designed to stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Class exercises with mats and meets the needs of varying experience levels. You are encouraged to bring a towel.



Chair Yoga with Kris Brown

Special holiday schedule **Tuesday and Thursday at 11:00 am November 29 - December 22** and return on **January 3 for the winter season.**

Meditation

The class that was formerly held at the Center 4 Life is now meeting at **The Congregational Church** Monday, Wednesday, and Friday at 8:15 am. Call **Karl Rodman** at 395-2191.

Tuesday Kayaking

- * January 10, 17, 24
- * February 7, 14, 21, 28
- * March 6, 13, 20, 27
- * April 3, 10, 17, 24



All participants, including those with personal kayaks, must meet at the Center unless an off Island launch is scheduled. Everyone is encouraged to take a turn leading the group.

The Center supplies the kayaks, paddles and life jackets (which all participants must wear). It is useful to bring water, a small snack, change of clothing (in case you get wet), sun lotion, bug spray, sunglasses and a hat.

This outing is perfect for people who enjoy the outdoor world. There is space for 16 people on our eight two-person kayaks and unlimited space for those who own their own kayaks.

The two leaders for each outing determine the location. Leaders pay no fees and reserve the right to change the **8:30 am meeting time.**

\$5 for Island Seniors, Inc. members and \$10 for non-members per trip. Members of Island Seniors, Inc. have first priority. Come by the Center to sign up. **PAYMENT MUST BE MADE WHEN YOU SIGN UP.** We have established an additional waiting list.

Introduction to Computers and Windows 7

Monday, Wednesday & Fridays 1-3 pm
Jan. 9, 11, 13, 18 & 20 (no class on 16)
Or Feb. 6, 8, 13, 15, 17 (no class on 10)
Or March 5, 7, 9, 12, 14
Bruce and Christl Smith Instructors



Technology

Computer Help With Ronda

Ronda Seifer Walis sends her regrets to the members who were waiting patiently for her return to Sanibel. She is mourning the loss of a close friend and helping to raise four small children who have lost their mother. If you wish to send her a card, call the Center for her address.

This class is designed for the novice user. Turn on the PC and discover how to click, create, save and print a document. They will explain the basics without a lot of jargon. You must be able to attend all five sessions. Cost is \$115 for members and \$150 for non-members. Limited to 6 students only. Must pay upon signing up.

PICASA with Patty...and your photos!
If you email or browse the internet, you can do Picasa!

Wednesday & Thursday, January 4 - 5 OR
Wednesday & Thursday, February 29 &
March 1

Two 2 hr. Sessions per class - 1:00 - 3:00 pm

Organize and **Share** your photos! This is hands-on training in Picasa, a free program from Google. Learn to copy photos from your camera or memory card to your PC, and create and edit albums to share by email. Order prints without a trip to the store.

You can crop, resize, sharpen and brighten colors. A four-hour investment gets you started in preserving memories in a format to enjoy and share. Class limited to 6. \$60 for members, \$90 for non-members at sign up. **IMPORTANT: Bring your camera with freshly charged batteries and its cable, & memory card or card reader with 10**



WHAT'S A SPREADSHEET?

Wednesday & Thursday, February 1 - 2
OR Wednesday & Thursday, April 25-26
1:00 - 3:00 pm
Two 2 hr. Sessions per class

They are useful to balance your checkbook, manage rentals or expenses or to keep your address lists. You have a spreadsheet program with Microsoft **Works** or **Excel**. If you are new to spreadsheets or have put off learning, it's time for a new experience.

You do need to be familiar with the mouse and keyboard. If you do email or word processing you have the right skills. Class is limited to 6 and **payment is due on sign up**. \$60 for members, \$90 for non-members.

A Perfect Gift for the Holidays for Friends, Family and Yourself!

Make a lasting tribute to yourself, a friend or family member. A beautiful memorial and honorary brick pathway joins our patio to the front walkway. Groups can participate as the kayakers have done. **Luc Century's** etched bricks can be purchased for \$100. Your support "paves" the way for future activities. Come to the Center or contact us at 472-5743 for the form that has all of the information to create your brick.

To save trees and mailing costs, please stop by the Center to pick up your January, February, March & April calendar of events!

