



"Let us be the best part of your day and first choice for Health, Fitness and Fun!"

THE CENTER 4 LIFE PROGRAM

September, October, November, December 2017

Physical Exercise ❖ Special Events ❖ Travel ❖ Health Programs ❖ Social Gatherings ❖ Seminars

The *Center 4 Life Program* is operated by the City of Sanibel Recreation Department.

Activities take place at the City Civic Center at the corner of Library Way and Palm Ridge Road.

Monday - Friday

8:00 a.m. to 3:30 p.m. (May - October)

8:00 a.m. to 4:30 p.m. (November - April)

Trish Phillips, Seniors Program Manager (239) 472-5743

Email: Trish.Phillips@mysanibel.com

ISLAND SENIORS, INC. serves as a support organization and advisory board to the City of Sanibel Center 4 Life Program. It was established as a separate not for profit entity. Island Seniors Inc. raises funds to provide staff and help defray the cost of program activities. The Board established a membership fee of \$20 for the calendar year. Members enjoy reduced participation fees. The Board of Directors meet monthly.

Tom Ledgerwood, President

Carl "Bud" Reinhold, Treasurer

Katie Reid

Lynn Quigley, Vice President

Anita Force Marshall

Shirley Schulz

Sally Ennis, Secretary

Ann Moeder

Judie Sharbaugh

ISLAND SENIORS, INC. MEMBERSHIP APPLICATION

1st Member

First Name _____ Last Name _____

Birth Month _____ Day _____

Phone # _____ Cell # _____

2nd Member

First Name _____ Last Name _____

Birth Month _____ Day _____

Phone # _____ Cell # _____

Local Address: _____ From _____ To _____

City _____ State _____ Zip _____

Summer Address: _____ From _____ To _____

City _____ State _____ Zip _____

E-Mail _____

Emergency Contact _____

Emergency Phone _____

Local Physician _____ Phone _____

Make check payable to:
(\$20 Per Member)

Island Seniors, Inc.
Center 4 Life
2401 Library Way
Sanibel, FL 33957

For Additional Information:
(239) 472-5743 (Phone #)

From Island Seniors, Inc. President

Wow! Where has the summer gone? It is about that time of year again where we begin to think of the “Season on Sanibel” and getting back together with all our friends and neighbors.

We have been busy all summer long at the Center4Life. Attendance to activities and fitness classes has been steady. Plans for additional fun programs are listed inside the newsletter. Yes, we are still here at the same location, and will be providing a full range of activities as last year. Also, we welcome your thoughts and suggestions to help us better meet your needs.

The Center4Life is a “fun place” where you come meet your friends and make some new. We look forward to seeing you all.

Tom Ledgerwood
President
Island Seniors



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Get your next newsletter faster and in color! You can have it with the calendar on your desktop, iPad or tablet!

The easiest way is to send Trish an email at - Trish.Phillips@mysanibel.com. You can type “NEWSLETTER“ in the subject area. As soon as a next newsletter is available, she will send you an email with a direct link to the newsletter on the City of Sanibel website. You can print out the calendars or birthdays or simply view them online.

See page 8 for steps to view this newsletter online today.

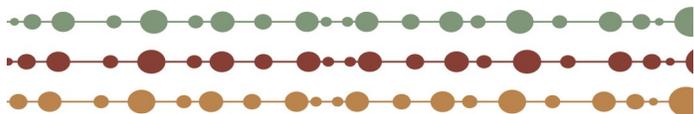
Save
the Date ...

**Sanibel's
got Talent**
hosted by
Island Seniors

Thursday, February 22, 2018



Island Seniors is looking forward to another season. Know someone that wants to be in the spotlight, or maybe even yourself?! We are currently looking for some local talent to participate in this event. Please be sure to sign up and be a part of this fun activity. Performance will take place after our pot luck dinner. Sign up sheets will be available at the front desk or contact the Center for more information.



Sanibel Health Fair

Returning in February

Details to follow!




Mark your calendar!
Arts and Crafts Fair
 Saturday,
February 3, 2018
 9 a.m. to 2 p.m.

Back-by-popular-demand the annual Arts & Crafts Fair at the Center 4 Life. You'll see a variety of handcrafted items, including paintings, photography, fabric art, shell designs, tropical plant arrangements and much more. Plan to be there and support our local artists!



