



*"Let us be the best part of your day and first choice for Health, Fitness and Fun!"*

# THE CENTER 4 LIFE PROGRAM

## September, October, November, December 2016

Physical Exercise \* Special Events \* Travel \* Health Programs \* Social Gatherings \* Seminars

The *Center 4 Life Program* is operated by the City of Sanibel Recreation Department.

Activities take place at the City Civic Center at the corner of Library Way and Palm Ridge Road.

**Trish Phillips, Seniors Program Manager (239) 472-5743**

**Email: [Trish.Phillips@mysanibel.com](mailto:Trish.Phillips@mysanibel.com)**

ISLAND SENIORS, INC. serves as a support organization and advisory board to the City of Sanibel Center 4 Life Program. It was established as a separate not for profit entity. Island Seniors Inc. raises funds to provide staff and help defray the cost of program activities. The Board established a membership fee of \$20 for the calendar year. Members enjoy reduced participation fees. The Board of Directors meet monthly.

Tom Ledgerwood, President

Carl "Bud" Reinhold, Treasurer

Lynn Quigley

Tommy Williams, Vice President

Mary Ann Gilhooley

Katie Reid

Sally Ennis, Secretary

Anita Force-Marshall

Shirley Schulz

### ISLAND SENIORS, INC. MEMBERSHIP APPLICATION

#### 1st Member

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Birth Month \_\_\_\_\_ Day \_\_\_\_\_

Phone # \_\_\_\_\_ Cell # \_\_\_\_\_

#### 2nd Member

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Birth Month \_\_\_\_\_ Day \_\_\_\_\_

Phone # \_\_\_\_\_ Cell # \_\_\_\_\_

Local Address: \_\_\_\_\_ From \_\_\_\_\_ To \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Summer Address: \_\_\_\_\_ From \_\_\_\_\_ To \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Emergency Phone \_\_\_\_\_

Local Physician \_\_\_\_\_ Phone \_\_\_\_\_

Make check payable to: **Island Seniors, Inc.**

(\$20 Per Member)

Center 4 Life  
2401 Library Way  
Sanibel, FL 33957

For Additional Information:

(239) 472-5743 (Phone #)

## From Island Seniors, Inc. President

Summer is here, and those of you on Sanibel are enjoying the ocean and the activities at the Center 4 Life. For those of us up North we are looking forward to the fall and our return to the Island. The weather in Illinois has been warm, and we are missing the cool ocean breeze. At least you can get a table at Bennett's!

We have a full calendar of activities and programs for fall as you can see in this newsletter. We, of course, are always looking for new ideas from our members on how to serve your needs better. If you have ideas for new activities or how we can improve the current offerings, please send an e-mail to Trish. We welcome your input as we plan for the coming season.

Nancy Venuto, has resigned from the board mid-term. We thank her for her time, ideas and contributions to the board. Katie Reid has agreed to fill out Nancy's term. As you know, Katie is a past president of Island Seniors and currently serves with Shirley Schulz as our representatives on the Civic Core Project working group. We welcome Katie to the Island Senior Board.

We have and we will continue to send you updates on the Civic Core Project. The City Council has approved the preliminary plan and authorized our Mayor to approach the Lee County Board for funding contribution for this project. This effort is currently in progress. If this is successful there will be a referendum scheduled seeking Island voter approval. Check out the Civic Core Project website for updates and information about the project - [www.sanibelccp.org](http://www.sanibelccp.org).

I am happily anticipating my return to the Island this fall, seeing all of you, renewing friendships, and attending Island events. Again, if you have any suggestions, please forward them to us. Enjoy the rest of your summer!

Tom Ledgerwood  
President  
Island Seniors



## What's Inside

- Looking Ahead 2017 .... 3
- Annual Meeting ..... 4
- Leisure Lunchers ..... 5
- Discover Florida Trips ... 6
- Multi-Day Tours .....7
- Holiday Activities ..... 7
- Trash & Treasure ..... 8
- Newsletter Online ..... 8
- AARP Safe Driver ..... 9
- Line Dancing Classes .. 9
- Welcome Back Pot Luck 9
- Art, Books & Games . ...10
- Fitness Classes ..... 11
- Kayaking ..... 11
- Athletic Games ..... 12
- Theatres..... 13-15
- Birthdays ..... 16
- Calendars..... 17-20

**Get your next newsletter faster and in color! You can have it with the calendar on your desktop, iPad or tablet!**



The easiest way is to send Trish an email at - [Trish.Phillips@mysanibel.com](mailto:Trish.Phillips@mysanibel.com). You can type "NEWSLETTER" in the subject area. As soon as a next newsletter is available, she will send you an email with a direct link to the newsletter on the City of Sanibel website. You can print out the calendars or birthdays or simply view them online. **See page 8 for steps to view this newsletter online today.**

Save  
the  
Date ...

# Island Seniors got Talent season two

Thursday, January 19, 2017

Season one was so much fun that Island Seniors is looking forward to season two. We are on the lookout for members with hidden talent. Know someone that wants to be in the spotlight, or maybe even yourself?! Please be sure to sign up and be a part of this fun activity. Performance will take place after our pot luck dinner. Sign up sheets will be available at the front desk or contact the Center for more information.



Mark your calendar!

**Arts and Crafts Fair**  
Saturday, February 4, 2017  
9 a.m. to 2 p.m.

Back-by-popular-demand the annual Arts & Crafts Fair at the Center 4 Life. You'll see a variety of handcrafted items, including paintings, photography, fabric art, shell designs, tropical plant arrangements and much more. Plan to be there and support our local artists!

Friday, February 17th, 2017  
1:30 p.m.

*Damaris Peters Pike*

*Women of Note Series*

*Presents*

**"Women Who Dared To Compose  
In A Man's World"**

*Celebrating her 13th consecutive year  
performing at the Center 4 Life.*

## Seventh Annual Justine Smith Charity Bridge Tournament

Friday, February 10, 2017  
1 p.m. – 5 p.m.

Proceeds benefit P.A.W.S.





# Island Seniors, Inc. Annual Meeting Friday, December 9th at 11:30 a.m.

Our annual meeting and luncheon will be held on Friday, December 9th at 11:30 a.m. All Island Seniors members are invited and encouraged to attend this informative and entertaining event. At the meeting, you will learn about the Center's many activities throughout the year, our financial standing and have an opportunity to elect a new Board member. An update of the Civic and Cultural Core project will be provided by our representatives. Lunch is provided for this event and our entertainment will be announced at a later date.



## Bring Your Skills to the Island Seniors Board of Directors

Island Seniors, Inc. is looking for active and enthusiastic members to fill **one** vacancy on our Board **beginning in January 2017**. Board members are elected by the membership at the December annual meeting. The Board of Directors carries out the mission of Island Seniors: to provide its members entertainment, pleasure, companionship, education, recreation, and participation in health activities and further to manage and conduct for its members entertainment, excursions, social meetings, and engage in such activities that will raise the standards of civic welfare through educational, recreational and social means.

The Board meets monthly October through May. Term of service is 3 years. There are nine members on the Board, including the President, Vice President, Secretary and Treasurer.

If you are active in Island Seniors, we encourage you to consider contributing as a Board member. For more information please contact board member Shirley Schulz ([schulzshirley@hotmail.com](mailto:schulzshirley@hotmail.com), 239.312.4178) or call the Center. Deadline is November 1, 2016.

YOUR  
FRIENDSHIP  
MEANS A LOT  
TO US!



Friendship Fund - If you need financial assistance to participate in the activities at the Center 4 Life, funds are available to help you. Contact Trish at the Center at 472-5743.

# Leisure Lunchers

Looking for a fun day for lunch and leisure? Be sure to join us for our leisure lunch trips! This is a great way to try new food and discover fun locations! Be sure to bring a friend or make new ones. **Advance sign up is required.**

Mark your calendar and check the sign-up sheets located at the front desk for additional information regarding each activity.



