

*"Let us be the best part of your day and first choice for Health, Fitness and Fun!"*

# THE CENTER 4 LIFE PROGRAM

## September, October, November, December 2015

Physical Exercise ❖ Special Events ❖ Travel❖ Health Programs ❖ Social Gatherings ❖ Seminars

The **Center 4 Life Program** is operated by the City of Sanibel Recreation Department.

Activities take place at the City Civic Center at the corner of Library Way and Palm Ridge Road.

**Trish Phillips, Seniors Program Manager (239) 472-5743**

**Email: Trish.Phillips@mysanibel.com**

ISLAND SENIORS, INC. serves as a support organization and advisory board to the City of Sanibel Center 4 Life Program. It was established as a separate not for profit entity. Island Seniors Inc. raises funds to provide staff and help defray the cost of program activities. The Board established a membership fee of \$20 for the calendar year. Members enjoy reduced participation fees. The Board of Directors meet monthly.

Tom Ledgerwood , President  
Carl "Bud" Reinhold, Treasurer  
Shirley Schulz

Tommy Williams, Vice President  
Mary Ann Gilhooley  
Rev. Ed Vander Hey

Glenda Campbell, Secretary  
Mike Gieryic  
Nancy Venuto

### ISLAND SENIORS, INC. MEMBERSHIP APPLICATION

1st Member

First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
Birth Month \_\_\_\_\_ Day \_\_\_\_\_  
Phone # \_\_\_\_\_ Cell # \_\_\_\_\_

2nd Member

First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
Birth Month \_\_\_\_\_ Day \_\_\_\_\_  
Phone # \_\_\_\_\_ Cell # \_\_\_\_\_

Local Address: \_\_\_\_\_ From \_\_\_\_\_ To \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Summer Address: \_\_\_\_\_ From \_\_\_\_\_ To \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Emergency Phone \_\_\_\_\_

Local Physician \_\_\_\_\_ Phone \_\_\_\_\_

Make check payable to: **Island Seniors, Inc.**  
(\$20 Per Member) Center 4 Life  
2401 Library Way  
Sanibel, FL 33957

For Additional Information:  
(239) 472-5743 (Phone)

### From Island Seniors, Inc. President

As we are all enjoying our summer, my thoughts have turned to the fall and the beginning of another winter season on Sanibel. I think we are all looking forward to a return to paradise and our friends and activities. So, to that end, I do have a few comments for us all. The staff, volunteers, and officers of the Island Seniors are already at work making preparations for the winter. Actually, the staff never stops.

First of all we need to think about filling two, all too soon to come, vacancies on the board. The board is largely unseen, but we want to have the best candidates we can to help the others with the various tasks. My experience has been that we have had exceptional people, but this is no accident, care is taken in the recruitment and selection of candidates. If you have thought that you might like to serve, I would urge you to contact one of our election committee members (see page 4) for additional information.



Tom Ledgerwood

### Warm Greetings from Trish,

Exciting activities and programs are awaiting your return. We encourage you to read through the newsletter and join us here for great fun.

Also, we would like to welcome Amy Esposito-Brown to our staff. She will be greeting you with her warm smile and ready to assist you when stop by the center.

One week during the month of September we will be closed to perform facility maintenance. See if you notice any changes upon your return. We wish you all a safe return and look forward to seeing you soon.

Safe travels,  
Trish Phillips



### What's Inside

Looking Ahead 2016 ....	3
Annual Meeting .....	4
Food & Fun .....	5
Newsletter Online .....	6
Travel .....	6-7
Trash & Treasure .....	8
AARP Safe Driver .....	9
Health Screening .....	9
Art, Books & Games . ...	10
Fitness .....	11
Kayak .....	11
Athletic Games .....	12
Theatres.....	13-15
Birthdays .....	16
Calendars.....	17-20



# Parish Nurses Community Health Fair

Friday, January 29, 2016

1:00—4:30 p.m.

Kick off the New year by coming to the Center for numerous, free health screenings.

Sponsored by St. Michael's & All Angels Episcopal Church, Sanibel Congregational United Church of Christ, St. Isabel's Catholic Church and Sanibel Community Church.



**Mark your calendar!**

## Arts and Crafts Fair Saturday, February 6, 2016 9 a.m. to 2 p.m.

Back-by-popular-demand the annual Arts & Crafts Fair at the Center 4 Life. You'll see a variety of handcrafted items, including paintings, photography, fabric art, shell designs, tropical plant arrangements and much more. Plan to be there and support our local artists!

# JUSTINE SMITH

## Sixth Annual Charity Bridge Tournament

Friday, February 12, 2016

1 p.m.

## ISLAND SENIORS GOT TALENT!

### Season One

Thursday, January 21, 2016



Island Seniors is on the lookout for members with hidden talent. Know someone that wants to be in the spotlight, or maybe even yourself?! Please be sure to sign up to be a part of this fun activity. Sign up sheets will be available at the front desk or contact the Center for more information.

# Island Seniors, Inc. Annual Meeting Friday, December 11th at 11:30 a.m.

Our annual meeting and luncheon will be held on Friday, December 11th at 11:30 a.m. All Center 4 Life members are invited and encouraged to attend this informative and entertaining event. At the meeting, you will learn about the Center's many activities throughout the year, our financial standing and you will have an opportunity to elect new Board members.

Our featured guest speaker will be Ray Fenton, local architect. He has been in our area for over 30 years. You may recognize a few of his island projects Ferry Landing, Jerry's Shopping Center and Beachview Golf Club (recently renamed Sanibel Island Golf Club). He will discuss the current trend of "Aging in Place." Older adults wanting to continue to live a full life in their own homes. Ray will explain ways to modify your home to continue living comfortably and safely.



## Bring *Your* Skills to the Island Seniors Board of Directors

Island Seniors, Inc. is looking for active and enthusiastic members to fill **two** vacancies on our Board **beginning in January 2016**. Board members are elected by the membership at the December annual meeting. The Board of Directors carries out the mission of Island Seniors: to provide its members entertainment, pleasure, companionship, education, recreation, and participation in health activities and further to manage and conduct for its members entertainment, excursions, social meetings, and engage in such activities that will raise the standards of civic welfare through educational, recreational and social means.

The Board meets monthly October through May. Term of service is 3 years. There are nine members on the Board, including the President, Vice President, Secretary and Treasurer.

If you are active in Island Seniors, we encourage you to consider contributing as a Board member. For more information please contact board members Mary Ann Gilhooley ([mcspoil@aol.com](mailto:mcspoil@aol.com), 239.472.3565), or Shirley Schulz ([schulzshirley@hotmail.com](mailto:schulzshirley@hotmail.com), 239.312.4178) or Nancy Venuto ([npvenuto@embarqmail.com](mailto:npvenuto@embarqmail.com), 239.472.4289) or call the Center.



### Sunset Social on the Causeway November 10th at 5 p.m.

**A tribute to our Veterans  
scheduled at sunset.**

We ask that participants provide an appetizer to share and bring a beach chair. Contact the Center for information on selected location or for additional details.

Co-Sponsored by



# FOOD & FUN

## Goblin's Luncheon



**Wednesday, October 28th  
at 11:30 a.m.**  
Stop by and say "Hello" to a few  
of your friends.

Members are encouraged to dress in Halloween attire. Lunch provided to members and \$3 for non-members (Hot Dog, Chips and Lemonade). Remember to renew your Island Seniors, Inc. membership while you are here!