9th Annual Series - Coping With Life

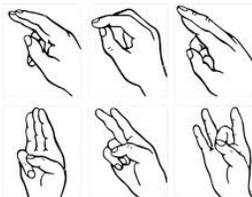
January 13 - 1:30 pm

Marcy Albright presents

Learning American Sign Language

Basics for Mature Adults

This session includes learning signs for everyday conversation, greetings, household items, food and drink, care of self, medical signs and other signs of a specific nature.



January 13 - 3:30 pm

Marcy Albright presents

American Sign Language for All Ages

This session is geared to signing for all ages.

January 20 - 1:30 pm

Damaris Peters Pike as *Hildegard of Bingen:*

A Feather on the Breath of God. Our beloved Damaris of "Women of Note" is back to entertain us. Here she portrays the 12th century nun Hildegard of Bingen. \$5 donation for members and \$10 for non-members as per Damaris. She requests that Island Seniors, Inc. use the funds to enhance the aerobic classes she attends and loves.

January 27 - 12:30 pm

Flu Shots - CVS Pharmacy will send their pharmacist to the Center to give flu shots. Stop by anytime after 12:30 for your shot if you haven't already gotten one.

February 3 - 9:30 am to 12:30 pm

Diabetes Screening - The Sanibel Captiva Lions Club will host their vision screening in the Kraft Room with the goal of 'Eliminating Preventable Blindness'.

The club will be screening first for **diabetes**, which if left un-controlled can lead to diabetic retinopathy and eventually blindness. Secondly, **glaucoma**, which affects the peripheral vision first but can also lead to blindness if not treated. These diseases are insidious in that you can live unknowingly with them while they destroy parts of the optic nerve. Early detection is key. By the time symptoms appear, the damage cannot be repaired. Appointments not necessary. Stop by the Center to be screened.

Call or stop by the Center to register for these popular events.

February 3 - 1:30 pm to 3:00 pm

"AC Delco: Knowledge is Power When it Comes to Women and Car Care"

Terry and Kay Wynter of Terry Wynter Auto Service Center. Take charge of your vehicle service! Knowledge *is* POWER, and when having your vehicle serviced, it can feel like you have little of either. That's why **Terry Wynter Auto Service** is partnering with us to bring you a free car care seminar. Terry, Kay and a master technician will discuss:

- Troubleshooting common car problems
- Checking tire pressure and oil level
- How to become an informed consumer
- Understanding maintenance requirements
- How to communicate with service advisors.

February 17 - 1:30 pm

Look Good and Feel Great . . .
with Christine, Kelly & Lisa of
Color Imaging - Free!



Did you know you look younger, healthier and more confident just by wearing the right colors? Have you seen others who look spectacular, but you don't know what makes them stand out? Once you learn *your* personal colors, shopping for clothes is more fun and less time consuming. You'll end up with fewer clothes, *but you'll have more to wear.* Your colorful personality shines through.

February 24 - 1:30 pm

Grief Therapy with Dottie Morrison

Recommended by staff and Island Senior, Inc. member, **Patty Waters**. Dottie will discuss the physical, emotional, mental, and spiritual effects of grief and teach us how to deal with friends who are grieving and ways to help ourselves through the process.

March 2 - 1:00 - 4:00 pm

Car Fit with the Lee Sheriffs Department. Recommended by member **JoAnn McKelvey**. **CarFit** is an educational program to check how well your personal vehicles "fit" you. Driving skills WILL NOT be tested nor will your car undergo a check up. Trained technicians and health professionals work with you to ensure you "fit" your vehicle for maximum comfort and safety. The check takes about 20 minutes. Wonder if your seat height is correct or if your side view mirrors are placed effectively? Come and find out. Appointments will be taken or just stop by the Center 4 Life, 2401 Library Way.

2012 Performances



Ed VanderHey
has secured the

Sanibel Community Church bus with 27 seats. We can get more tickets but only the first 27 will be able to ride the bus. As with all tickets, if you sign up, you are responsible for paying for the ticket. If you need to sell your ticket later, we will provide you a waiting list of members to call. This works well as many people join the Center 4 Life after Island Seniors, Inc. has purchased tickets.