**Eighth Annual
 Justine Smith
 Charity Bridge
 Tournament**

Friday, February 9, 2018
 1 - 5 p.m.

Proceeds benefit
 P.A.W.S.

For more details
 contact the
 Center.



Island Seniors, Inc. Annual Meeting

Friday, December 8th at 11:30 a.m.

Our annual meeting and luncheon will be held on Friday, December 8th at 11:30 a.m. All Island Seniors members are invited and encouraged to attend this informative event. At the meeting, you will learn about the Center's many activities throughout the year, our financial standing and our representatives will provide an update regarding the Center 4 Life building. Lunch is provided at this event so please sign up in advance to let us know you are attending.

FOOD & FUN



**Sunset Social
on the Causeway
Thursday, November 9th
at 4:30 p.m.
A special Veterans tribute
scheduled at sunset.**

Contact the Center to sign up and for details on selected location.

Sponsored by



**Bring a side dish to share.
Members are encouraged to dress
in Halloween attire.**

Halloween Pot Luck
Tuesday,
October 31st
5:30 - 8 p.m.
Please sign up in advance.

**Free for Members and
\$5 for Non-Members**

Hot Dog Grill Wednesday at our Center!

Island Seniors, Inc. volunteers will serve you a hotdog, chips and lemonade from 11:30 a.m.-12:00 p.m. The cost is \$2.00 for members and \$3.00 for non-members. Call ahead on Wednesday morning so we can plan enough food. If you don't want a hot dog, just bring your own lunch and join us.



Leisure Lunchers

Looking for a fun day for lunch and leisure? Be sure to join us for our leisure lunch trips! This is a great way to try new food and discover fun locations! Be sure to bring a friend or make new ones. **Advance sign up is required.** Mark your calendar and check the sign-up sheets located at the front desk for additional information regarding each activity. **TBD - To Be Determined.**



Thursday, September 21st
Groovin' - The 60's & 70's Musical - Broadway Palm
\$45 Member, \$55 Non-Member

If you loved *Yesterday's* and *Those Were The Days*, you will be ready to travel back in time again with this fun-filled revue! Victor Legarreta is at it again with another all-new musical comedy that will take you back in time to groove to the music of the 60s and boogie to the songs of the 70s! Songs include *Midnight Train To Georgia*, *Let's Get It On*, *Sweet Home Alabama*, *Saturday Night Fever*, *I Want You Back*, *Stayin' Alive* and so many more! Season Opener Special - price includes meal and the show! Carpool arrangements for transportation. Depart from Sanibel location: 10:30 a.m.

Monday, October 23rd

Babcock Ranch Swamp Buggy Tour & Lunch on own at Table & Tap
\$20 Member, \$30 Non-Member



Babcock Ranch Eco-Tour takes you on a 90 minute tour through Babcock Ranch. You will travel through the working cattle ranch and learn its history, wander through Florida's Eco systems, all the while getting up close and personal with the local wildlife. While traveling through the prairies and edges of the pine flatwoods you might see caracara, vultures, and beef cattle and, "Cracker Cattle" descendants of cattle brought here by the early Spanish Settlers. You will also see your share of Sandhill cranes, ospreys and even soft shell turtles. After the tour we will visit the new sustainable City of Babcock Ranch to eat lunch at their farm-to-table eatery, Table & Tap. Carpool arrangements for transportation. Depart from Sanibel location: 8:45 a.m.

Artis—Naples

The Baker Museum

Friday, November 17th
The Baker Museum - Naples
\$15 Member, \$20 Non-Member

The Baker Museum is the foremost fine arts museum in Southwest Florida. Emphasizing modern and contemporary art, the museum hosts several traveling exhibitions annually to complement installations of works from its permanent collections. Dedicated to stewardship and scholarship, The Baker Museum provides world-class exhibitions and educational opportunities for Southwest Florida's diverse community. Lunch (on own) at Patric's Restaurant. Carpool arrangements for transportation. Depart from Sanibel location: 8:45 a.m.