## Miromar Design Center Tour & Lunch

**Monday, September 19th**

**\$5 Members / \$10 Non-Members**

Join Island Seniors on a private tour through the Miromar Design Center of Southwest Florida, and sit in on a special presentation from a Design Professional. The Miromar Design Center is one of 19 major design centers in the entire country. With 45 home furnishing stores all under one roof, Miromar Design Center is one-stop shopping for furniture, fabrics, flooring, lighting, full kitchens, everything from the tub to the fixtures in the bath, lighting, accessories, rugs and so much more. You'll find the looks you see in home décor magazines from top names like Ralph Lauren Home, Flexform, Poggenpohl, Casa Italia, Henredon, Francesco Molon, Jardin de Ville and many more. After the tour & presentation enjoy lunch (on own) at The Bistro housed inside the design center. Carpool arrangements for this event.

## CROW Education Center Walking Tour & Lunch at Sweet Melissa's

**Monday, October 10th**

**\$20 Members / \$25 Non-Members**



Tour starts with a one-half hour overview of the state-of-the-art Education Center provided by Executive Director Linda Estep. This is followed by a tour of the grounds of CROW with Rachel Rainbolt, Education Coordinator, who will provide an in-depth look at the inner workings of the hospital and the treatment process. A tour of the rehabilitation grounds and an introduction to an animal ambassador (a permanent resident of CROW which can't be released back into the wild because of an injury). Lunch (on own) will follow at Sweet Melissa's at 12:30 pm. Carpool arrangements for this event.



## FISH Friendly Faces Lunch & Tour New Facility

**Tuesday, November 8th**

**\$8 Members / \$8 Non-Members**

FISH is for Everyone! Come join FISH volunteers / staff for lunch November 8th at George & Wendy's. After lunch we will tour their new facility across the street and hear about the services, programs and workshops offered by FISH, meet staff and learn about ways to help. Lunch is at 11:30; cost is \$8.00 with choice of several offerings. **Register no later than Friday, November 4.**

## R.S. Walsh Garden Tour & Lunch at Cip's Restaurant

**Tuesday, November 15th**

**\$5 Members / \$10 Non-Members**



Private tour at RS Walsh beautiful Retail Garden Center and Outdoor Showroom - In The Garden. We will enjoy their tropical garden oasis with wandering paths through display gardens, bountiful plant nursery and garden gift shop. They have a large assortment of native and tropical plants, pottery, fountains, unique outdoor seating, lovely garden accessories and gifts for people who love gardening and original works of garden art from local artists. This is the perfect place to get the latest landscape design and outdoor living trends ideas. Lunch (on own) at a favorite Cip's Place Restaurant with an engaging and informative talk about the iconic Wall of Faces Mural. Carpool arrangements for this event.



## Rosy Tomorrows Heritage Farms Tour with Lunch

**Wednesday, January 25, 2017**

**\$25 Members / \$35 Non-Members**

Join us for a repeat favorite the causal farm tour is a short walking tour so everyone can see the free range animals and learn more about the organic and holistic methods used here at Rosy Tomorrows farm with Rosy before the lunch. The Pre Fixe delicious lunch is all fresh from the farm and prepared by the head chef and staff. You will also have the opportunity to purchase goodies from the farm of organically grown produce, organically-raised and pastured meats and prepared foods. Carpool arrangements for this event.

# Discover Florida Trips



Discovery trips are a great way to get out and explore activities here in Florida with your friends. Advance registration is required and payment reserves your seat. Contact the Center 4 Life if you have any questions or need additional information on any of the activities listed below.

**Monday, September 26<sup>th</sup>**

## Sarasota Ringling Art Museum & St Armand's Circle

\$39 Members, \$49 Non-Members

Includes: R/T transportation, admission to the Ringling Art Museum (Please note that this tour includes the Art Museum Only, shopping and lunch time (on own) at St Armand's Circle, bakery stop at Der Dutchman.

Depart from Fort Myers location: 8:30 a.m.



**Sunday, November 6<sup>th</sup>**

## New York Jets vs Miami Dolphins

\$149 Members, \$159 Non-Members

Includes: R/T transportation, reserved seating in the upper corner section for the 1:00pm game, pre-game lunch including beverages. Registration is first come, first serve. Note: This is a "FUN" trip. Excessive drinking and use of profanity will not be tolerated. Depart from Fort Myers location: 7:30 a.m.



**Tuesday, December 6<sup>th</sup>**

## Naples Botanical Garden

\$22 Members, \$32 Non-Members

Beautiful Naples Botanical Gardens continues connecting people with plants *by conserving* and researching the biological diversity of their collections and ecosystems. Our private tour will be *engaging and educational* about plants, gardens and ecosystems; and *inspiring* us to value plants, gardens and natural habitats. Lunch (on own) follows at the very popular Fogg Café and then stroll the gardens on your own. Carpool arrangements for transportation. Depart from Sanibel location: 9 a.m.



**Tuesday, January 10<sup>th</sup>**

## Morikami Museum and Japanese Gardens Private Tour

\$48 Members, \$58 Non-Members

Enjoy an in-depth look at the current exhibits (including the Origami exhibit) in the museum galleries, the Seishin-an Tea House, the Donald B. Gordon Memorial Library, as well as a brief introduction of the gardens. After the private tour enjoy lunch (on own) at the Morikami's Cornell Café. After lunch tour on your own Roji-en: The Garden of the Drops of Dew. Advanced registration is required. Registration deadline is January 3. Limited to 30 participants, first come, first serve.

Depart from Sanibel location at 7 a.m.



**Monday, January 30<sup>th</sup>**

## Edison & Ford Winter Estates "Inside the Homes" tour & River Cruise

\$67 Members, \$72 Non-Members

Begin the adventure with a scenic river cruise, narrated by a knowledgeable Captain and docent.. Lunch (on own) at Pinchers Restaurant located on the Caloosahatchee River. After lunch an in depth inside the homes tour where you will step back in time and imagine Fort Myers as it was for Thomas Edison. Discover how Edison lived, studied, dined and entertained in this behind the scenes tour. Limited to 20 participants, first come, first serve. Depart from Sanibel location: 8:30 a.m.



**February—TBD**

## The Dali Museum & Museum of Fine Arts St. Petersburg

More information will be provided once details are finalized.





# Multi-Day Tours

**October 9th-16th**

## **8 Day Tour to Memphis, The Blues Trail, and the Mighty Mississippi**

Includes: R/T transportation, 7 nights' accommodations including 3 in Memphis, Graceland Tour, Tupelo & Elvis Home, 14 meals, Guided Memphis Tour, Beale Street, Mississippi River Cruise, lots more!

**Members \$1,149 ppdo; \$1,549 Single  
Non-Members \$1,199 ppdo; \$1,599 Single  
\$200.00 deposit secures your spot,  
Final balance due by August 28th.**



**January 17th – 19th**

## **3 Day Tour of "The Keys"**

Includes: R/T transportation, 2 nights at the Waterfront Holiday inn Express & Suites in Marathon, 4 meals (2 breakfasts, 1 waterfront dinner at the Tarpon Creek Grill, 1 lunch), sunset boat cruise, Schnebly Winery Tour & Tasting, ALL Day Key West w/private tram tour and all-day hop-on/hop-off privileges, Dolphin Research Center, more!

**Members \$574 ppdo; \$724 Single  
Non-Members \$599 ppdo; \$749 Single  
\$100.00 deposit secures your spot.  
Final balance due by December 2nd.**



Contact the center for further details  
(239) 472-5743.

# HOLIDAY ACTIVITIES



**Sunset Social  
on the Causeway  
Thursday, November 10th  
at 4:30 p.m.  
A special tribute  
scheduled at sunset.**

We ask that participants provide an appetizer to share and bring a beach chair. Contact the Center for information on selected location or for additional details.

## **Goblin's Luncheon**

**Wednesday, October 26th  
11:30 a.m.-12:30 p.m.**



**Members are encouraged to dress in Halloween attire. Lunch provided to members and \$3 for non-members (Hot Dog, Chips and Lemonade).**



**\*Remember to renew your Island Seniors, Inc. membership for 2017 while you are here!**

## **Hot Dog Grill Wednesday at our Center!**

Island Seniors, Inc. volunteers will serve you a hotdog, chips and lemonade from 11:30 a.m.-12:00 p.m. The cost is \$2.00 for members and \$3.00 for non-members. Call ahead on Wednesday morning so we can plan enough food. If you don't want a hot dog, just bring your own lunch and join us.