Naples Philharmonic Theater

LES MISERABLES

Saturday, January 28, 2012 - 2:00 pm

THE BUS IS FULL

Members \$89; non-members \$99
The 25th-anniversary of LES MISERABLES features glorious new staging and spectacular scenery inspired by the paintings of Victor Hugo. Winner of eight Tony Awards including Best Musical, LES MISERABLES is an epic, uplifting story about the survival of the human spirit, which includes such classic songs as *I Dreamed a Dream*, *On My Own* and many more.



LA CAGE AUX FOLLES

Saturday, March 3, 2012 - 2:00 pm

Members \$84; non-members \$94

6 SEATS AVAILABLE ON THE BUS

The hilarious new production of LA CAGE AUX FOLLES was the biggest hit of the 2010 Broadway season, winning three Tony Awards including Best Musical Revival. LA CAGE is the tuneful and touching tale of one family's struggle to stay together... stay fabulous... and stay true to themselves! With a glorious score of hummable melodies, LA CAGE is a musical comedy classic. It'll be "The Best of Times" when this extra-ordinary new version comes to Naples!

MEMPHIS

Saturday, February 18, 2012 - 2:00 pm

Members \$82; non-members \$92

THE BUS IS FULL FOR THIS PRODUCTION

Winner of four 2010 Tony Awards, including Best Musical, MEMPHIS is the hot new musical that bursts onto the stage with explosive dancing, irresistible songs and a fascinating narrative about fame and forbidden love. Inspired by actual events, MEMPHIS tells the story of a radio DJ who wants to change the world and a club singer ready for her big break. It's a show filled with laughter, emotion and roof-raising rock 'n' roll.



COME FLY AWAY

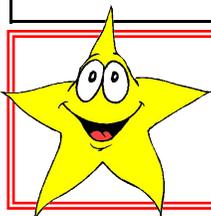
Saturday, April 7, 2012

2:00 pm

Members \$82; non-members \$92

THE BUS IS FULL

COME FLY AWAY combines the seductive vocals of Frank Sinatra with the sizzling sound of a live 19-piece big band and the thrill of Twyla Tharp's choreography. Fifteen of the world's best dancers tell the tale of four couples falling in and out of love at a swinging nightclub on a star-lit night. Set to a score of such classics as *The Summer Wind*, *Fly Me to the Moon*, *Theme from New York, New York* and many others sung by Ol' Blue Eyes himself, COME FLY AWAY, with the most romantic evening on Broadway!



Be a "good guy"! If you sign up for an activity that is free and you discover you cannot attend, please call us immediately. This allows us time to call fellow members on the waiting list. We know you would like the same consideration.

Barbara B Mann Theater

Tickets to these performances have been purchased. If you signed up, Island Seniors, Inc. ordered your tickets, billed you and you have paid for them. If you now find that you need to sell your tickets, we can provide a waiting list of members you can call. If you missed the sign-up and want to attend, please call us to put your name on that waiting list. You will be called and reminded by staff the Monday prior to the productions that your tickets are available

One week prior to the performance you will be called and can pick up your tickets at the Center or, if you wish, the day of the performance with Sandi at the theater.

Cirque Dreams Holidaze

Saturday, December 31, 2011 at 2:00 PM

Members \$51.00; non-members \$61.00

The fabulous Cirque Team is back. An original music score and seasonal favorites accompany an international cast of over 30 multi-talented and brilliantly costumed artists, spectacular costumes and holiday dreams in a setting of gigantic gifts, colossal candy canes and 30-foot towering soldiers. Don't miss the international sensation that "Dazzled...at The Kennedy Center" says the Washington Post.



Rock of Ages

Saturday, January 14, 2012 at 2:00 PM

Members \$57.00; non-members \$67.00



It's the five-time, Tony Awards nominated smash-hit musical and a hilarious, feel-good love story. In 1987 on the Sunset Strip, a small town girl met a big city rocker in LA's most famous rock club. They fell in love to the greatest songs of the 80's. Don't miss this awesome good time about dreaming big, playing loud and partying on!

The Jersey Boys are Back! Saturday, February 11, 2012

Members \$78.00; non-members \$88.00

How did four blue-collared kids become one of the greatest successes in pop music history? Find out at this Tony award best musical of 2006 that takes you up the charts, across the country and behind the music of **Frankie Valli** and **The Four Seasons**. Discover the secret of a 40-year friendship: four kids working their way through the streets of Newark to the height of stardom. Experience electrifying performances of the golden greats that took them to the Rock and Roll Hall of Fame. "Sherry," "Big Girls Don't Cry," "Can't Take My Eyes Off of You," "Dawn," "My Eyes Adored You," and more.