Tuesday, December 12th

Walking Guided Tour of ECHO and lunch at Farmers Market Restaurant
\$12 Member, \$17 Non-Member



ECHO's Global Farm Tour is a fascinating guided, walking tour of the most creative working farm you have ever experienced. Along the way you will find unique demonstrations, plants, and techniques useful to farmers and urban gardeners in developing countries. Experience the seven settings of the Global Farm which feature crops, techniques, and animals from around the world. Goats, chickens, ducks, fish and rabbits are all found on our farm; and ECHO is home to one of the largest collections of tropical food plants in the United States. You won't want to miss the demonstrations in our Urban Garden, a perennial favorite, which features some wacky, yet effective ways to grow crops where there is little or no soil. Lunch (on own) at Farmers Market Restaurant downtown Fort Myers. Carpool arrangements for transportation. Depart from Sanibel location: 8:30 a.m.



February - TBD
Rosy Tomorrows Heritage Farms Tour with Lunch

Rosy Tomorrow Heritage Farm Tour & Lunch. Join us for a repeat favorite. The casual farm tour is a short walking tour so everyone can see the free range animals and learn more about the organic and holistic methods used here at Rosy Tomorrows Farm with Rosy before the lunch. The Pre Fixe delicious lunch is all fresh from the farm and prepared by the head chef and staff. You will also have the opportunity to purchase goodies from the farm of organically grown produce, organically-raised and pastured meats and prepared foods.

Discover Florida Trips



Discovery trips are a great way to get out and explore activities here in Florida with your friends. Advance registration is required and payment reserves your seat. Contact the Center 4 Life if you have any questions or need additional information on any of the activities listed below.

Monday, September 25^h

Sarasota Ringling Art Museum & St Armand's Circle

\$39 Member, \$49 Non-Member

Includes: R/T transportation, admission to the Ringling Art Museum (Please note that this tour includes the Art Museum Only), shopping and lunch time (on own) at St Armand's Circle, bakery stop at Der Dutchman.

Depart from Fort Myers location: 8:30 a.m.



Wednesday, October 18th

Miami's Spanish Roots and Little Havana Guided Tour & Lunch at Versailles

\$89 Member, \$99 Non-Member

Includes: R/R transportation, lunch at the famous Versailles Restaurant in Little Havana, riding and walking tour with our private Miami guide learning about Spanish Culture in Miami including the Freedom tower, the Miami Circle, "Domino" Park, & more! Depart from Fort Myers location: 7 a.m.

Sunday, December 3rd

Denver Broncos at the Miami Dolphins

\$149 Member, \$159 Non-Member

Includes: R/T transportation, reserved upper level end zone seat, pre-game lunch & beverage. The "Hard Rock" stadium recently went through a \$500 million renovation including sunshade that covers many of the seats. **Note:** This is a "FUN" trip. Excessive drinking and use of profanity will not be tolerated. Limited seats available. Depart from Fort Myers location: 7:30 a.m.



Tuesday, December 19th

Christmas Rail-Boat

\$100 Member, \$110 Non-Member

Set sail for a holiday light extravaganza! Join us on the Seminole Gulf Railway for soup and salad going north to Punta Gorda for a boat tour to view holiday lights through Punta Gorda Isles. Then enjoy your entree and dessert on the journey back to Fort Myers. Train departs promptly at 3:30 p.m. Ticket does not include gratuities, soft drinks or alcohol.



January - TBD

The Museum of Fine Arts & Walking Mural Tour in the Central Arts District - St. Petersburg

The MFA is ready to inspire you with a collection covering 5000 years, fascinating traveling exhibitions, and exciting events in the heart of *St. Petersburg*. Lunch (on own) in the museum café. The St. Pete Walking tour takes you on a four block tour with over 30 murals painted on the outside of all different sized buildings. You will hear the inside stories of the murals makings that were commissioned to benefit the local St. Pete Community. Advanced registration is required. Limited to 30 participants, first come, first serve. Depart from Sanibel location



January - TBD

Ah-Tah-Thi-Ki Seminole Indian Museum & Billy's Swamp Safari -

More information will be provided once details are finalized.