## Leisure Lunchers

Looking for a fun day for lunch and leisure? Be sure to join us for our leisure lunch trips! This is a great way to try new food and discover fun locations! Be sure to bring a friend or make new ones. **Advance sign up is required.** Mark your calendar and check the sign-up sheets located in the kitchen for additional information regarding each activity.

### Flavors of Matlacha Tour & Lunch

Wednesday, November 4  
\$36.00 (Lunch Included)



This walking tour will go over the delightful history, art, eco and taste adventure combines Matlacha's salty history with the signature tastes of a little island that was once an obscure fishing village, and now is an eccentric and flamboyant artist colony. Lunch will be at the Old Fish House Marina with select menu items.



### Tarpon Lodge & Indian Mounds on Pine Island

Tuesday, January 26  
\$50.00 (Includes boat tour and admission to Randell Research Center)

Enjoy this special boat tour to Pineland as you will learn about the fishing cultures of Pine Island Sound. The cruise will take you by historic fish houses, and discuss the history of commercial and sport fishing as well as the fishing culture of Pine Island Sound and Charlotte Harbor. You will be able to enjoy a lunch at The Tarpon Lodge and after your meal walk over to the Randell Research Center where you'll be led on a guided hike to the top of a pre-Columbian mound of the ancient Calusa Culture.

### **Hot Dog Grill Wednesday - still happening at our Center!**

Island Seniors, Inc. volunteers will serve you a hotdog, chips and lemonade from 11:30 a.m.-12:00 p.m. The cost is \$2.00 for members and \$3.00 for non-members. Call ahead on Wednesday morning so we can plan enough food. If you don't want a hot dog, just bring your own lunch and join us.



# Discover Florida Trips



Discovery trips are a great way to get out and explore activities here in Florida with your friends. Advance registration is required and payment reserves your seat. Contact the Center 4 Life if you have any questions or need additional information on any of the activities listed below.



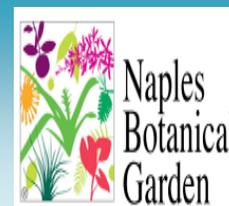
**Tuesday, October 20th**  
**NSU Art Museum in Ft. Lauderdale**  
\$37 members, \$42 non-members

NSU Art Museum provides exceptional access to the highest level of artistic expression . Founded in 1958, NSU Art Museum is a premier destination for exhibitions and programs encompassing all facets of civilization's visual history. The special exhibits will be; Pablo Picasso: Painted Ceramics and Works on Paper, 1931-71 , War Horses: Helhesten and The Danish Avant-Garde during World War II and The Indestructible Lee Miller There will be time to explore the museum and dine on our own and a 90 minute guided tour by a knowledgeable museum docent.

**Tuesday, November 17th**  
**Naples Botanical Garden & Naples Zoo at Caribbean Gardens**

\$37 members, \$42 non-members

Come smell the flowers and join us in this exciting undertaking and experience the growing magic of Naples Botanical Garden. Then follow the herds to the Naples Zoo and see lions, giraffes, and monkeys oh my!



**Tuesday, December 8th**  
**Christmas Rail-Boat by Seminole Gulf Railway**  
\$90 members, \$105 non-members

Set sail for a holiday light extravaganza! Join us on the Seminole Gulf Railway for soup and salad going north to Punta Gorda for a boat tour through Punta Gorda Isles. Then enjoy your entree and dessert on the journey back to Fort Myers. Coffee and tea provided all other beverages and gratuities are not included. The train departs promptly at 3:30 p.m.

**Tuesday, January 12th**  
**St. Petersburg Mural Tour & The Dali Museum**

\$72 members, \$77 non-members

Travel with us to St. Petersburg, Florida's leading art destination throughout the country. Embrace the blossoming street art movement. Feast your eyes at the Acropolis Restaurant and then head down to the Dali Museum for the Dali & Disney Exhibit.



**View Your Newsletter and Community News Online at**  
**WWW.MYSANIBEL.COM**

1. Go to [WWW.MYSANIBEL.COM](http://WWW.MYSANIBEL.COM) to access the City of Sanibel website.
2. Click on DEPARTMENTS near the top.
3. Scroll down the blue list of departments along the left side to find Recreation.
4. Click on Recreation to select it.
5. Under Quick Links on the right side, select Center 4 Life to open a copy of the newsletter.
6. Optional: If you wish, you can select FILE, then SAVE AS and save a copy on your DESKTOP where it will be available all the time.



# Multi-Day Tours

## Sunday-Tuesday, October 18th—20th Epcot Food and Wine Festival 20th Anniversary

Includes: R/T transportation, 2 nights Orlando accommodations, 1 day admission to Epcot including Food & Wine Festival & Air Supply Concert, admission to NEW Sea Life Aquarium, Yuengling Brewery tour & lunch, and more!



Members \$419 ppdp/ \$529 Single  
Non-Members \$439 ppdp /\$549 Single

## November 30th—December 5th Christmas Tour to Charleston

Don't miss out on all of the Holiday Magic!

Includes: R/T transportation, 5 nights' accommodations (3 in Charleston, 1 in St. Augustine, 1 in Savannah) all in the historic districts, 11 meals (5 breakfasts, 1 lunch, 5 dinners). Charleston Plantation Tour, Charleston Historic tour including the Citadel & Rainbow Row, St. Augustine touring the live musical Christmas Show at The Savannah Theater, and more! **Waitlist Only!**

Members \$1,049 ppdp; \$1,449 Single  
Non-Members \$1,109 ppdp; \$1,509 Single

## Tuesday-Wednesday, March 15th-16th Kennedy Space Center PLUS!

Includes: R/T transportation, overnight accommodations, dinner at famous Dixie Crossroads, tour of the Warbird Museum, admission to the Kennedy Space Center & their exhibits AND lunch with an Astronaut.



Members \$269 ppdp / \$349 Single  
Non-Members \$289 ppdp / \$369 Single



### Reminders:



Always check the counter in the kitchen for sign up sheets for last minute trips requested by members. Don't miss a single exciting event!

We collect can tabs for the **Ronald McDonald House**. We have a cardboard collection house located in our kitchen.



Island Seniors is looking for a few volunteers to help coordinate a friendly game of bingo. If you are interested please contact Trish at the center or call (239) 472-5743.



COMING SOON!

## Trash & Treasure Sale

Saturday, November 14, 2015

9:00 a.m. - 2:00 p.m.

COMING SOON!

We are gathering a fabulous collection of donated items from our members and the community. However, we are still in need of your clean, gently used items here at the Center 4 Life. Drop off is available Monday through Friday between 8:00 a.m.-3:30 p.m. Items include:

- ◆ Household Furniture ◆ Glassware ◆ Purses ◆ Collectibles
- ◆ Home Decorations ◆ Dishes & Utensils ◆ Jewelry ◆ Luggage
- ◆ Fishing, Boating Supplies ◆ Sporting Goods ◆ Cookware
- ◆ Hardware or Tools ◆ Linens (Towels, Sheets, Pillows) ◆ Toys
- ◆ CD's and DVD's ◆ Fashion Purses and Wallets ◆ Small Electronics



### Donations are Tax Deductible

We kindly ask that no books, clothes, shoes, computers, printers or old TV's be dropped off, please. If you have any questions or need assistance with your donated items, please contact the Center 4 Life at (239) 472-5743.