# Trash & Treasure Sale

Saturday, November 12, 2016

9:00 a.m. - 2:00 p.m.



We are gathering a fabulous collection of donated items from our members and the community. However, we are still in need of your clean, gently used items here at the Center 4 Life. Drop off is available Monday through Friday between 8:00 a.m.-3:30 p.m. Items include:

- ♦ Household Furniture ♦ Glassware ♦ Purses ♦ Collectibles
- ♦ Home Decorations ♦ Dishes & Utensils ♦ Jewelry ♦ Luggage
- ♦ Fishing, Boating Supplies ♦ Sporting Goods ♦ Cookware
- ♦ Hardware or Tools ♦ Linens (Towels, Sheets, Pillows) ♦ Toys
- ♦ CD's and DVD's ♦ Fashion Purses and Wallets ♦ Small Electronics



## Donations are Tax Deductible

We kindly ask that no books, clothes, shoes, computers, printers or old TV's be dropped off, please. If you have any questions or need assistance with your donated items, please contact the Center 4 Life at (239) 472-5743.



Support Island Seniors, Inc. by attending this event and have a little fun treasure hunting. Hot dogs, chips and drinks will be sold during the event. Come and join the fun!

***Thank you for supporting Island Seniors, Inc.!***

### View Your Newsletter and Community News Online at [WWW.MYSANIBEL.COM](http://WWW.MYSANIBEL.COM)

1. Go to [WWW.MYSANIBEL.COM](http://WWW.MYSANIBEL.COM) to access the City of Sanibel website.
2. Click on DEPARTMENTS near the top.
3. Scroll down the blue list of departments along the left side to find Recreation.
4. Click on Recreation to select it.
5. Scroll down the blue list of Recreation topics and select Center 4 Life Program.
6. Select the current issue to open a copy of the newsletter.
7. Optional: If you wish, you can select FILE, then SAVE AS and save a copy on your DESKTOP where it will be available all the time.



## AARP Driver Safety Course

Thursdays, November 10th & 17th  
1:00 p.m. - 4:00 p.m.

# DRIVER SAFETY

AARP Real Possibilities

The Island Seniors, Inc. is sponsoring the **AARP Driver Safety course**. This is a fast-paced interactive 6 hour class for drivers 50 and older to learn proven safety strategies, rules of the road, how to deal with aggressive drivers, and lots more to help you maintain joy and confidence in your driving. In addition to making our roads a safer place you will be eligible for a discount on your auto insurance.

Classes will be held at the *Sanibel Recreation Center*, 3880 Sanibel-Captiva Road, Sanibel Island. Course fee \$20 and AARP members receive a \$5 discount. Register by contacting **Ed Vander Hey** at **(239) 292-4012** and leave a message. You need not be a member of the Island Seniors to attend but you **must attend both classes in order to receive course certificate**.



# FOOD & FUN

## Welcome Back Pot Luck

Tuesday, November 1st  
5:30 p.m. - 7:30 p.m.

We welcome back all the returning members .  
Join us for dinner and catch up with friends.

We ask that you bring a side dish  
to share. The Center will provide  
the main course and dessert.

After dinner, we invite you to do a little  
line dancing. An opportunity to show off  
line dancing skills from class.

**Be sure to sign up for this  
event. Free for Members and  
\$5 for Non-Members**

## Line Dancing Classes

Tuesdays at 1:30 p.m.

**October 4, 11, 18 & 25**

I ❤️  
Line  
Dancing

Anyone interested in line dancing? Join us on Tuesday afternoon during the month of October for an hour of fun. Instructor will review dance steps then turn up the music and get ready to dance. Bring a friend and have a fun filled afternoon.

Members \$5 per class  
Non-Members \$8 per class

Fun, Fitness  
Friendship  
Music, Stress  
Relief  
Parties  
Cardio  
workout  
Dances



# ART ~ BOOKS ~ GAMES

## **BRIDGE**

12:30 p.m.

Monday & Wednesday

## **MAHJONGG**

12:30 p.m.

Monday & Thursday

## **HAND & FOOT**

12:30 p.m. Thursday

**\$2.50 Members**

**\$5.00 Non-Members**

**Prizes awarded**

## **The San Cap Art League**

will be painting at the Center 4 Life gardens

**Date & Time TBA**

They welcome you to their "Plein Air" Painters Group. Come paint (bring your own supplies) with us and stay for your brown bag lunch. We share our painting efforts and enjoy an informal and friendly critique. Visitors are welcome. Come join us and happy painting.

# COLLAGE

**With Bea Papas  
Fridays**

**September**

2, 9, 16, 23 & 30

**October**

7, 14, 21 & 28

**12:30 - 3:30 p.m.**

Are you looking for a creative outlet? If you have some painting experience and would like to work from a still life or photo, join us on Fridays.

**\$15 Members per session  
\$20 Non-Members per session**

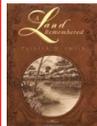
## PAGE TURNERS

Ann Rodman, Volunteer Coordinator, and the group have enjoyed great year round attendance and encourage others to join them. For any questions, please contact Ann at [annrodman@aol.com](mailto:annrodman@aol.com) or contact the Center 4 Life.



**Brooklyn by Colm Toibin - Wednesday, September 14**

**Movie-** One of the most unforgettable characters in contemporary literature" (Pittsburgh Post-Gazette), Eilis Lacey has come of age in small-town Ireland in the hard years following World War Two. When an Irish priest from Brooklyn offers to sponsor Eilis in America, she decides she must go, leaving her fragile mother and her charismatic sister behind. We encourage you to bring your lunch and view the movie at 12:30 pm. Then at 2:30 p.m. we will discuss the film and book and compare the two.



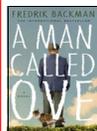
**A Land Remembered by Patrick D. Smith - Wednesday, October 12, 2:30 p.m.**

In this best-selling novel, Patrick Smith tells the story of three generations of the MacIveys, a Florida family who battle the hardships of the frontier to rise from a dirt-poor Cracker life to the wealth and standing of real estate tycoons... The sweeping story that emerges is a rich, rugged Florida history featuring a memorable cast of crusty, indomitable Crackers battling wild animals, rustlers, Confederate deserters, mosquitoes, starvation, hurricanes, and freezes to carve a kingdom out of the swamp. But their most formidable adversary turns out to be greed, including finally their own.—Goodreads



**Nightingale by Kristin Hannah - Wednesday, November 9, 2:30 p.m.**

"Best-selling author Kristin Hannah (Fly Away) transports her favorite themes to World War II as the Nazis penetrate the Maginot Line and invade France. —USA Today



**A Man Called Ove by Fredrick Backman - Wednesday, December 14, 2:30 p.m.**

A curmudgeon hides a terrible personal loss beneath a cranky and short-tempered exterior while clashing with his new neighbors, a boisterous family whose chattiness and habits lead to unexpected friendship.—NPR Books



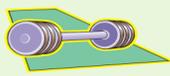
# Fit for Life Fitness

Island Seniors, Inc. members can purchase coupon books to attend these classes at the Center 4 Life, 2401 Library Way. Books of 12 coupons are \$48 or 3 coupons for \$12.00. Paid members of the Sanibel Recreation Center need to just show their membership card to attend classes. Guest fee is \$7.00 per class. \*Athletic footwear is required for fitness classes.

## Happy Hour Fitness

Monday, Wednesday & Friday at 8:00 a.m.

Class begins with a joke from one of the members to put you in the right frame of mind and ends with a positive thought for the day. The format is 45 minutes of cardio, 20 minutes of balance exercises, core strength and flexibility exercises. Instructor: Sylvia Villanueva.



## Essential Total Fitness (ETF)

Monday, Wednesday & Friday at 9:30 a.m. & 11 a.m. beginning November 7th

This class includes cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Instructor: Mahnaz Bassiri.



## Power Hour Fitness

Tuesday and Thursday at 8:00 a.m.

Hand weights, stretch cords and stability balls along with mats are used to strengthen your muscles, improve your core strength and balance. Instructor: Mahnaz Bassiri.