MY FAIR LADY

Saturday, March 10, 2012 at 2:00

Members \$60.00; non-members \$70.00



This is the musical based upon George Bernard Shaw's Pygmalion with book and lyrics by Alan Jay Lerner and music by Frederick Loewe. The story concerns Eliza Doolittle, a Cockney flower girl who takes speech lessons from professor Henry Higgins, a phoneticist, so she can pass as a proper lady.

Wicked

Saturday, April 14, 2012 at 2:00 PM

Members \$93.00; non-members \$103.00

Wicked broke box office records when it played Fort Myers in March, 2009. Winner of 35 major awards, including a Grammy and three Tony Awards, Wicked is Broadway's biggest blockbuster, a cultural phenomenon and was just named New York Times "the defining musical of the decade".

Florida Repertory Theater



We have reserved seats for Saturday, 2:00 PM matinees. Member tickets are \$21; Non-members are \$26. No seats are further back than row M. No

more tickets will be purchased seven days before the show. **YOU MUST PAY UPON SIGNING UP.** If you sign up, Island Seniors, Inc. will buy a ticket. We may meet before or after the play for brunch or dinner.

And if you are new to joining us at the Florida Rep, Sandi picks up the tickets at the box office one-half hour prior to the 2:00 performance and hands them out in the lobby. If you are late picking up your tickets, she will leave them at the "will call" window for you.

GOD OF CARNAGE By Yasmina Reza

Translated by Christopher Hampton
Tony-Winning Comedy from the Author of *Art!*
Saturday, January 7th, 2012 at 2:00 pm

This is a sensational comedy of manners, without the manners! Two sets of Brooklyn parents meet to settle their children's playground altercation. The rum begins to flow, then things turn ugly as diplomacy goes out the window and the gloves come off. Civility turns into animal instinct. Ninety minutes of sustained mayhem!

BEDROOM FARCE By Alan Ayckbourn

Hilarious Comedy by England's Favorite Playwright!
Saturday, February 4, 2012 at 2:00 pm

From Tony-nominated author of *Relatively Speaking*, *Absurd Person Singular*, and *The Norman Conquests* comes a wickedly funny comedy about love, sex and infidelity. We meet four couples in distress. During a long Saturday evening, played out in three different bedrooms, each stumbles hilariously from dysfunction to reconciliation. This farce reminds us that marital problems can be fun...if they're someone else's!



RED By John Logan

2010's Electrifying Tony-Winning Best Play!
Saturday, March 10, 2012 at 2:00 pm

Red is a provocative portrait of the angry, brilliant abstract expressionist painter, Mark Rothko. It is the 1950's, and after landing the most important commission in modern art, Rothko spends two years working feverishly. Locked in his New York studio with a newly married assistant (a dangerous relationship) Rothko faces the reality that his crowning achievement may be his undoing.

BLACK TIE By A.R. Gurney

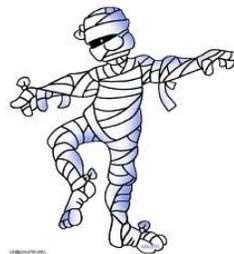
A Brand-New Play from the Author of *Sylvia!*
Saturday, April 7, 2012 at 2:00 pm

From the author of Florida Rep hits *Sylvia*, *Indian Blood*, and *The Middle Ages*, comes a comedy about traditions, family life and what it means to be a W.A.S.P. The Father of the Groom wants to make a memorable toast, but before raising his glass, he must defend the past, time-honored ways. Cultures clash as a surprise guest enters, threatening to throw convention out the window. Our hero finds that striking a balance between family traditions and ways of the future may be too messy for a black tie affair.



THE MYSTERY OF IRMA VEP:

A PENNY DREADFUL By Charles Ludlam
"Lunatic Fun! Keeps you in Stitches!" *NY Daily News*
Saturday, May 5, 2012 at 2:00 pm



In this melodrama spook, two actors bring a host of characters to life; werewolves, vampires, sinister housekeepers and Egyptian mummies, as they try to solve the mystery of Irma Vep. In this rollicking parody Lord Hillcrest returns home with a new wife after the untimely, mysterious death of his first wife, Irma Vep. Lady Enid learns that life is not normal in the spooky English manor house. *The New York Times* says "far and away the funniest two hours on a New York stage!"