Support Island Seniors, Inc. by attending this event and have a little fun treasure hunting. Hot dogs, chips and drinks will be sold during the event.  
Come and join the fun!

***Thank you for supporting Island Seniors, Inc.!***



# Coffee with Amy

Welcome our newest face to the center Miss Amy Esposito-Brown. Join her at the kitchen table as Amy shares her interior design background and discusses space planning tips and trade secrets. She encourages everyone to come and share their own interior design secrets over a cup of coffee. Amy reveals her sense of humor by calling it "Coffeology" and time to "Expresso yourself". Stop by the center

***Monday, October 26th and Monday, November 2nd***

at 10:30 a.m.



## AARP Driver Safety Course

Thursdays, November 12th & 19th  
1:00 - 4:00 p.m.



The Island Seniors, Inc. is sponsoring the **AARP Driver Safety course**. This is a fast-paced Interactive 6 hour class for drivers 50 and older to learn proven safety strategies, rules of the road, how to deal with aggressive drivers, and lots more to help you maintain joy and confidence in your driving. In addition to making our roads a safer place you will be eligible for a discount on your auto insurance.

Classes will be held at the Sanibel Recreation Center, 3880 Sanibel-Captiva Road, Sanibel Island. Course fee \$20 and AARP members receive a \$5 discount. Register by contacting **Ed VanderHey** at **(239) 292-4012**. You need not be a member of the Island Seniors to attend but you

**must attend both classes in order to receive course certificate.**



**AARP** Real Possibilities



## Complimentary Diabetes, Glaucoma, Hearing and Blood Pressure Screenings by Sanibel-Captiva Lions Club

**Wednesday, November 18<sup>th</sup>**

**9:30 a.m. to 12:30 p.m.**

**Center 4 Life**

The complimentary Sanibel-Captiva Lions Club Diabetes, Glaucoma, Hearing and Blood Pressure Screenings will be performed from 9:30 a.m. to 12:30 p.m. on Wednesday, November 18<sup>th</sup> at the Center 4 Life. The diabetes test uses a tiny drop of blood extracted with an almost painless prick of the finger, which is then read by a blood glucose meter in 5 seconds. The glaucoma test checks peripheral vision and eye pressure, which can detect existing eye damage and/or provide predictive information.

The Lion screeners have been trained and certified by a doctor and use all appropriate methods to insure antiseptic conditions and privacy during the screening. **Screenings are performed on a first come, first serve basis.**

Finding and treating eye disease early is the best way to limit the effects of glaucoma and diabetic eye disease. If left untreated, they may cause severe vision loss or even blindness.

### Lions Eyeglass Recycle for Sight Program

Donate glasses and change someone's life. Imagine if you could help a child read. An adult succeed in his job. A senior maintain their independence. And provide a community with more opportunities to grow and thrive. **Center 4 Life**



# ART ~ BOOKS ~ GAMES

## **BRIDGE**

12:30 p.m.

Monday & Wednesday

## **MAHJONGG**

12:30 p.m. Thursday

*Reminder:*

Starting October 29th  
game time  
changes to 1 p.m.

*\$2.50 for members  
\$5.00 for non-members  
Prizes awarded*

## **The San Cap Art League**

will be painting at the  
Center 4 Life gardens  
**Thursday, October 22**

9 a.m. - 12 p.m.

They welcome you to their  
“Plein Air” Painters Group.  
Come paint (bring your own  
supplies) with us and stay  
for your brown bag  
lunch. We share our  
painting efforts and enjoy  
an informal and friendly  
critique. Visitors are  
welcome. Come join us and  
happy painting.

## **COLLAGE**

### **With Bea Papas on Fridays**

September 4 & 11

October 2, 9, 16, 23 & 30

12:30 - 3:30 p.m.

Are you looking for a  
creative outlet? If you  
have some painting  
experience and would like  
to work from a still life or  
photo, join us on Fridays.  
\$15.00 per session for  
Island Seniors, Inc.  
members and \$20.00 for  
non-members.

## **PAGE TURNERS**

**Ann Rodman**, Volunteer Coordinator, and the group have enjoyed great year round attendance and encourage others to join them. For any questions, please contact Ann at [annrodman@aol.com](mailto:annrodman@aol.com) or contact the Center 4 Life.



### **Slumdog Millionaire by Vikas Swarup - Wednesday, September 9**

We encourage you to bring your lunch and view the movie at 12:30 pm  
Then at 2:30 p.m. we will discuss the film and book and compare the two.

### **The Boys In the Boat by Daniel James Brown - Wednesday, October 14, 2:30 p.m.**

The non-fiction book is about the University of Washington eight-oared crew which represented the United States in the 1936 Olympics in Berlin, and narrowly beat out Italy and Germany to win the Gold Medal.

### **The Girl on the Train by Paula Hawkins - Wednesday, November 18, 2:30 p.m.**

“*The Girl on the Train* is as tautly constructed as *Gone Girl* or A.S.A. Harrison’s *The Silent Wife*, and has something more: a main character who is all screwed up but sympathetic nonetheless. Broken, but dear. ...No matter how well it’s written, a suspense novel can fall apart in the last pages, with an overly contrived or unbelievable ending. Here, *The Girl on the Train* shines, with its mystery resolved by a left-field plot twist that works, followed, surprisingly, by what you might call a happy ending.” —*Newsday*

### **Euphoria by Lily King - Wednesday, December 9, 2:30 p.m.**



“King immerses us so fully in the lives of her characters that they remain excellent company beyond the pages of this book. Her research is so well digested that she is able to drop us into the complexities of their work without being didactic.” —Camilla Gibb, *The Guardian*

## Fit for Life Fitness

Island Seniors, Inc. members can purchase coupon books to attend these classes at the Center 4 Life, 2401 Library Way, or at the Sanibel Recreation enter. Books of 12 coupons are \$45 or 3 coupons for \$11.25. Paid members of the Sanibel Recreation Center need to just show their membership card to attend classes. Guest fee is \$6.75 per class.

\*Athletic footwear is required for fitness classes.

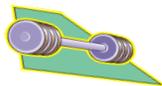
\*\*Rates subject to change.

### Happy Hour Fitness

Monday, Wednesday & Friday at 8:00 a.m.

Class begins with a joke from one of the members to put you in the right frame of mind and ends with a positive thought for the day. The format is 45 minutes of cardio, 20 minutes of balance exercises, core strength and flexibility exercises.

Instructor: Sylvia Villanueva.



### Essential Total Fitness (ETF)

Monday, Wednesday & Friday at 9:30 a.m.

This class includes cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls.

Instructor: Mahnaz Bassiri.



### Power Hour Fitness

Tuesday and Thursday at 8:00 a.m.

Hand weights, stretch cords and stability balls along with mats are used to strengthen your muscles, improve your core strength and balance.

Instructor: Mahnaz Bassiri.

### Gentle Yoga

Tuesday and Thursday at 9:30 a.m.

This class is designed to stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Class exercises with mats and meets the needs of varying experience levels. We suggest you bring a towel.

Instructor: Kim Kouril.



### Chair Yoga *Classes Resume October 27th*

Tuesday and Thursday at 11:00 a.m.