## Gentle Yoga

Tuesday and Thursday at 9:30 a.m.

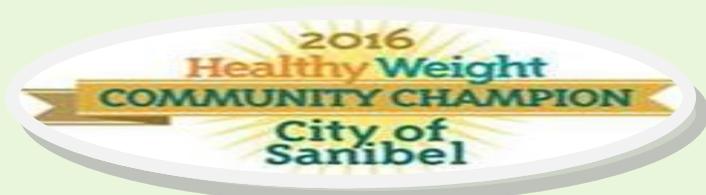
This class is designed to stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Class exercises with mats and meets the needs of varying experience levels. We suggest you bring a towel. Instructor: Kim Kouril.



## Chair Yoga

Tuesday and Thursday at 11:00 a.m.

Similar to Gentle Yoga but all poses are done in a chair. Instructor: Kim Kouril



# KAYAKING!



The Center supplies the kayaks, paddles and life jackets (which everyone must wear). It is useful to bring a towel (to roll and support your back), water, a snack, change of clothing (in case you get wet), sun lotion, bug spray, sunglasses and a hat. Island Seniors, Inc. members \$5 and \$10 for non-members per trip. Members have first priority. **PAYMENT MUST BE MADE WHEN YOU SIGN UP** to secure your spot. We provide a wait list in case there is a last minute cancellation.

**NOTE:** Personal kayak participants must register with Island Seniors 24 hours prior to the scheduled date, in order to join the group.

## Upcoming Kayak Schedule

A perfect activity if you enjoy the great outdoors. There is space for 16 people on our eight two-person kayaks and limited space for those who own their own kayak.

September 6 & 20

October 4 & 18

November 1, 15, 22, & 29

December 6, 13, & 20



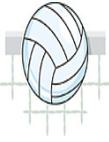
The two leaders for each outing determine the location. Leaders pay no fees and reserve the right to change the **8:15 a.m. meeting time**. Everyone, including those with personal kayaks, must meet at the Center unless prior arrangements have been approved.

Kayaking program will continue to build on the same success as last season. January through March we will schedule exciting kayaking trips every Tuesday and Thursday morning.

Experienced trip leaders trained in CPR and first aid are looking forward to another great season. If you have any questions about the program please contact the Center.



## Check out available Athletic Programs at the Sanibel Recreation Center



### Pick-up Volleyball Monday at 6:00 p.m.

**Included with Sanibel Recreation Center membership; day pass required for non-members**

Pick-up Volleyball provides an excellent cardio workout; improving stamina, reflexes and balance. All equipment is provided. Games are organized by participants. Closed-toe, non-marking athletic footwear is required. Participants must be at least 14 years old.



### Pick-up Basketball Tuesday and Thursday at 6:00 p.m. and Sunday at 1:00 p.m.

**Included with Sanibel Recreation Center membership; day pass required for non-members**

Pick-up Basketball provides an excellent cardio workout; improving stamina, reflexes and balance. All equipment is provided. Games are organized by participants. Closed-toe, non-marking athletic footwear is required. Participants must be at least 14 years old.



### Pick-up Pickleball Monday and Wednesday at 5:00 p.m. and Saturday at 1:00 p.m.

**Included with Sanibel Recreation Center membership; day pass required for non-members**

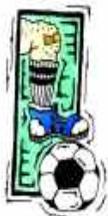
Pick-up Pickleball provides an excellent cardio workout; improving stamina, reflexes and balance. All equipment is provided. Games are organized by participants. Closed-toe, non-marking athletic footwear is required. Participants must be at least 14 years old.



### Adult Co-Ed Pick-up Softball Monday at 6:30 p.m. beginning November 7th

**Played at the Sanibel ball fields. Membership not required.**

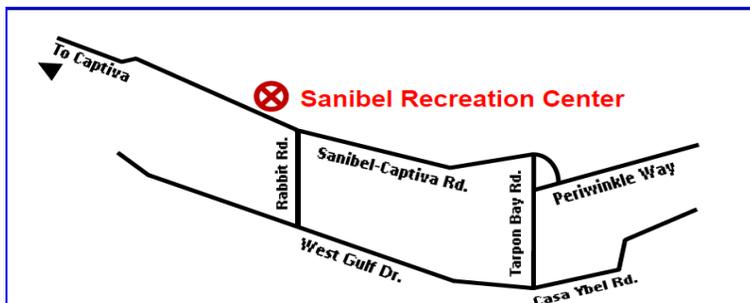
Join your friends and neighbors in the seasonal Sanibel Adult Co-ed Pick-up Softball! Participants must be at least 18 years old. Pick-up games are weather permitting. For more information contact the Recreation Center at (239) 472-0345.



### Pick-up Soccer Sunday at 5:30 p.m. beginning October 16th

**Played at the Sanibel ball fields. Membership not required.**

Meet and play soccer with your Sanibel friends and neighbors! Pick-up soccer games will be held at the Sanibel Ball Fields weather permitting. There is no fee to participate. Just bring your shin guards! Players MUST wear closed toe shoes and NO metal cleats of any type may be worn. Games are organized by participants. Participants must be at least 14 years old.



Daily, Weekly, Semi-Annual and Annual Recreation Center passes are available. Please call the Sanibel Recreation Center at (239) 472-0345 for membership details.

Visit our website at [www.mysanibel.com](http://www.mysanibel.com) to view additional activities and programs.

3880 Sanibel-Captiva Road, Sanibel, FL 33957

# Florida Repertory Theatre 2016-2017

All Matinees Begin At 2 p.m.

**You must pay upon signing up.** No additional tickets will be purchased *two weeks* before the show. We may meet after the play for dinner. Trish will pick up the tickets and distribute them a week in advance. If you are unable to pick up your ticket we can make arrangements to leave it at the "will call" window for you. (*All titles and dates subject to change.*)

## HISTORIC ARCADE THEATRE

### **OVER THE RIVER AND THROUGH THE WOODS**

by Joe DiPietro

**Saturday, October 29, 2016** Members \$32 / Non-Members \$37

A hilarious and warm-hearted family fiasco from the author of *I Love You, You're Perfect, Now Change* and the Tony-Winning Broadway sensation, *Memphis!* See what happens when 29-year-old Nick tells both pairs of dotting Italian-American grandparents he's leaving Hoboken to take a dream job across the country. His grandparents are stunned! Why would he want to leave his family and New Jersey? Chaos ensues as his grandparents plot and scheme to find a way to keep him in Hoboken.

Agatha Christie's

### **THE MOUSETRAP**

**Saturday, December 3, 2016** Members \$32 / Non-Members \$37

Suspect everyone in this thrilling whodunit from the mind of Agatha Christie! Still running in London after 64 years, *The Mousetrap* tells the story of a group of strangers trapped in a boarding house during a snow storm—with a murderer among them! Suspicion and intrigue abound as these strangers try to solve a murder and wonder who will be killed next. Revelations are made, shady pasts revealed, and alliances shift as Agatha Christie weaves a tangled web of deceit and suspense!

### **THE HOUSE OF BLUE LEAVES**

by John Guare

**Saturday, January 7, 2017** Members \$32 / Non-Members \$37

This smart and outrageous black comedy follows the strangest day in the life of a New York zookeeper with big dreams! Artie Shaughnessy has aspirations of being a famous songwriter, but what his downstairs mistress, Bunny, won't tell him, and his wife, Bananas (who is), tries to impart is that Artie's songs stink. But today, October 4, 1964, is different because the Pope is coming to town and miracles are in the air and anything is possible—or so they all think.

Harper Lee's

### **TO KILL A MOCKINGBIRD**

Adapted by Christopher Sergel

**Saturday, February 25, 2017** Members \$38 / Non-Members \$43

This compelling and timeless story of racial injustice and loss of innocence is told through the eyes of six year old Scout, the tomboyish daughter of small-town lawyer Atticus Finch. As a tense tug of war between justice and bigotry heats up in their small town of Maycomb, Alabama, Atticus and his family must learn to temper violence and hatred with courage and compassion. Adapted from the Pulitzer Prize-winning novel, *To Kill a Mockingbird* continues to inspire hope in the face of inequality.