~ January 2012 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 CLOSED	3 8:00 PH 9:30 YOGA 11:00 Chair Yoga 1:00 Knit Wits 1:00 Hand & Foot NO KAYAK	4 8:00 HH 9:30 ETF 12:00 GRILL 1:00 Bridge 1:00 PICASA	5 8:00 PH 9:30 YOGA 11:00 Chair Yoga 1:00 MahJongg 1:00 Mex Train 1:00 PICASA	6 8:00 HH 9:30 ETF	7 2:00 FI Rep God of Car-nage
8	9 8:00 HH 9:30 ETF 11:00 ETF* 1:00 Bridge 1:00 PC Intro	10 8:00 PH 8:30 KAYAK 9:30 YOGA 11:00 Chair Yoga 1:00 Knit Wits 1:00 Hand & Foot	11 8:00 HH 9:30 ETF 11:00 ETF 12:00 Grill 1:00 Bridge 1:00 PC Intro 2:30 Page Turners	12 8:00 PH 9:30 YOGA 11:00 Chair Yoga 1:00 MahJongg 1:00 Mex Train	13 8:00 HH 9:30 ETF 11:00 ETF 1:00 PC Intro 1:30 Signing Seminar 3:30 Signing Seminar	14 2:00 BBMann Rock of Ages
15	16 CLOSED	17 8:00 PH 8:30 KAYAK 9:30 YOGA 10:00 & 1:00 Gluten Free 11:00 Chair Yoga 1:00 Knit Wits 1:00 Hand & Foot	18 8:00 HH 9:30 ETF 9:30 ISrs Board 11:00 ETF 12:00 Grill 1:00 Bridge 1:00 PC Intro 1:00 Mexican Train Lessons	19 8:00 PH 9:30 YOGA 11:00 Chair Yoga 1:00 MahJongg 1:00 Mex Train 1:00 Mex Train Lessons 1:00 Safe Driving Rec Ctr	20 8:00 HH 9:30 ETF 11:00 ETF 1:00 PC Intro 1:30 Damaris Peters Pike	21
22	23 8:00 HH 9:00 MJ Lessons 9:30 ETF 11:00 ETG 1:00 Bridge	24 8:00 PH 8:30 KAYAK 9:30 YOGA 11:00 Chair Yoga 11:00 L Lunch 1:00 Knit Wits 1:00 Hand & Foot	25 8:00 HH 9:00 MJ Lessons 9:30 ETF 11:00 ETF 12:00 Grill 1:00 Bridge Ringling Trip	26 8:00 PH 9:00 MJ Lessons 9:30 YOGA 11:00 Chair Yoga 1:00 MahJongg 1:00 Mex Train 1:00 Safe Driving Rec Ctr	27 8:00 HH 9:30 ETF 11:00 ETF 12:30 CVS Flu Shots	28 2:00 The Phil Les Mis
29	30 8:00 HH 9:00 MJ Lessons 9:30 ETF 11:00 ETG 1:00 Bridge	31 VOTING all Day NO Classes in Aerobic Room NO Kayak	Notes: * New class offered HH - Happy Hour ETF – Essential Total Fitness			