Similar to Gentle Yoga but all poses are done in a chair. Instructor: Kim Kouril

# KAYAKING!

A perfect activity if you enjoy the great outdoors. There is space for 16 people on our eight two-person kayaks and limited space for those who own their own kayak.

The two leaders for each outing determine the location. Leaders pay no fees and reserve the right to change the **8:15 a.m. meeting time**. Everyone, including those with personal kayaks, must meet at the Center unless prior arrangements have been approved.



### Upcoming Kayak Schedule

September 1 & 22

October 6 & 20

November 3, 10, 17 & 24

December 1, 8, 15, 22 & 29

The Center supplies the kayaks, paddles and life jackets (which everyone must wear). It is useful to bring a towel (to roll and support your back), water, a snack, change of clothing (in case you get wet), sun lotion, bug spray, sunglasses and a hat. \$5 for Island Seniors, Inc. members and \$10 for non-members per trip. Members have first priority. **PAYMENT MUST BE MADE WHEN YOU SIGN UP.** *We will provide a wait list in case there is a cancellation.*

**NOTE: Personal kayak participants must register with Island Seniors 24 hours prior to the scheduled date, in order to join the group.**

Kayaking program will continue to build on the same success as last season. January through April will schedule exciting kayaking trips every Tuesday and Thursday morning.

Experienced trip leaders trained in CPR and first aid are looking forward to another great season. If you have any questions about the program please contact Mike Gieryc at 239-267-3372.





## Check out available Athletic Programs at the Sanibel Recreation Center



### Pick-up Volleyball Mondays at 6:00 p.m.

**Included with Sanibel Recreation Center membership; day pass required for non-members**

Pick-up Volleyball provides an excellent cardio workout; improving stamina, reflexes and balance. All equipment is provided. Games are organized by participants. Closed-toe, non-marking athletic footwear is required. Participants must be at least 14 years old.



### Pick-up Basketball Tuesdays and Thursdays at 6:00 p.m. and Sundays at 1:00 p.m.

**Included with Sanibel Recreation Center membership; day pass required for non-members**

Pick-up Basketball provides an excellent cardio workout; improving stamina, reflexes and balance. All equipment is provided. Games are organized by participants. Closed-toe, non-marking athletic footwear is required. Participants must be at least 14 years old.



### Pick-up Pickleball Wednesdays at 5:00 p.m. and Saturdays at 1:00 p.m.

**Included with Sanibel Recreation Center membership; day pass required for non-members**

Pick-up Pickleball provides an excellent cardio workout; improving stamina, reflexes and balance. All equipment is provided. Games are organized by participants. Closed-toe, non-marking athletic footwear is required. Participants must be at least 14 years old.



### Adult Co-Ed Pick-up Softball Monday at 6:30 p.m. beginning October 26th

**Played at the Sanibel ball fields. Membership not required.**

Join your friends and neighbors in the seasonal Sanibel Adult Co-ed Pick-up Softball! Participants must be at least 18 years old. Pick-up games are weather permitting. For more information contact the Recreation Center at (239) 472-0345.



### Pick-up Soccer Sundays at 5:30 p.m.

**Played at the Sanibel ball fields. Membership not required.**

Meet and play soccer with your Sanibel friends and neighbors! Pick-up soccer games will be held at the Sanibel Ball Fields weather permitting. There is no fee to participate. Just bring your shin guards! Players MUST wear closed toe shoes and NO metal cleats of any type may be worn. Games are organized by participants. Participants must be at least 14 years old.



3880 Sanibel-Captiva Road, Sanibel, FL 33957

Daily, Weekly, Semi-Annual and Annual Recreation Center passes are available. Please call the Sanibel Recreation Center at (239) 472-0345 for membership details.

Visit our website at [www.mysanibel.com](http://www.mysanibel.com) to view additional activities and programs.

## Florida Repertory Theatre 2015 - 2016

**You must pay upon signing up.** No additional tickets will be purchased ten days before the show. We may meet before or after the play for brunch or dinner. Trish will pick up the tickets and distribute them the week of the performance. If you are unable to pick up your ticket we can make arrangements to leave it at the "will call" window for you. *(All titles and dates subject to change.)*

### HISTORIC ARCADE THEATRE

2 p.m. Matinees

#### **The Unexpected Guest**

**Saturday, October 31, 2015**

\$29 Member / \$34 Non-Member

by Agatha Christie

Love and Hate, Suspicion and Intrigue! A Tantalizing Thriller! A Classic Murder Mystery from the Author of *The Mousetrap!*

#### **A Christmas Story**

**Saturday, December 5, 2015**

\$29 Member / \$34 Non-Member

Jean Shepherd's A Christmas Story

Adapted by Philip Grecian The Cult-Classical Motion Picture Comes to Life Onstage! A Joyous & Hilarious Celebration of Childhood! "You'll Shoot Your Eye Out!"

#### **The Cocktail Hour**

**Saturday, January 9, 2016**

\$29 Member / \$34 Non-Member

by A.R. Gurney

An Hilarious, Witty, & Urbane Comedy from the Author of *SYLVIA!* "Gurney at His Best! I Laughed through the Tears!"  
—*NY Daily*

#### **Twelve Angry Men**

**Saturday, February 13, 2016**

\$29 Member / \$34 Non-Member

by Reginald Rose

A Mesmerizing & Suspenseful Modern Classic! An Electrifying Night! "An Astonishingly Well-Made Piece of Work. Truly Inspiring!" —*Wall Street Journal*

#### **Becky's New Car**

**Saturday, March 19, 2016**

\$29 Member / \$34 Non-Member

by Steven Dietz

CAUTION: LAUGHS AHEAD! Buckle Up for a Hilarious Road Trip through Becky's Mid-Life Crisis! "A smart, comic cruise through middle-aged longing and regret!" —*Variety*

#### **The Ding Dong**

**Saturday, April 23, 2016**

\$29 Member / \$34 Non-Member

by Mark Shanahan

Fidelity is put to the test in this masterfully adapted classic sex farce! Follow the outrageous sexploits of three couples caught in a sordid love triangle!

### IN THE ArtStage STUDIO THEATRE - 2 p.m. Matinees

#### **I Loved, I Lost, I Made Spaghetti**

**Saturday, October 10, 2015**

\$41 Member / \$46 Non-Member

by Jacques Lamarre • From the Memoir by Giulia Melucci

Life is Just a Bowl of...PASTA in this Mouth-Watering Comedy! Italian Home Cooking is the Best Remedy when Romance Goes Cold! Starring Ensemble Member, Michelle Damato (*Sylvia, Miracle on South Division Street*)

#### **The Seafarer**

**Saturday, November 21, 2015**

\$41 Member / \$46 Non-Member

by Conor McPherson A Tony & Olivier Award-Nominated BEST PLAY! Not your everyday deal with the devil! "A dark and enthralling Christmas fable of despair and redemption!"  
—*The New York Times*

#### **Too Marvelous For Words: A Salute to Johnny Mercer**

**Sunday, January 24, 2016**

\$41 Member / \$46 Non-Member

Featuring the Lyrics of Johnny Mercer Music by Jerome Kern, Henry Mancini, Duke Ellington, Harold Arlen, Johnny Mercer and many others. Conceived, Written, & Directed by Robert Cacioppo Tap Your Toes & Snap your Fingers with Some of America's Most Beloved Songs! *Moon River, That Old Black Magic, One for My Baby, Dream, Come Rain or Come Shine*, and Many More!