## **THE 25th ANNUAL**

### **PUTNAM COUNTY SPELLING BEE**

music & lyrics by William Finn

book by Rachel Sheinkin • conceived by Rebecca Feldman

**Saturday, March 25, 2017**

Members \$32 / Non-Members \$37

Six spellers enter the bee, but only one will walk away a winner in this Tony Award & Drama Desk-winning musical that has charmed audiences nationwide with its effortless wit and edgy humor! Hilarious and warm-hearted, this riotous musical comedy follows six adolescent misfits vying for the spelling championship of a lifetime. As these tweens—and even the audience—spell their way through a series of outrageous words, they learn winning isn't everything—but the loser gets a juice box!

## IN THE ArtStage STUDIO THEATRE

### **ERMA BOMBECK: AT WIT'S END**

by Alison Engel and Margaret Engel

**Saturday, October 22, 2016**

**Sold Out**

Hot off its world premiere in Washington, D.C., comes a witty and moving look at one of our country's most beloved voices. Erma Bombeck captured the frustrations of her generation by asking, "If life is a bowl of cherries, what am I doing in the pits?" Discover the story behind the award-winning humorist who championed women's lives with wit that sprang from the most unexpected place of all—the truth.

### **THE BEST OF ENEMIES**

by Mark St. Germain

**Saturday, November 19, 2016**

Members \$44 / Non-Members \$49

An electrifying and tense NEW PLAY based on a true story that follows the relationship between a hate-filled leader of the KKK and a pioneering African-American civil rights activist. In this gripping story, the unlikely pair must work together during Durham, North Carolina's heated 1971 desegregation battle. *The Best of Enemies* is a stirring new play that exposes the poison of prejudice and the beauty of friendship.

### **SHEAR MADNESS**

by Paul Pörtner

**Saturday, January 21, 2017**

Members \$44 / Non-Members \$49

Madness erupts at a not-so-typical hair salon when the old lady upstairs gets mysteriously murdered and everyone's dying to know WHODUNIT? Unlike any other murder mystery, in *Shear Madness* the audience combs through the clues and questions the suspects! And with up-to-the-minute improvisation, the show is different every time you see it!

### **Doublewide**

by Stephen Spotswood

**Saturday, April 22, 2017**

Members \$44 / Non-Members \$49

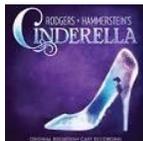
Jim Starkey's version of the American Dream is a modest one: to build a home on his one-acre plot of land and replace his doublewide trailer with something his daughter, Lorelai, can inherit. When a highway expansion project and a freak hunting accident shatter their dreams, Jim must decide how far he can be pushed and Lorelai is left to build her own future.

Be the first audiences in America to see this amazing NEW PLAY!

## BARBARA B. MANN PERFORMING ARTS HALL

### Rodgers & Hammerstein's CINDERELLA Saturday, January 7, 2017 - 2 P.M.

**\$83 Member / \$93 Non-Member**



Rodgers + Hammerstein's CINDERELLA is the Tony Award®-winning Broadway musical from the creators of The Sound of Music and South Pacific that's delighting audiences with its contemporary take on the classic tale. This lush production features an incredible orchestra, jaw-dropping transformations and all the moments you love — the pumpkin, the glass slipper, the masked ball and more —plus some surprising new twists! Be transported back to your childhood as you rediscover some of Rodgers + Hammerstein's most beloved songs, including "In My Own Little Corner," "Impossible/It's Possible" and "Ten Minutes Ago," in this hilarious and romantic Broadway experience for anyone who's ever had a wish, a dream... or a really great pair of shoes.

### Riverdance: The 20th Anniversary World Tour Saturday, January 14, 2017 - 2 P.M.

**\$72 Member / \$82 Non-Member**



The international Irish dance phenomenon is back by popular demand in Riverdance - The 20th Anniversary World Tour. Drawing on Irish traditions, the combined talents of the performers propel Irish dancing and music into the present day, capturing the imagination of audiences across all ages and cultures in an innovative and exciting blend of dance, music and song. Of all the performances to emerge from Ireland - in rock, music, theatre and film - nothing has carried the energy, the sensuality and the spectacle of Riverdance.

### THE BOOK OF MORMON Saturday, January 28, 2017 - 2 P.M.

**\$106 Member / \$116 Non-Member**



THE BOOK OF MORMON features book, music and lyrics by Trey Parker, Robert Lopez and Matt Stone. Parker and Stone are the four-time Emmy Award-winning creators of the landmark animated series, "South Park." Tony Award-winner Lopez is co-creator of the long-running hit musical comedy, Avenue Q. The musical is choreographed by Tony Award-winner Casey Nicholaw (Monty Python's Spamalot, The Drowsy Chaperone) and is directed by Nicholaw and Parker. THE BOOK OF MORMON is the winner of nine Tony Awards, including Best Musical, Best Score (Trey Parker, Robert Lopez, Matt Stone), Best Book (Trey Parker, Robert Lopez, Matt Stone), Best Direction (Casey Nicholaw, Trey Parker), Best Featured Actress (Nikki M. James), Best Scenic Design (Scott Pask), Best Lighting Design (Brian MacDevitt), Best Sound Design (Brian Ronan) and Best Orchestrations (Larry Hochman, Stephen Oremus); the New York Drama Critics Circle Award for Best Musical; five Drama Desk Awards including Best Musical, the 2011 Grammy Award for Best Musical Theater Album; four Outer Critics Circle Awards, including Best Musical, and the Drama League Award for Best Musical.

Please remember, if you signed up, you are responsible for paying for that ticket. An invoice for these tickets have been mailed out to you and payment is due by September 15th. If you need to sell your ticket we will provide a waiting list of members to call. This works well as many members join the Center 4 Life after Island Seniors, Inc. has paid for the tickets. (\*All titles and dates subject to change.)

### CHICAGO The Musical Saturday, February 11, 2017 - 2 P.M.

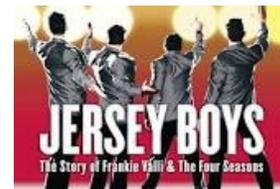
**\$75 Member / \$85 Non-Member**



A true New York City institution, CHICAGO has ever that makes Broadway great: a universal tale of fame, fortune and all that jazz; one show-stopping-song after another; and the most astonishing dancing you've ever seen. No wonder CHICAGO has been honored with 6 Tony Awards®, 2 Olivier Awards®, a Grammy® and thousands of standing ovations. Whether you're looking for your first Broadway musical, whether you've seen the Academy Award®-winning film and want to experience the show live on stage or whether you've seen it before and want to recapture the magic, CHICAGO always delivers.

### Jersey Boys: The Story of Frankie Valli & The Four Seasons Saturday, April 1, 2017 - 2 P.M.

**\$88 Member / \$98 Non-Member**



JERSEY BOYS, the Tony®, Grammy® and Olivier Award-winning Best Musical about Rock and Roll Hall of Famers The Four Seasons: Frankie Valli, Bob Gaudio, Tommy DeVito and Nick Massi returns to Fort Myers by popular demand. This is the true story of how four blue-collar kids became one of the greatest successes in pop music history. They wrote their own songs, invented their own sounds and sold 175 million records worldwide – all before they were 30! JERSEY BOYS features their hit songs "Sherry," "Big Girls Don't Cry," "Rag Doll," "Oh What a Night" and "Can't Take My Eyes Off You." (JERSEY BOYS contains authentic, "profane Jersey language" and is recommended for ages 12+)

### The Lincoln Center Production of Rogers & Hammerstein's The King & I Saturday, April 29, 2017 - 2 P.M.

**\$81 Member / \$91 Non-Member**



Lincoln Center Theater's critically acclaimed production of Rodgers & Hammerstein's THE KING AND I directed by Tony Award® Winner Bartlett Sher won four 2015 Tony Awards® including Best Revival of a Musical. One of Rodgers & Hammerstein's finest works, THE KING AND I boasts a score which features such beloved classics as "Getting To Know You," "I Whistle a Happy Tune," "Hello Young Lovers," "Shall We Dance" and "Something Wonderful." Set in 1860's Bangkok, the musical tells the story of the unconventional and tempestuous relationship that develops between the King of Siam and Anna Leonowens, a British schoolteacher whom the modernist King, in an imperialistic world, brings to Siam to teach his many wives and children.