Multi-Day Tours

December 5th - 7th, 2017 Christmas-time Lights of St. Augustine

One Time Only Tour!
Includes: R/T transportation,
2 night accommodations at the Hilton Doubletree
St. Augustine Historic District, 2 dinners including
1 night at Columbia, famous Christmas Lights tram
tour, Stetson Mansion Christmas tour, 1 hour private
tram tour with hop-on/hop-off all day privileges,
more! Space is limited, payment secures your
reservation. Bus departs from Ft. Myers location at
7:30 a.m.

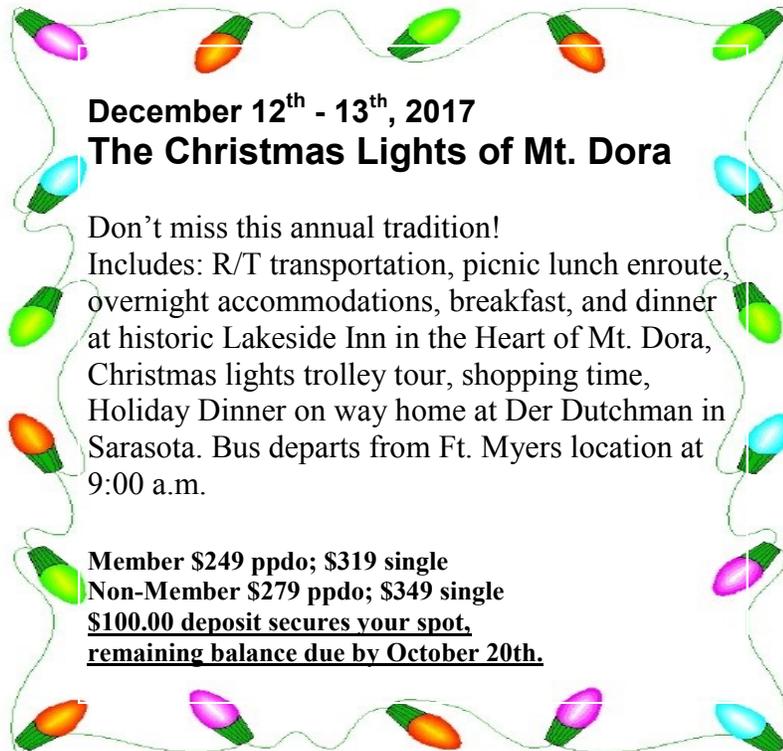
Member \$574 ppdo; \$ 774 single
Non-Member \$609 ppdo; \$ 809 single
\$200.00 deposit secures your spot,
remaining balance due by October 14th.



December 12th - 13th, 2017 The Christmas Lights of Mt. Dora

Don't miss this annual tradition!
Includes: R/T transportation, picnic lunch enroute,
overnight accommodations, breakfast, and dinner
at historic Lakeside Inn in the Heart of Mt. Dora,
Christmas lights trolley tour, shopping time,
Holiday Dinner on way home at Der Dutchman in
Sarasota. Bus departs from Ft. Myers location at
9:00 a.m.

Member \$249 ppdo; \$319 single
Non-Member \$279 ppdo; \$349 single
\$100.00 deposit secures your spot,
remaining balance due by October 20th.



January 16th - 19th, 2018 3 Day Tour of "The Keys"

Includes: R/T transportation, 2 nights at the Waterfront
Holiday Inn Express & Suites in Marathon, 4 meals (2
breakfasts, 1 waterfront dinner at the Tarpon Creek
Grill, 1 lunch), Schnebly Winery Tour & Tasting, ALL
Day Key West w/private tram tour and all-day hop-on/
hop-off privileges, Dolphin Research Center, more!
Bus departs from Ft. Myers location at 7:00 a.m.



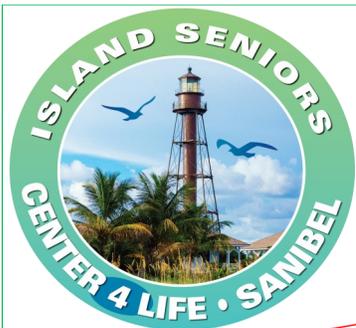
Members \$574
ppdo; \$724 single
Non-Members \$599 ppdo; \$749 single
\$200.00 deposit secures your spot.
Final balance due by December 1st.