## Barbara B. Mann Performing Arts Hall



Please remember, if you signed up, you are responsible for paying for that ticket. An invoice for these tickets will be mailed out to you with payment due by September 15th. If you need to sell your ticket later we will provide a waiting list of members to call. This works well as many members join the Center 4 Life after Island Seniors, Inc. has paid for the tickets. (All titles and dates subject to change.)

### **The Sound of Music**

**2 p.m., Saturday, January 16, 2016**

\$78 Member /\$88 Non-Member

THE HILLS ARE ALIVE! A brand new production of *THE SOUND OF MUSIC*, directed by three-time Tony Award® winning Director Jack O'Brien, is coming to Fort Myers. The spirited, romantic and beloved musical story of Maria and the Von Trapp Family will once again thrill audiences with its Tony®, Grammy® and Academy Award® winning Best Score, including "My Favorite Things," "Do-Re-Mi, Climb Ev'ry Mountain," "Edelweiss" and the title song.

### **42nd Street**

**2 p.m., Saturday, January 30, 2016**

\$75 Member /\$85 Non-Member

The quintessential backstage musical comedy classic, *42nd Street* is the song and dance fable of Broadway with an American Dream story and includes some of the greatest songs ever written, such as "We're In The Money," "Lullaby of Broadway," "Shuffle Off To Buffalo," "Dames," "I Only Have Eyes For You" and of course "42nd Street."

### **Matilda the Musical**

**2 p.m., Saturday, February 20, 2016**

\$84 Member /\$94 Non-Member

TIME Magazine's #1 Show of the Year! Winner of 50 international awards, including four Tony Awards®, *MATILDA THE MUSICAL* is the story of an extraordinary girl who, armed with a vivid imagination and a sharp mind, dares to take a stand and change her own destiny. Based on the beloved novel by Roald Dahl, *MATILDA* continues to thrill sold out audiences of all ages on Broadway and in London's West End. The *Wall Street Journal* says, "The makers of *MATILDA* have done the impossible – triumphantly! It is smart, sweet, zany and stupendous fun."

### **Love Letters**

**2 p.m., Saturday, February 27, 2016**

\$61 Member /\$71 Non-Member

*Love Letters*, starring Ali MacGraw and Ryan O'Neil is a funny and emotional portrait about the powerful connection of love. Two friends, rebellious Melissa Gardner and straight-arrow Andrew Makepeace Ladd III have exchanged notes, cards and letters with each other for over 50 years. From second grade, through

### **Love Letters (continued)**

summer vacations, to college and well into adulthood, they have spent a lifetime discussing their hopes and ambitions, dreams and disappointments, and victories and defeats.

But long after the letters are done, the real question remains: have they made the right choices or is the love of their life only a letter away?

### **Kinky Boots**

**2 p.m., Saturday, March 19, 2016**

\$99 Member /\$109 Non-Member

*KINKY BOOTS* is Broadway's huge-hearted, high-heeled hit! With songs by Grammy® and Tony® winning pop icon Cyndi Lauper, this joyous musical celebration is about the friendships we discover, and the belief that you can change the world when you change your mind. Inspired by true events, *KINKY BOOTS* takes you from a gentlemen's shoe factory in North Hampton to the glamorous catwalks of Milan. Charlie Price is struggling to live up to his father's expectations and continue the family business of Price & Sons. With the factory's future hanging in the balance, help arrives in the unlikely but spectacular form of Lola, a fabulous performer in need of some sturdy new stilettos.

### **The Illusionists**

**2 p.m., Saturday, April 9, 2016**

\$70 Member /\$80 Non-Member

Direct from Broadway, the world's best-selling magic show is coming to Fort Myers. This mind blowing spectacular showcases the jaw dropping talents of the most incredible Illusionists on earth. *THE ILLUSIONISTS™ – Witness the Impossible™* has shattered box office records across the globe and dazzles audiences of all ages with a powerful mix of the most outrageous and astonishing acts ever to be seen on stage. This non-stop show is packed with thrilling and sophisticated magic of unprecedented proportions.

### **Dirty Dancing**

**2 p.m., Saturday, April 30, 2016**

\$80 member /\$90 Non-Member

*DIRTY DANCING - THE CLASSIC STORY ON STAGE* is a record-breaking live theatre sensation, exploding with heart-pounding music, passionate romance and sensational dancing. London's Sunday Express says "This crowd-pleasing stage adaptation hits the jackpot!" Featuring the hit songs, "Hungry Eyes," "Hey Baby," "Do You Love Me?" and the heart-stopping "(I've Had) The Time of My Life." You'll have the time of your life!

## ARTIS—NAPLES (formally Naples Phil) 2015—2016

**Sign up for group tickets is now over.** As with all tickets, if you signed up, you are responsible for paying for that ticket. An invoice for these tickets will be mailed out to you with payment due by September 15th. Bus transportation will be limited to each performance. If you need to sell your ticket later, we will provide a waiting list of members for you to call. This works well as many people join the Center 4 Life after Island Seniors, Inc. have purchased the tickets. (All tickets and dates subject to change.)

### *THE PRODUCERS*

**2 p.m., Saturday, December 26, 2015**

\$90 Member / \$100 Non-Member - Center Orchestra

\$75 Member / \$85 Non-Member - Side Orchestra

A scheming producer and his mousy accountant aim to produce the biggest flop on Broadway in Mel Brooks' laugh-out-loud spectacle. Bialystock and Bloom! Those names should strike terror and hysteria in anyone familiar with Mel Brooks' classic cult comedy film. Now as a big Broadway musical, *The Producers* once again sets the standard for modern, outrageous, in-your-face humor. It is a truly "boffo" hit, winning a record 12 Tony Awards and wowing capacity crowds night after night.

### *MOTOWN THE MUSICAL*

**2 p.m., Saturday, January 30, 2016**

\$125 Member / \$135 Non-Member - Center Orchestra

\$95 Member / \$105 Non-Member - Side Orchestra

It began as one man's story... became everyone's music... and is now Broadway's musical. *Motown The Musical* is the true American dream story of Motown founder Berry Gordy's journey from featherweight boxer to the heavyweight music mogul who launched the careers of Diana Ross, Michael Jackson, Smokey Robinson and many more. Motown shattered barriers, shaped our lives and made us all move to the same beat. Featuring classic songs such as *My Girl* and *Ain't No Mountain High Enough*, experience the story behind the music in the record-breaking smash hit *Motown The Musical!*

things musicals taught me

You may know  
what you need,  
but to get what  
you want, better  
see that you keep  
what you have.

### *KINKY BOOTS*

**2 p.m., Saturday, March 26, 2016**

\$125 Member / \$135 Non-Member - Center Orchestra

\$95 Member / \$105 Non-Member - Side Orchestra

*Kinky Boots* is Broadway's huge-hearted hit! With songs by Grammy and Tony winning pop icon Cyndi Lauper, this joyous musical celebration is about the friendships we discover and the belief that you can change the world when you change your mind. Inspired by true events, *Kinky Boots* is about Charlie Price, a man struggling to live up to his father's expectations and continue the family business. With the factory's future hanging in the balance, help arrives in the unlikely but spectacular form of Lola, a fabulous performer in need of some sturdy new stilettos. With direction and choreography by Tony Award-winner Jerry Mitchell and a book by Broadway legend and Tony Award-winner Harvey Fierstein, *Kinky Boots* is the winner of six Broadway Tony Awards including Best Musical. Take a step in the right direction and discover that sometimes the best way to fit in is to stand out.