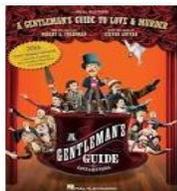
# ARTIS—NAPLES 2017

**Sign up for group tickets is now over.** As with all tickets, if you signed up, you are responsible for paying for that ticket. An invoice for these tickets will be mailed out to you with payment due by September 15th. Bus transportation will be limited to each performance. If you need to sell your ticket later, we will provide a waiting list of members for you to call. This works well as many people join the Center 4 Life after Island Seniors, Inc. have purchased the tickets. (All tickets and dates subject to change.)

## *A Gentleman's Guide to Love & Murder*

**Saturday, January 21, 2017 - 2 p.m.**

\$125 Member / \$135 Non-Member-Premium  
\$95 Member / \$105 Non-Member-Section A



Getting away with murder can be so much fun ... and there's no better proof than the hilarious hit show that won the 2014 Tony for Best Musical —

*A Gentleman's Guide to Love & Murder!* As one most gentlemanly NPR critic put it, "I've never laughed so hard at a Broadway musical!" *Gentleman's Guide* tells the uproarious story of Monty Navarro, an heir to a family fortune who sets out to jump the line of succession by—you guessed it—eliminating the eight pesky relatives who stand in his way. All the while, Monty has to juggle his mistress (she's after more than just love), his fiancée (she's his cousin, but who's keeping track?) and the constant threat of landing behind bars! Of course, it will all be worth it if he can slay his way to his inheritance...and be done in time for tea. *The Hollywood Reporter* raves, "*Gentleman's Guide* restores our faith in musical comedy."

## *Something Rotten!*

**Saturday, March 18, 2017 - 2 p.m.**

\$125 Member / \$135 Non-Member-Premium  
\$95 Member / \$105 Non-Member-Section A



From the director of *Aladdin* and the co-director of *The Book of Mormon*, *Something Rotten!* is "Broadway's big, fat hit!" (*New York Post*). Set in 1595, this hilarious smash tells the story of Nick and Nigel Bottom, two brothers who are desperate to write a hit play. When a local soothsayer foretells that the future of theatre involves singing, dancing and acting at the same time, Nick and Nigel set out to write the world's very first musical! With its heart on its ruffled sleeve and sequins in its soul, *Something Rotten!* is "*The Producers + The Book of Mormon x The Drowsy Chaperone. Squared!*" (*New York Magazine*).

## *Beautiful – The Carole King Musical*

**Saturday, February 11, 2017- 2 p.m.**

\$135 Member / \$145 Non-Member-Premium  
\$99 Member / \$109 Non-Member-Section A



*Beautiful—The Carole King Musical* tells the Tony-and Grammy award-winning inspiring true story of King's remarkable rise to stardom, from being part of a hit songwriting team with her husband, Gerry Goffin, to her relationship with fellow writers and best friends, Cynthia Weil and Barry Mann, to becoming one of the most successful solo acts in popular music history. Along the way, she made more than beautiful music: she wrote the soundtrack to a generation.

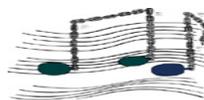
## *Cabaret*

**Saturday, April 15, 2017 - 2 p.m.**

\$90 Member / \$100 Non-Member-Premium  
\$75 Member / \$85 Non-Member-Section A



Direct from Broadway, the acclaimed masterpiece returns to Artis-Naples! As part of their 50th anniversary season, the critically acclaimed and award-winning Roundabout Theatre Company is proud to present Sam Mendes (*Skyfall*, *American Beauty*) and Rob Marshall's (*Into the Woods* and *Chicago*, the films) Tony-winning production of *Cabaret*. Come hear some of the most memorable songs in theatre history, including *Cabaret*, *Willkommen* and *Maybe This Time*. Leave your troubles outside — life is beautiful at *Cabaret*, John Kander, Fred Ebb and Joe Masteroff's Tony-winning musical about following your heart while the world loses its way.



### Lions Eyeglass Recycle for Sight Program

Donate glasses and change someone's life. Imagine if you could help a child read. An adult succeed in his job. A senior maintain their independence. And provide a community with more opportunities to grow and thrive. Also accepting recycled hearing aids.  
**Center 4 Life is a drop off location.**



**SEPTEMBER**

Annette Cantalupo...2  
 Kelly Collini ..... 2  
 Chuck Ramseth .... 2  
 Sally Reed ..... 2  
 Minnie Sanders ..... 2  
 Karen Sloan ..... 2  
 Susan Sweester..... 2  
 Donna Kjonas ..... 3  
 Bob Davis ..... 4  
 Sally Divenere ..... 4  
 Barbara Ellis..... 4  
 Susan Nichols..... 5  
 Karen Searles ..... 5  
 Maureen Ginipro ... 6  
 Irene Gaina ..... 7  
 Jerry Nichols..... 7  
 Sheila Hoen ..... 8  
 Ernie Hoen ..... 9  
 Helen Blinder ..... 9  
 Jill Coughlin ..... 9  
 Mike Gieryc ..... 9  
 Ernie Hoen ..... 9  
 Margot Long ..... 10  
 Linda Mondelli ..... 10  
 Irene Nolan ..... 10  
 Duffey Ainsworth ... 11  
 Nancy Bueche ..... 11  
 Mona Cline ..... 12  
 Margaret Currie ... 12  
 Kandee Grossman 13  
 Georgia Wellman ... 13  
 Kate Dietrich ..... 14  
 Jim Jordan ..... 14  
 Carol Roberts ..... 14  
 Henry Bird ..... 15  
 Debbie Ainsworth . 16  
 Bev Biderman ..... 16  
 Jules DuPre ..... 16  
 Bill Sartoris ..... 16  
 Elizabeth Sheffield 16  
 Kay Brigham ..... 17  
 Rebecca Kopp ..... 17  
 Sally More ..... 17  
 Anne Burden ..... 18  
 Edie DuGoff ..... 18  
 Kathy Huldrum ... 18  
 Mary Jo Luebbers 18  
 Arlene MacDonald 18  
 Marge Schubart ... 19  
 Mary Snyder ..... 19  
 Kathy Wolf ..... 19  
 Edie Flagg ..... 20  
 Jane Gaines ..... 20  
 Debra Donofrio ..... 21  
 Barbara McKenna 21  
 Lesley Moore ..... 22  
 Judy White ..... 22  
 Susan Davis ..... 23  
 JoAnn Reece ..... 23  
 Karen Turner ..... 23  
 Theodore Gasteyer 24  
 Judy Glaser ..... 24

David Langer..... 24  
 Irvin Levy ..... 24  
 Roger Tosch ..... 24  
 John Bradford ..... 26  
 Victor Dix ..... 26  
 Patricia Rockwell ... 26  
 Hazel Goldberg .... 27  
 John Hicks ..... 27  
 Rosemary Ryan .... 27  
 Joyce Frank ..... 28  
 Mary Cardamone . 29  
 Jane Dumais ..... 29  
 Joann Glick ..... 30

**OCTOBER**

Eileen Metz ..... 1  
 Rocco Cantalupo ... 2  
 Mary Ann Gilhooley 2  
 Allison Titgemeyer .. 2  
 Barbara Bennett ... 3  
 Joan Sperry ..... 3  
 Virginia Gersack ... 5  
 Margery Armstrong 6  
 Becky Batchellor ... 7  
 Cleo Current ..... 7  
 Mary Kamp ..... 7  
 Shannon Foster .... 8  
 Jane Gieryc ..... 8  
 Holly Nachbar ..... 8  
 Lorinda Bradford ... 9  
 Ann Conlon ..... 9  
 Dwight McKenna .... 9  
 John Reid ..... 9  
 Jo Ann McKelvey ... 10  
 Gillian Bath ..... 11  
 Linda Patterson .... 11  
 Susan Riemer ..... 12  
 Julia O'Neill ..... 13  
 Joyce Perkins ..... 13  
 Kim Ross ..... 13  
 Carol Bird ..... 15  
 Audrey Holman .... 15  
 Debbie Jaeger ... 15  
 Peggy Lovett ..... 15  
 Carolyn Dix ..... 15  
 Cathy Rundle ..... 16  
 Maryann Flynn ... 17  
 Shirley Jewell ..... 17  
 Stan Katz ..... 17  
 Berdenna Thompson 17  
 Sharon Miller..... 18  
 Darlene Rizzo ..... 18  
 Julie Roenisk ..... 18  
 Irwin Stein ..... 18  
 Louise Mangieri .... 19  
 Sarah Thompson ... 20  
 Annie Layman ..... 22  
 Missy Scoville ..... 22  
 Janice McNeal ..... 23  
 Marilyn Myerson ..... 23  
 Karen Ryan ..... 23  
 Vicky Lettmann ..... 24  
 Janet Lucree ..... 24  
 Allan Rae ..... 24