~ February 2012 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 8:00 HH 9:30 ETF 11:00 ETF 12:00 Grill 1:00 Bridge 1:00 SPREADSHEET	2 8:00 PH 9:00 Majongg Lessons 9:30 YOGA 11:00 Chair Yoga 1:00 Mahjongg 1:00 Mexican Train 1:00 SPREADSHEET	3 8:00 HH 9:30 ETF 9:30 Diabetes Screening 11:00 ETF 1:30 Auto Knowledge	4 2:00 FL REP Bedroom Farce
5	6 8:00 HH 9:30 ETF 11:00 ETF 1:00 Bridge 1:00 PC Intro	7 8:00 PH 8:30 KAYAK 9:30 YOGA 11:00 Chair Yoga 1:00 Knit Wits 1:00 Hand & Foot	8 8:00 HH 9:30 ETF 11:00 ETF 12:00 Grill 1:00 PC Intro 1:00 Bridge 2:30 Page Turners	9 8:00 PH 9:30 YOGA 11:00 Chair Yoga 1:00 Mahjongg 1:00 Mexican Train	10 8:00 HH 9:30 ETF 11:00 ETF 1:00 Justine's Bridge Tournament	11 2:00 BB MANN Jersey Boys
12	13 8:00 HH 9:30 ETF 11:00 ETF 1:00 Bridge 1:00 PC Intro	14 8:00 PH 8:30 KAYAK 9:30 YOGA 11:00 Chair Yoga 11:30 L Lunch 1:00 Knit Wits 1:00 Hand & Foot	15 8:00 HH 9:30 ETF <u>9:30 / Srs Board</u> 11:00 ETF 12:00 Grill 1:00 Bridge 1:00 PC Intro MIAMI TRIP	16 8:00 PH 9:30 YOGA 11:00 Chair Yoga 1:00 Mahjongg 1:00 Mexican Train YBOR CITY TRIP	17 8:00 HH 9:30 ETF 11:00 ETF 1:00 PC INTRO 1:30 Color Counts	18 2:00 PHIL Memphis
19	20 8:00 HH 9:30 ETF 11:00 ETF 1:00 Bridge	21 8:00 PH 8:30 KAYAK 9:30 YOGA 11:00 Chair Yoga 1:00 Knit Wits 1:00 Hand & Foot	22 8:00 HH 9:30 ETF 11:00 ETF 12:00 Grill 1:00 Bridge	23 8:00 PH 9:30 YOGA 11:00 Chair Yoga 1:00 Mahjongg 1:00 Mexican Train	24 8:00 HH 9:30 ETF 11:00 ETF 1:30 Grief Therapy	25
26	27 8:00 HH 9:00 Mexican Train Lessons 9:30 ETF 11:00 ETF 1:00 Bridge	28 8:00 PH 8:30 KAYAK 9:30 YOGA 11:00 Chair Yoga 1:00 Knit Wits 1:00 Hand & Foot	29 8:00 HH 9:00 Mexican Train Lessons 9:30 ETF 10:00 & 1:00 Gluten Free @ Baileys 11:00 ETF 12:00 Grill 1:00 Bridge 1:00 PICASA	Notes: HH - Happy Hour ETF – Essential Total Fitness		

~ March 2012 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
HH - Happy Hour ETF – Essential Total Fitness				1 8:00 PH 9:30 YOGA 11:00 Chair Yoga 1:00 Mahjongg 1:00 Mexican Train 1:00 PICASA	2 8:00 HH 9:30 ETF 11:00 ETF 1:00 - 4:00 Car Fit	3 2:00 PHIL LA CAGE
4	5 8:00 HH 9:30 ETF 11:00 ETF 1:00 Bridge 1:00 PC Intro 9:00 Mahjongg Lessons	6 8:00 PH 8:30 KAYAK 9:30 YOGA 11:00 Chair Yoga 1:00 Knit Wits 1:00 Hand & Foot	7 8:00 HH 9:30 ETF 11:00 ETF 12:00 Grill 1:00 Bridge 1:00 PC Intro 5:30 Chorus Potluck	8 8:00 PH 9:00 Mahjongg Lessons 9:30 YOGA 11:00 Chair Yoga 1:00 Mahjongg 1:00 Mexican Train	9 8:00 HH 9:30 ETF 11:00 ETF 1:00 PC Intro 1:00 Volunteer Appreciation Lunch	10 2:00 FL REP REDS 2:00 B B MANN My Fair Lady
11 1:05 Twins vs Yankees Daylight Savings Time "Spring Forward"	12 8:00 HH 9:30 ETF 11:00 ETF 1:00 Bridge 1:00 PC Intro 9:00 Mahjongg Lessons	13 8:00 PH 8:30 KAYAK 9:30 YOGA 11:00 Chair Yoga 11:30 L Lunchers 1:00 Knit Wits 1:00 Hand & Foot	14 8:00 HH 9:30 ETF 11:00 ETF 12:00 Grill 1:00 Bridge 1:00 PC Intro 2:30 Page Turners Marie Selby Trip	15 8:00 PH 9:00 Mahjongg Lessons 9:30 YOGA 11:00 Chair Yoga 1:00 Mahjongg 1:00 Mexican Train 1:00 Safe Driving RecCtr	16 8:00 HH 9:30 ETF 11:00 ETF	17
18	19 8:00 HH 9:30 ETF 11:00 ETF 1:00 Bridge 9:00 Mahjongg Lessons	20 8:00 PH 8:30 KAYAK 9:30 YOGA 11:00 Chair Yoga 1:00 Knit Wits 1:00 Hand & Foot	21 8:00 HH 9:30 ETF 9:30 I Srs Board 11:00 ETF 12:00 Grill 1:00 Bridge	22 8:00 PH 9:00 Mahjongg Lessons 9:30 YOGA 11:00 Chair Yoga 1:00 Mahjongg 1:00 Mex Train 1:00 Gluten Free @Baileys 1:00 Safe Driving RecCtr	23 8:00 HH 9:30 ETF 11:00 ETF	24
25	26 8:00 HH 9:30 ETF 11:00 ETF 1:00 Bridge 1:00 PC Intro	27 8:00 PH 8:30 KAYAK 9:30 YOGA 11:00 Chair Yoga 1:00 Knit Wits 1:00 Hand & Foot	28 8:00 HH 9:30 ETF 11:00 ETF 12:00 Grill 1:00 Bridge	29 8:00 PH 9:30 YOGA 11:00 Chair Yoga 1:00 Mahjongg 1:00 Mexican Train	30 8:00 HH 9:30 ETF 11:00 ETF 1:05 Twins vs Red Sox	31