### *DIRTY DANCING*

**2 p.m., Saturday April 9, 2016**

\$90 Member / \$100 Non-Member - Center Orchestra

\$75 Member / \$85 Non-Member - Side Orchestra

*Dirty Dancing—The Classic Story on Stage* is an unprecedented live experience, exploding with heart-pounding music, passionate romance and sensational dancing. Seen by millions across the globe, this worldwide smash hit tells the classic story of Baby and Johnny, two fiercely independent young spirits from different worlds who come together in what will be the most challenging and triumphant summer of their lives. Featuring the hit songs, *Hungry Eyes*, *Hey Baby*, *Do You Love Me?* and the heart-stopping *(I've Had) The Time of My Life*. London's *Sunday Express* says, "This crowd-pleasing stage adaptation hits the jackpot!" Don't miss your chance to see this record-breaking live theatre sensation. You'll have the time of your life!

**SEPTEMBER**

Annette Cantalupo 2  
 Kelly Collini ..... 2  
 Raymond Luebbers 2  
 Chuck Ramseth ..... 2  
 Sally Reed ..... 2  
 Shirley Rigsby ..... 2  
 Minnie Sanders ..... 2  
 Karen Sloan ..... 2  
 Chuck Donofrio ..... 3  
 Donna Kjonaas ..... 3  
 Dale Reiss ..... 3  
 Elaine Walker ..... 3  
 Bob Davis ..... 4  
 Sally Divenere ..... 4  
 Barbara Ellis ..... 4  
 Anne Szymanski ... 4  
 Helene Weyant ..... 4  
 Judith Marcus ..... 5  
 Barbara Olson ..... 5  
 Karen Searles ..... 5  
 Maureen Ginipro ... 6  
 Irene Gaina ..... 7  
 Jerry Nichols ..... 7  
 Sheila Hoen ..... 8  
 Helen Blinder ..... 9  
 Jill Coughlin ..... 9  
 Mike Gieryc ..... 9  
 Ernie Hoen ..... 9  
 Irene Nolan ..... 10  
 Duffey Ainsworth ... 11  
 Nancy Bueche ..... 11  
 Mona Cline ..... 12  
 Margaret Currie ... 12  
 Kande Grossman 13  
 Richard Schreck ... 13  
 Georgia Wellman ... 13  
 Kate Dietrich ..... 14  
 Jim Jordan ..... 14  
 Carol Roberts ..... 14  
 Henry Bird ..... 15  
 Debbie Ainsworth . 16  
 Jules DuPre ..... 16  
 Bill Sartoris ..... 16  
 Elizabeth Sheffield 16  
 Kay Brigham ..... 17  
 Enid Packard ..... 17  
 Anne Burden ..... 18  
 Edie DuGoff ..... 18  
 Kathy Huldrum ... 18  
 Mary Jo Luebbers 18  
 Marge Schubart ... 19  
 Mary Snyder ..... 19  
 Kathy Wolf ..... 19  
 Edie Flagg ..... 20  
 Jane Gaines ..... 20  
 Debra Donofrio ..... 21  
 Patsy Hiatt ..... 21  
 Barbara McKenna 21  
 Lesley Moore ..... 22  
 Judy White ..... 22  
 Susan Davis ..... 23

JoAnn Reece ..... 23  
 Karen Turner ..... 23  
 Theodore Gasteyer 24  
 Judy Glaser ..... 24  
 David Langer ..... 24  
 Roger Tosch ..... 24  
 John Bradford ... 26  
 Victor Dix ..... 26  
 John Hicks ..... 27  
 Ned Barr ..... 28  
 Joyce Frank ..... 28  
 Mary Cardamone . 29  
 Jane Dumais ..... 29  
 Marjorie Smith .... 29  
 Joann Glick ..... 30  
 Donna Kearns ..... 30

**OCTOBER**

Eileen Metz ..... 1  
 Jim Jeter ..... 1  
 Rocco Cantalupo ... 2  
 Mary Ann Gilhooley 2  
 Allison Titgemeyer .. 2  
 Joan Sperry ..... 3  
 Ann Trabulsi ..... 4  
 Virginia Gersack ... 5  
 Daryl Kapalin ..... 5  
 Margery Armstrong 6  
 Daphne Hammond 6  
 Becky Batchellor ... 7  
 Cleo Current ..... 7  
 Mary Kamp ..... 7  
 Shannon Foster .... 8  
 Jane Gieryc ..... 8  
 Holly Nachbar ..... 8  
 Lorinda Bradford ... 9  
 Ann Conlon ..... 9  
 Dwight McKenna ... 9  
 John Reid ..... 9  
 Jo Ann McKelvey ... 10  
 Gillian Bath ..... 11  
 Sandy Berke ..... 11  
 Linda Patterson ... 11  
 L. Whitman Smith ... 11  
 Susan Riemer ..... 12  
 Joyce Perkins ..... 13  
 Kim Ross ..... 13  
 Audrey Holman .... 15  
 Debbie Jaeger ..... 15  
 Peggy Lovett ..... 15  
 Carolyn Dix ..... 15  
 Richard Gause ... 15  
 Martha Dilger ..... 16  
 Cathy Rundle ..... 16  
 Maryann Flynn ... 17  
 Shirley Jewell ..... 17  
 Nancy C. Smith ... 17  
 Berdena Thompson 17

**HAPPY BIRTHDAY**

Jeff Stroud ..... 17  
 Sharon Miller ..... 18  
 Darlene Rizzo ..... 18  
 Julie Roenisk ..... 18  
 Louise Mangieri ... 19  
 Missy Scoville ..... 22  
 Janice McNeal ..... 23  
 Marilyn Myerson ... 23  
 Robert Smetana ... 23  
 Vicky Lettmann ... 24  
 Janet Lucree ..... 24  
 Allan Rae ..... 24  
 Patti Daly ..... 25  
 Ed Hendrick ..... 25  
 Waylon Snead ..... 25  
 Shirley Schulz ..... 26  
 Debra Dobbie ..... 26  
 Chris Boesen ..... 27  
 Brenda Zaltas ..... 27  
 Bernd Karr ..... 28  
 Gloria Krekel ..... 28  
 Nancy Maupin ..... 29  
 Lorraine Rippe ..... 29  
 Janet Schneider ... 29  
 Elise Hall ..... 31