Lorraine Rippe ..... 24  
 Kathryn Shorter ..... 24  
 Patti Daly ..... 25  
 Ed Hendrick ..... 25  
 Waylon Snead ..... 25  
 Onalee Anderson ... 26  
 Cheryl Decker ..... 26  
 Debra Dobbie ..... 26  
 Shirley Schulz ..... 26  
 Chris Boesen ..... 27  
 Paulette Lotstein .... 27  
 Brenda Zaltas ..... 27  
 Bernd Karr ..... 28  
 Gloria Krekel ..... 28  
 Lorraine Rippe ..... 29  
 Janet Schneider .... 29  
 Elise Hall ..... 31

**NOVEMBER**

Jim Cooper ..... 1  
 Janet Halliday ..... 1  
 Kathy Kapalin ..... 1  
 Kay Strayer ..... 1  
 Jane Sharpe ..... 2  
 Nancy Terelle ..... 2  
 Shirley Akins ..... 4  
 Barbara Brodersen ... 4  
 Christl Smith ..... 4  
 Jean Haffenreffer ... 5  
 Craig Mueller ..... 5  
 Marie Kenerson ..... 6  
 Carol Awender ..... 7  
 Judy Diecuck ..... 7  
 Linda Drasnin ..... 7  
 Dan Hopta ..... 7  
 Georgia Ledgerwood . 7  
 Bobbie Moore ..... 7  
 Diane Rabb ..... 7  
 Carol Allen ..... 8  
 Barbara Baumecker 8  
 Holden Mitchell ..... 8  
 Lynne Mueller ..... 8  
 Suzanne Pilcher ..... 8  
 John Ryan ..... 8  
 Shirley Smaha ..... 8  
 James Flaherty ..... 9  
 Mary Lou Linnen ..... 9  
 Julia Lombardi ..... 9  
 Debbie Most ..... 9  
 Ann Rodman ..... 9  
 Susan Webster ..... 10  
 Sally Lichtenstein .... 11  
 Richard Newmark ... 11  
 Martin Arnowitz ..... 13  
 Barbara Bayley ..... 13  
 Cindy Jones ..... 13  
 Di Saggau ..... 14

Harriet Whittington ... 14  
 Judy Bemiller ..... 15  
 Beckie Graham ..... 15  
 Terry Gustafson ..... 15  
 Barbara Hickey ..... 15  
 Moon Price ..... 15  
 William Vogler ..... 15  
 Margaret Palange ... 17  
 Arlen Westbrook ..... 17  
 Debbie Dixon ..... 18  
 Sharon Gill ..... 18  
 Mary Hackett ..... 18  
 Kay Sadigni ..... 18  
 Joe Babcock ..... 19  
 Robert Chaney ..... 19  
 Linda Huppert ..... 19  
 Richard Welch ..... 19  
 Margaret Lee ..... 20  
 Leona MacDonald ... 20  
 Joseph Walzer ..... 20  
 Albert Symes ..... 21  
 Jim Winn ..... 21  
 Patti Bohm ..... 22  
 John Brown ..... 22  
 Kathy Hopkins ..... 22  
 Barbara Kusek ..... 22  
 Pam Weiner ..... 22  
 Sue Ramos ..... 23  
 Bill Taylor ..... 23  
 Debra Tombrello .... 23  
 Carolyn Berger ..... 24  
 Ray Dalbec ..... 24  
 Dorothy Donaldson . 24  
 Shirley Schiffman . 25  
 Kathleen Tiesner ... 25  
 Ayala Manolson .... 26  
 Wendy Taibbi ..... 26  
 Mary Jane Bolow .... 27  
 Lois Demanes ..... 27  
 Sally Duffy ..... 27  
 Frank Hagan ..... 27  
 Pat McKenzie ..... 27  
 Madeline Baron ..... 28  
 Ellen Strobel ..... 28  
 Joe Mason ..... 29  
 Dorothy Sawyer..... 29  
 Peg Bennett ..... 30  
 Jane Hudson ..... 30  
 Bill Pappas ..... 30  
 Annmarie Pittman ... 30  
 Dick Russell ..... 30

**DECEMBER**

Joyce Craig ..... 1  
 Phil Gainer ..... 1  
 Kathy Kebbekus ..... 1  
 Gloria Caramico ..... 3  
 Andree Clinger ..... 3  
 Richard Rener ..... 3  
 Shirlene Grasgreen . 4  
 Sandra Langeland ... 4  
 Marilyn Lewis ..... 4  
 Cynthia Luks ..... 4  
 Richard Ponte ..... 4

Diane Wien ..... 4  
 Dodie Bromwell ..... 5  
 Doris Dewitt ..... 5  
 Marianne Masterson.... 5  
 Dick Rieselbach ..... 5  
 Helen Gaina ..... 6  
 Norma Walley ..... 6  
 Maureen Hnatow ..... 7  
 Frances Perou ..... 7  
 Nancy Seaward ..... 8  
 Robert Fawcett ..... 9  
 Frank Hagan ..... 9  
 Bob Fawcett ..... 9  
 James Davis ..... 10  
 Barbara Russell ..... 10  
 Martha Siders ..... 10  
 Arlene Tompkins ..... 10  
 Sandy Wolfrum ..... 10  
 Rita Farmer ..... 11  
 Peter Holden ..... 11  
 Emily Muench ..... 11  
 George Witte ..... 11  
 Evelyn Doyle ..... 12  
 Phillip Paparone ..... 12  
 Barbara Symes ..... 12  
 Signe Diem ..... 13  
 Marilyn Sutton ..... 13  
 Lorraine Hicks ..... 15  
 Lois Lorsch ..... 15  
 Frank Messenger..... 15  
 Nancy Riley ..... 15  
 Dominick Cinti ..... 16  
 Nelia Sheridan ..... 17  
 Hilda Bould..... 18  
 Holly Goldsmith ..... 18  
 Randy King ..... 18  
 Jim Lally ..... 18  
 Karl Rodman ..... 19  
 Michael Armstrong ... 20  
 Laura Hansen ..... 20  
 Carl Smigiel ..... 20  
 Virginia Tambini ... 20  
 Carole Owen ..... 21  
 June Patinkin ..... 21  
 Rick Perry ..... 21  
 James Isom ..... 22  
 Joan Davey ..... 23  
 Jean Eaton ..... 24  
 Gail Leach ..... 24  
 Allan Kennedy ..... 25  
 Russ Crawford ..... 26  
 Willie Winkler ..... 26  
 Donna Caruso ..... 27  
 Holly McEntyre ..... 27  
 Patty Sprankle ..... 27  
 John Appert ..... 28  
 James Harvey ..... 28  
 Karen Lavery ..... 28  
 Bill Holleran ..... 28  
 Jan Anderson ..... 29  
 John Clark ..... 29  
 Annabelle Patton ..... 31