~ April 2012 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 8:00 HH 9:30 ETF <u>NO</u> 11:00 ETF 1:00 Bridge	3 8:00 PH 8:30 KAYAK 9:30 YOGA 11:00 Chair Yoga 1:00 Knit Wits 1:00 Hand & Foot	4 8:00 HH 9:30 ETF <u>NO</u> 11:00 ETF 12:00 Grill 1:00 Bridge	5 8:00 PH 9:30 YOGA 11:00 Chair Yoga 1:00 Mahjongg 1:00 Mexican Train	6 8:00 HH 9:30 ETF <u>NO</u> 11:00 ETF	7 <i>2:00 FL REP Black Tie</i> <i>2:00 PHIL Come Fly Away</i>
8	9 8:00 HH 9:30 ETF <u>NO</u> 11:00 ETF 1:00 Bridge	10 8:00 PH 8:30 KAYAK 9:30 YOGA 11:00 Chair Yoga 1:00 Knit Wits 1:00 Hand & Foot	11 8:00 HH 9:30 ETF <u>NO</u> 11:00 ETF 12:00 Grill 1:00 Bridge 2:30 Page Turners	12 8:00 PH 9:30 YOGA 11:00 Chair Yoga 1:00 Mahjongg 1:00 Mexican Train	13 8:00 HH 9:30 ETF <u>NO</u> 11:00 ETF	14 <i>2:00 B B MANN Wicked</i>
15	16 8:00 HH 9:30 ETF <u>NO</u> 11:00 ETF 1:00 Bridge	17 8:00 PH 8:30 KAYAK 9:30 YOGA 11:00 Chair Yoga 1:00 Knit Wits 1:00 Hand & Foot	18 8:00 HH 9:30 ETF 9:30 I Srs Board <u>NO</u> 11:00 ETF 12:00 Grill 1:00 Bridge	19 8:00 PH 9:30 YOGA 11:00 Chair Yoga 1:00 Mahjongg 1:00 Mexican Train	20 8:00 HH 9:30 ETF <u>NO</u> 11:00 ETF	21
22	23 8:00 HH 9:30 ETF <u>NO</u> 11:00 ETF 1:00 Bridge	24 8:00 PH 8:30 KAYAK 9:30 YOGA 11:00 Chair Yoga 1:00 Knit Wits 1:00 Hand & Foot	25 8:00 HH 9:30 ETF <u>NO</u> 11:00 ETF 12:00 Grill 1:00 Bridge 1:00 SPREAD-SHEET	26 8:00 PH 9:30 YOGA 11:00 Chair Yoga 1:00 Mahjongg 1:00 Mexican Train 1:00 SPREAD-SHEET	27 8:00 HH 9:30 ETF <u>NO</u> 11:00 ETF	28
29	30 9:00 HH * 1:00 Bridge	Notes: <ul style="list-style-type: none"> Switches to one class only at 9:00 am HH - Happy Hour ETF – Essential Total Fitness				