**NOVEMBER**

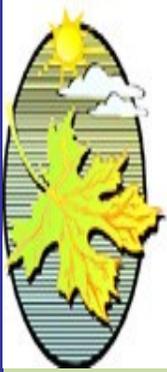
Jim Cooper ..... 1  
 Kathy Kapalin ..... 1  
 Jerry Shay ..... 1  
 Kay Strayer ..... 1  
 Nancy Terelle ..... 2  
 Shirley Akins ..... 4  
 Barbara Brodersen . 4  
 Georgia Ledgerwood 4  
 Christi Smith ..... 4  
 Jean Haffenreffer ... 5  
 Craig Mueller ..... 5  
 Dean Skaugstad ... 5  
 Marie Kenerson ... 6  
 Carol Awender ..... 7  
 Judy Diecuck ..... 7  
 Dan Hopta ..... 7  
 Diane Rabb ..... 7  
 Carol Allen ..... 8  
 Barbara Baumecker 8  
 Holden Mitchell ... 8  
 Lynne Mueller ..... 8  
 Suzanne Pilcher ... 8  
 Shirley Smaha ..... 8  
 James Flaherty ..... 9  
 Mary Lou Linnen ... 9  
 Julia Lombardi ..... 9  
 Debbie Most ..... 9  
 Ann Rodman ..... 9  
 Libby Carpenter ... 10  
 Richard Larson ... 10

Sally Lichtenstein 11  
 Richard Newmark . 11  
 Martin Arnowitz ... 13  
 Holly Davies ..... 13  
 Cindy Jones ..... 13  
 Di Saggau ..... 14  
 Judy Bemiller ..... 15  
 Terry Gustafson ... 15  
 Barbara Hickey ... 15  
 Jane Hoden ..... 15  
 Moon Price ..... 15  
 William Vogler ... 15  
 Margaret Palange 17  
 Arlen Westbrook ... 17  
 Debbie Dixon ..... 18  
 Sharon Gill ..... 18  
 Kay Sadighi ..... 18  
 Nancy Wessling ... 18  
 Joe Babcock ..... 19  
 Robert Chaney ... 19  
 Linda Huppert ..... 19  
 Richard Welch ... 19  
 Margaret Lee ..... 20  
 Joseph Walzer ... 20  
 Laura Murray ..... 21  
 Albert Symes ..... 21  
 Jim Winn ..... 21  
 Patti Bohm ..... 22  
 John Brown ..... 22  
 Kathy Hopkins ..... 22  
 Barbara Kusek ... 22  
 Sue Ramos ..... 23  
 Bill Taylor ..... 23  
 Dorothy Donaldson 24  
 Shirley Schiffman 25  
 Ayala Manolson ... 26  
 Charlotte Schroder 26  
 Wendy Taibbi ... 26  
 Lois Demanes .... 27  
 Sally Duffy ..... 27  
 Norma Hagan ..... 27  
 Sue Ramos ..... 28  
 Ellen Strobel ..... 28  
 Joe Mason ..... 29  
 Dorothy Sawyer ... 29  
 Peg Bennett ..... 30  
 Jane Hudson ..... 30  
 Bill Pappas ..... 30  
 Annmarie Pittman 30

**DECEMBER**

Joyce Craig ..... 1  
 Phil Gainer ..... 1  
 Glen Gresham ..... 1  
 Inge Santos ..... 2  
 Gloria Caramico ... 3  
 Shirlene Grasgreen 4

Sandra Langeland ... 4  
 Cynthia Luks ..... 4  
 Diane Wien ..... 4  
 Dodie Bromwell ..... 5  
 James Carpenter ... 5  
 Doris Dewitt ..... 5  
 Marianne Masterson. 5  
 Dick Rieselbach ... 5  
 Helen Gaina ..... 6  
 Norma Walley ..... 6  
 Maureen Hnatow ... 7  
 Frances Perou ..... 7  
 Vicky Sears ..... 8  
 Nancy Seaward ..... 8  
 Evelyn Spencer .... 8  
 Robert Fawcett ..... 9  
 Frank Hagan ..... 9  
 Bob Fawcett ..... 9  
 James Davis ..... 10  
 Martha Siders ..... 10  
 Sandy Wolfrum ..... 10  
 Rita Farmer ..... 11  
 George Witte ..... 11  
 Evelyn Doyle ..... 12  
 Barbara Symes ... 12  
 Marilyn Sutton ..... 13  
 Lorraine Hicks ..... 15  
 Nancy Riley ..... 15  
 Dominick Cinti ..... 16  
 Patricia Young ..... 16  
 Toni Bracco ..... 17  
 Nelia Sheridan .... 17  
 Hilda Bould ..... 18  
 Holly Goldsmith ... 18  
 Jim Lally ..... 18  
 Karl Rodman ..... 19  
 Michael Armstrong 20  
 Carl Smigiel ..... 20  
 Virginia Tambini ... 20  
 Carole Owen ..... 21  
 June Patinkin ..... 21  
 Rick Perry ..... 21  
 James Isom ..... 22  
 Joan Davey ..... 23  
 Beth Hight ..... 23  
 Jean Eaton ..... 24  
 Gail Leach ..... 24  
 Allan Kennedy ... 25  
 Russ Crawford ... 26  
 Willie Winkler ..... 26  
 Donna Caruso ... 27  
 Ali Keyhani ..... 27  
 Holly McEntyre .... 27  
 Patty Sprinkle ..... 27  
 John Appert ..... 28  
 Donald Edgecomb 28  
 Virginia Fellows ... 28  
 James Harvey ..... 28  
 Bill Holleran ..... 28  
 Jan Anderson ..... 29  
 Annabelle Patton ... 31

~ September 2015 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga	<b>2</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge  Sawgrass Mills Shopping Trip	<b>3</b> 8 -Power Hour 9:30 -Gentle Yoga 12:30 -Mahjongg	<b>4</b> 8 -Happy Hour 9:30 -ETF 12:30 -Art with Bea Pappas	<b>5</b>
<b>6</b>	<b>7</b> <b>Labor Day</b>  Closed	<b>8</b> 8 -Power Hour 9:30 -Gentle Yoga	<b>9</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge PageTurners 12:30 - Movie 2:30 - Discussion	<b>10</b> 8 -Power Hour 9:30 -Gentle Yoga 12:30 -Mahjongg	<b>11</b> 8 -Happy Hour 9:30 -ETF 12:30 -Art with Bea Pappas	<b>12</b>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>The Center Is Closed For Maintenance</b>						
<b>20</b>	<b>21</b> 8 -Power Hour 9:30 -Gentle Yoga 12:30 -Bridge	<b>22</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga	<b>23</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge  	<b>24</b> 8 -Power Hour 9:30 -Gentle Yoga 12:30 -Mahjongg	<b>25</b> 8 -Happy Hour 9:30 -ETF	<b>26</b>
<b>27</b>	<b>28</b> 8 -Power Hour 9:30 -Gentle Yoga 12:30 -Bridge	<b>29</b> 8 -Power Hour 9:30 -Gentle Yoga	<b>30</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge	<b>Notes:</b> ETF – Essential Total Fitness Hot Dog Grill - Contact the Center by 10:30 a.m. * Athletic footwear required for fitness classes.		