## ~ September 2016 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>Notes:</b> ETF - Essential Total Fitness Hot Dog Grill - Call the Center by 10:30 a.m. Kayaking - Weather Permitting  *Athletic footwear required for fitness classes			<b>1</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	<b>2</b> 8 -Happy Hour 9:30 -ETF 12:30 -Art with Bea Pappas	<b>3</b>
<b>4</b>	<b>5</b> <b>Labor Day</b> Facility Closed  	<b>6</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga	<b>7</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge	<b>8</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	<b>9</b> 8 -Happy Hour 9:30 -ETF 12:30 -Art with Bea Pappas	<b>10</b>
<b>11</b>	<b>12</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	<b>13</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga	<b>14</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge Page Turners 12:30 - Movie 2:30 - Discussion	<b>15</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	<b>16</b> 8 -Happy Hour 9:30 -ETF 12:30 -Art with Bea Pappas	<b>17</b>
<b>18</b>	<b>19</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg  Leisure Lunchers Miromar Design Center Tour & Lunch	<b>20</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga	<b>21</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge	<b>22</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot  	<b>23</b> 8 -Happy Hour 9:30 -ETF 12:30 -Art with Bea Pappas	<b>24</b>
<b>25</b>	<b>26</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg  Ringling Art Museum	<b>27</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga	<b>28</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge	<b>29</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	<b>30</b> 8 -Happy Hour 9:30 -ETF 12:30 -Art with Bea Pappas	

# ~ October 2016 ~

	~ October 2016 ~					
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>Notes:</b>					<b>1</b>
<b>2</b>	<b>3</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	<b>4</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1:30 -Line Dancing	<b>5</b> 8 -Happy Hour 9:30-ETF 11:30-Hot Dog Grill 12:30-Bridge	<b>6</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	<b>7</b> 8 -Happy Hour 9:30 -ETF 12:30 -Art with Bea Pappas	<b>8</b>
<b>9</b>  Memphis Blues Trip Departs	<b>10</b> <b>Columbus Day</b>  Facility Closed  Leisure Lunchers CROW Tour	<b>11</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1:30 -Line Dancing	<b>12</b> 8 -Happy Hour 9:30-ETF 11:30-Hot Dog Grill 12:30-Bridge 2:30 -Page Turners	<b>13</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	<b>14</b> 8 -Happy Hour 9:30 -ETF 12:30 -Art with Bea Pappas	<b>15</b>
<b>16</b>  Memphis Blues Trip Returns	<b>17</b> 8 -Happy Hour 9:30-ETF 12:30-Bridge 12:30 -Mahjongg	<b>18</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1:30 -Line Dancing	<b>19</b> 8 -Happy Hour 9:30-ETF 11:30-Hot Dog Grill 12:30-Bridge	<b>20</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	<b>21</b> 8 -Happy Hour 9:30 -ETF 12:30 -Art with Bea Pappas	<b>22</b> 2pm-Florida Rep <u>ArtStage Theatre</u> Erma Bombeck: At Wit's End
<b>23</b> Baileyfest 12 - 4:30p	<b>24</b> 8 -Happy Hour 9:30-ETF 12:30-Bridge 12:30 -Mahjongg  Expanded Hours Begin 8am-5pm	<b>25</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1:30 -Line Dancing	<b>26</b> 8 -Happy Hour 9:30-ETF 11:30-Goblin's Luncheon 12:30-Bridge  Board Meeting	<b>27</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	<b>28</b> 8 -Happy Hour 9:30 -ETF 12:30 -Art with Bea Pappas	<b>29</b> 2pm-Florida Rep <u>Arcade Theatre</u> Over the River and Through the Woods
<b>30</b>	<b>31</b> 8 -Happy Hour 9:30-ETF 12:30-Bridge 12:30 -Mahjongg	<b>Notes:</b> ETF - Essential Total Fitness Hot Dog Grill - Call the Center by 10:30 a.m. Kayaking - Weather Permitting *Athletic footwear required for fitness classes				

# ~ November 2016 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga  5:30 - Welcome Back Pot Luck & Line Dancing	<b>2</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge	<b>3</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjonn 12:30 -Hand & Foot	<b>4</b> 8 -Happy Hour 9:30 -ETF	
<b>6</b>  Reminder: Check your smoke detectors  Jets vs Dolphins Trip	<b>7</b> 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Bridge 12:30 -Mahjonn  6:15 -P/U Softball	<b>8</b> <u>General Election</u> 7 a.m.—7 p.m.  Center Activities Cancelled  Leisure Lunchers FISH Friendly Faces Lunch & Tour	<b>9</b> 8 -Happy Hour 9:30 -ETF 11 -ETF 11:30-Hot Dog Grill 12:30 -Bridge 2:30 -Page Turners	<b>10</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjonn 12:30 -Hand & Foot 1 -AARP Safe Driving (Part 1-Rec Center)  4:30 -Sunset Social Veterans Salute Sanibel Causeway	<b>11</b> Veterans Day  Facility Closed	<b>12</b> Trash & Treasure Sale 9 am - 2 pm
<b>13</b>	<b>14</b> 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Bridge 12:30 -Mahjonn  6:15 -P/U Softball	<b>15</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga  Leisure Lunchers RS Walsh Garden Tour & Cip's Lunch	<b>16</b> 8 -Happy Hour 9:30 -ETF 11 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge  Board Meeting	<b>17</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjonn 12:30 -Hand & Foot 1 -AARP Safe Driving (Part 2-Rec Center)	<b>18</b> 8 -Happy Hour 9:30 -ETF 11 -ETF	<b>19</b> 2pm-Florida Rep ArtStage Theatre The Best of Enemies
<b>20</b>	<b>21</b> 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Bridge 12:30 -Mahjonn  6:15 -P/U Softball	<b>22</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga	<b>23</b> 8 -Happy Hour 9:30-ETF 11 -ETF 11:30-Hot Dog Grill 12:30-Bridge	<b>24</b> Thanksgiving Day  Facility Closed  	<b>25</b> Thanksgiving Holiday  Facility Closed	<b>26</b>
<b>27</b>	<b>28</b> 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Bridge 12:30 -Mahjonn  6:15 -P/U Softball	<b>29</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga	<b>30</b> 8 -Happy Hour 9:30-ETF 11 -ETF 11:30-Hot Dog Grill 12:30-Bridge	<b>Notes:</b> ETF - Essential Total Fitness Hot Dog Grill - Call the Center by 10:30 a.m. Kayaking - Weather Permitting P/U Softball held at the Sanibel Ball Fields *Athletic footwear required for fitness classes		

## ~ December 2016 ~

~ December 2016 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Notes:</b> ETF - Essential Total Fitness Hot Dog Grill - Call the Center by 10:30 a.m. Kayaking - Weather Permitting P/U Softball held at the Sanibel Ball Fields *Athletic footwear required for fitness classes				<b>1</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	<b>2</b> 8 -Happy Hour 9:30 -ETF 11 -ETF	<b>3</b> 2pm-Florida Rep Arcade Theatre <i>The Mousetrap</i>
<b>4</b>	<b>5</b> 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Bridge 12:30 -Mahjongg  6:15 -P/U Softball	<b>6</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga  Naples Botanical Gardens	<b>7</b> 8 -Happy Hour 9:30 -ETF 11 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge	<b>8</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	<b>9</b> 8 -Happy Hour 9:30 -ETF <b>11 -No ETF Class</b> <b>11:30 -Annual Members Meeting</b>	<b>10</b>
<b>11</b>	<b>12</b> 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Bridge 12:30 -Mahjongg  6:15 -P/U Softball	<b>13</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga	<b>14</b> 8 -Happy Hour 9:30 -ETF 11 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge 2:30 -Page Turners	<b>15</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	<b>16</b> 8 -Happy Hour 9:30 -ETF 11 -ETF	<b>17</b>
<b>18</b>	<b>19</b> 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Bridge 12:30 -Mahjongg  6:15 -P/U Softball	<b>20</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga	<b>21</b> 8 -Happy Hour 9:30 -ETF 11 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge	<b>22</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	<b>23</b> 8 -Happy Hour 9:30 -ETF 11 -ETF	<b>24</b>
<b>25</b> <b>Christmas Day</b>  <i>Merry Christmas!</i>	<b>26</b> <b>Christmas Holiday</b>  Facility Closed	<b>27</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga	<b>28</b> 8 -Happy Hour 9:30 -ETF 11 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge	<b>29</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	<b>30</b> 8 -Happy Hour 9:30 -ETF 11 -ETF	<b>31</b>