April 22nd - 28th, 2018 Smoky Mountain Springtime w/ The Biltmore

One-of-a-Kind Tour!
Includes: R/T transportation from S.W. Florida, 6
nights' accommodations, 12 meals (6 breakfasts,
2 lunches, 4 dinners), at The Biltmore: Biltmore
Blooms—The Festival of Flowers, guided house
tour, winery tour & tasting, lunch at the Biltmore.
Guided Smoky Mountain tour with stops, much
more! Bus departs from Ft. Myers location.

Member \$1199ppdo; \$1649 single
Non-Member \$1259; ppdo; \$1709 single
\$200.00 deposit secures your spot,
remaining balance due by February 23th.





Trash & Treasure Sale

Hosted by Island Seniors, Inc.

at the Center 4 Life.

Find us at the corner of
Palm Ridge & Library Way



Accepting
Donations!

Island Seniors are currently looking for donations of your clean “gently used” items. The sale is a huge event for the Island Seniors/Center 4 Life and all the proceeds help support their programs like kayaking, fitness, technology, games, pot lucks, arts and so much more.



Drop off is available Monday through Friday between
8:00 a.m.- 3:30 p.m.



- ◆ Household items
- ◆ Kitchen Gadgets
- ◆ Furniture
- ◆ Linens
- ◆ Sporting Goods
- ◆ Hardware/Tools
- ◆ Jewelry
- ◆ Purses
- ◆ Art Work
- ◆ Collectibles
- ◆ Glassware
- ◆ Toys



Donations are Tax Deductible

We kindly ask that no books, clothes, shoes, bed pillows, mattresses, computers, or old TV's be dropped off.

Trash & Treasure Sale

Saturday, November 4, 2017

9:00 a.m. - 2:00 p.m.

View Your Newsletter and Community News Online at
WWW.MYSANIBEL.COM



1. Go to WWW.MYSANIBEL.COM to access the City of Sanibel website.
2. Click on DEPARTMENTS near the top.



3. Scroll down the blue list of departments along the left side to find Recreation.
4. Click on Recreation to select it.
5. Scroll down the blue list of Recreation topics and select Center 4 Life Program.
6. Select the current issue to open a copy of the newsletter.



7. Optional: If you wish, you can select FILE, then SAVE AS and save a copy on your DESKTOP where it will be available all the time.



AARP Driver Safety Course

Thursdays, November 9th & 16th
1:00 p.m. - 4:00 p.m.

DRIVER SAFETY

AARP Real Possibilities

The Island Seniors, Inc. is sponsoring the **AARP Driver Safety course**. This is a fast-paced interactive 6 hour class for drivers 50 and older to learn proven safety strategies, rules of the road, how to deal with aggressive drivers, and lots more to help you maintain joy and confidence in your driving. In addition to making our roads a safer place you will be eligible for a discount on your auto insurance.

Classes will be held at the *Center 4 Life*, 2401 Library Way, Sanibel Island.

Course fee \$20 and AARP members receive a \$5 discount. Register by contacting **Ed Vander Hey** at **(239) 292-4012** and leave a message. You need not be a member of the Island Seniors to attend but you **must attend both classes in order to receive course certificate**.



NEW

Coffee & Conversation

We are offering a new activity this season! Tom Ledgerwood will be leading two sessions from *The Great Courses* lecture series. We will offer a short social time, and then there will be a video/audio presentation from the selected topic. The presentation will be an hour in length with discussion to follow. We encourage opportunities to continue lifelong learning. Here are the scheduled sessions:

Tuesday, November 14, 2017

“Thinking about Cybersecurity: From Cyber Crime to Cyber Warfare”
1 to 3 p.m.

“You get an intriguing look at the structure of the internet. The dangers it breeds, and the ways we are learning to cope with it. This informative lecture will cover theoretical views of cyberspace, how information spreads around the world, how viruses attack computer systems, and how special tools and programs block those attacks.” - Video

Tuesday, December 5, 2017

“China, India and the United States: The Future of Economic Supremacy”
1 to 3 p.m.

“You are living at a critical moment of change for the world economy. A moment that will be defined by the economic trajectories of three key players. A moment whose outcome will have a deep and lasting impact on the way you live. Recent years have seen a dramatic, unprecedented transformation in the landscape of the global economy.” - Audio

We are looking forward to offering these lectures and invite you, your spouse, and friends to come and join in the discussion. Please let us know you are attending by either calling or stopping by the Center 4 Life. There is no fee for these lectures.