~ October 2015 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Notes:</b> ETF - Essential Total Fitness Hot Dog Grill - Call the Center by 10:30 a.m. Kayaking - Weather Permitting P/U Softball held at the Sanibel Ball Fields *Athletic footwear required for fitness classes				<b>1</b> 8 -Power Hour 9:30-Gentle Yoga 12:30-Mahjongg	<b>2</b> 8 -Happy Hour 9:30-ETF 12:30-Art with Bea Pappas	<b>3</b>
<b>4</b>	<b>5</b> 8 -Happy Hour 9:30-ETF 12:30-Bridge	<b>6</b> 8 -Power Hour 8:30-Kayaking 9:30-Gentle Yoga	<b>7</b> 8 -Happy Hour 9:30-ETF 11:30-Hot Dog Grill 12:30-Bridge	<b>8</b> 8 -Power Hour 9:30-Gentle Yoga 12:30-Mahjongg	<b>9</b> 8 -Happy Hour 9:30-ETF 12:30-Art with Bea Pappas	<b>10</b> 2pm -Florida Rep ArtStage Theatre <i>I Loved, I Lost,                      I Made Spaghetti</i>
<b>11</b>	<b>12</b> 8 -Happy Hour 9:30-ETF 12:30-Bridge	<b>13</b> 8 -Power Hour 9:30-Gentle Yoga	<b>14</b> 8 -Happy Hour 9:30-ETF 11:30-Hot Dog Grill 12:30-Bridge 2:30 -Page Turners	<b>15</b> 8 -Power Hour 9:30-Gentle Yoga 12:30-Mahjongg	<b>16</b> 8 -Happy Hour 9:30-ETF 12:30-Art with Bea Pappas	<b>17</b>
<b>18</b> Epcot Food & Wine Festival Trip	<b>19</b> 8 -Happy Hour 9:30-ETF 12:30-Bridge	<b>20</b> 8 -Power Hour 8:30-Kayaking 9:30-Gentle Yoga  NSU Art Museum Trip	<b>21</b> 8 -Happy Hour 9:30-ETF 11:30-Hot Dog Grill 12:30-Bridge	<b>22</b> 8 -Power Hour 9:30-Gentle Yoga 9 -San-Cap Art League -Plein Air 12:30-Mahjongg	<b>23</b> 8 -Happy Hour 9:30-ETF 12:30-Art with Bea Pappas	<b>24</b>
<b>25</b> Baileyfest 12-4:30p	<b>26</b> 8 -Happy Hour 9:30-ETF 10:30-Coffe w/ Amy 12:30-Bridge Expanded Hours Begin 8am-5pm 6:15 -P/U Softball	<b>27</b> 8 -Power Hour 9:30-Gentle Yoga 11 -Chair Yoga begins	<b>28</b> 8 -Happy Hour 9:30 -ETF 11:30-Goblin's Luncheon 12:30-Bridge	<b>29</b> 8 -Power Hour 9:30-Gentle Yoga 11 -Chair Yoga 1-Mahjongg	<b>30</b> 8 -Happy Hour 9:30-ETF 12:30-Art with Bea Pappas	<b>31</b> 2pm-Florida Rep Arcade Theatre <i>The Unexpected                      Guest</i>  

~ November 2015 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> Daylight Savings Time Ends 	<b>2</b> 8 -Happy Hour 9:30 -ETF 10:30-Coffe w/ Amy 12:30 -Bridge 6:15 -P/U Softball	<b>3</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga	<b>4</b> 8 -Happy Hour 9:30-ETF 11:30-Hot Dog Grill 12:30-Bridge Flavors of Matlacha Trip	<b>5</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1-Mahjongg	<b>6</b> 8 -Happy Hour 9:30-ETF 12:30 -Art with Bea Pappas	<b>7</b>
<b>8</b>	<b>9</b> 8 -Happy Hour 9:30-ETF 12:30-Bridge 6:15 -P/U Softball	<b>10</b> 8 -Power Hour 8:30-Kayaking 9:30-Gentle Yoga 11-Chair Yoga 5-Sunset Social	<b>11</b> <b>Veterans Day</b> Closed	<b>12</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1-Mahjongg 1 -AARP Safe Driving (Part 1-Rec Center)	<b>13</b> 8 -Happy Hour 9:30 -ETF	<b>14</b> Trash & Treasure Sale 9 am - 2 pm
<b>15</b>	<b>16</b> 8 -Happy Hour 9:30-ETF 12:30-Bridge 6:15 -P/U Softball	<b>17</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11-Chair Yoga Naples Botanical Garden & Naples Zoo Trip	<b>18</b> 8 -Happy Hour 9:30-ETF 11:30-Hot Dog Grill 12:30-Bridge 2:30 -Page Turners 9:30-12:30 Lion's Club Health Screening	<b>19</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Mahjongg 1 -AARP Safe Driving (Part 2-Rec Center)	<b>20</b> 8 -Happy Hour 9:30 -ETF	<b>21</b> 2pm-FloridaRep ArtStage Theatre <i>The Seafarer</i>
<b>22</b>	<b>23</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 6:15 -P/U Softball	<b>24</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11-Chair Yoga	<b>25</b> 8 -Happy Hour 9:30-ETF 11:30-Hot Dog Grill 12:30-Bridge	<b>26</b> <b>Thanksgiving Day</b> Closed 	<b>27</b> <b>Thanksgiving Holiday</b> Closed	<b>28</b>
<b>29</b>	<b>30</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 6:15 -P/U Softball Charleston Trip	<b>Notes:</b> ETF - Essential Total Fitness Hot Dog Grill - Call the Center by 10:30 a.m. Kayaking - Weather Permitting P/U Softball held at the Sanibel Ball Fields *Athletic footwear required for fitness classes				

~ December 2015 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga	<b>2</b> 8 -Happy Hour 9:30-ETF 11:30-Hot Dog Grill 12:30-Bridge	<b>3</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Mahjongg	<b>4</b> 8 -Happy Hour 9:30 -ETF  Luminary Night	<b>5</b> 2pm-FloridaRep Arcade Theatre <i>A Christmas Story</i>
<b>6</b>	<b>7</b> 8 -Happy Hour 9:30-ETF 12:30-Bridge  6:15 -P/U Softball	<b>8</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga  Seminole Gulf Railway Train & Boat Cruise	<b>9</b> 8 -Happy Hour 9:30-ETF 11:30-Hot Dog Grill 12:30-Bridge 2:30 -Page Turners	<b>10</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1-Mahjongg	<b>11</b> 8 -Happy Hour 9:30 -ETF  11:30 -Annual Members Meeting & Elections	<b>12</b>
<b>13</b>	<b>14</b> 8 -Happy Hour 9:30-ETF 12:30-Bridge  6:15 -P/U Softball	<b>15</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga	<b>16</b> 8 -Happy Hour 9:30-ETF 11:30-Hot Dog Grill 12:30-Bridge	<b>17</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Mahjongg	<b>18</b> 8 -Happy Hour 9:30 -ETF	<b>19</b>
<b>20</b>	<b>21</b> 8 -Happy Hour 9:30-ETF 12:30-Bridge	<b>22</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga	<b>23</b> 8 -Happy Hour 9:30-ETF 11:30-Hot Dog Grill 12:30-Bridge	<b>24</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1-Mahjongg	<b>25</b> <b>Christmas Day</b>  Closed 	<b>26</b> 2pm-Artis Naples <i>The Producers</i>
<b>27</b>	<b>28</b> 8 -Happy Hour 9:30-ETF 12:30-Bridge	<b>29</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga	<b>30</b> 8 -Happy Hour 9:30-ETF 11:30-Hot Dog Grill 12:30-Bridge	<b>31</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Mahjongg	<b>Notes:</b> ETF - Essential Total Fitness Hot Dog Grill - Call the Center by 10:30 a.m. Kayaking - Weather Permitting P/U Softball held at the Sanibel Ball Fields *Athletic footwear required for fitness classes	