ART ~ BOOKS ~ GAMES

COLLAGE

With Bea Papas
Fridays

12:30 - 3:30 p.m.

September	October
1, 8, 15, 22 & 29	6, 13, 20 & 27

Bea will be teaching an easy approach to collage, both figurative and abstract. Collage can be worked from torn magazines, found papers like book pages or handmade papers. **Collage artists:** Bring pint of fluid matte premium, scissors, papers, magazines and substrates. (Substrates can be watercolor paper, canvas, canvas board or mat board.)

\$15 Member per session
\$20 Non-Member per session

The San Cap Art League

will be painting at the
Center 4 Life gardens
Thursday, December 7
9 a.m. - 12 p.m.

They welcome you to their "Plein Air" Painters Group. Come paint (bring your own supplies) with us and stay for your brown bag lunch. We share our painting efforts and enjoy an informal and friendly critique. Visitors are welcome. Come join us and happy painting.

BRIDGE

Arrive by 12 p.m.
Games begin at 12:30 p.m.
Monday & Wednesday

MAHJONGG

12:30 p.m.
Monday & Thursday

RUMMIKUB

1:00 p.m. Tuesday

HAND & FOOT
12:30 p.m. Thursday

HEARTS

12:30 p.m. Friday

\$2.50 Member
\$5.00 Non-Member
Prizes awarded

PAGE TURNERS

Louise Fitzgerald & Ann Hartman, Volunteer Coordinators, and the group have enjoyed great year round attendance. For any questions, please contact Ann at email oceann@comcast.net or contact the Center 4 Life.



The Book Thief by Markus Zusak - Wednesday, September 13

The Australian writer Markus Zusak's brilliant and hugely ambitious new young-adult novel is startling in many ways, but the first thing many teenagers will notice is its length: 552 pages! It's one thing to write a long book about, say, a boy who happens across a dragon's egg; it's quite another to write a long, achingly sad, intricately structured book about Nazi Germany narrated by Death itself. *-NY times*

We encourage you to bring your lunch and view the movie at 12:30 pm. Then at 2:30 p.m. we will discuss the film and book and compare the two. Our last selection for the summer.



The Immortal Life of Henrietta Lacks by Rebecca Skloot - Wednesday, October 11, 2:30 p.m.

A journalist named Rebecca Skloot recounts learning about an African American woman named Henrietta Lacks, who died in 1951 of cervical cancer, but whose cancerous cells became the first immortal human cell line, called HeLa. Rebecca explains that HeLa made possible some of the most important discoveries of the 21st century, but that we know little about the woman behind them. Rebecca then introduces Deborah Lacks, Henrietta's daughter, and a key figure in Rebecca's quest.

Being Mortal : Medicine and What Matters in the End by Atul Gawande - Wednesday, November 8, 2:30 p.m.

It began with a tingle in the surgeon's fingers and a pain in his neck. A couple of years later, he learned he had a tumor inside his spinal cord. That was when the difficult choices began. Should he have it removed right away in a risky operation, as his doctor recommended? Or should he take time to consider this question: At what point would the expanding tumor cause debility bad enough to justify the risk of greater debility or even death in trying to fight it?

The Gentleman from Moscow by Amor Towles - Wednesday, December 13, 2:30 p.m.

He can't leave his hotel. You won't want to.

From the *New York Times* bestselling author of *Rules of Civility* - a transporting novel about a man who is ordered to spend the rest of his life inside a luxury hotel. Brimming with humor, a glittering cast of characters, and one beautifully rendered scene after another, this singular novel casts a spell as it relates the count's endeavor to gain a deeper understanding of what it means to be a man of purpose.

Fit 4 Life Fitness

Island Seniors, Inc. members can purchase coupon books to attend these classes at the Center 4 Life, 2401 Library Way. Books of 12 coupons are \$48 or 3 coupons for \$12.00. Paid members of the Sanibel Recreation Center need to just show their membership card to attend classes. Guest fee is \$7.00 per class.

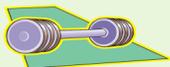
*Athletic footwear is required for fitness classes.

**Fragrance free men and women.

Happy Hour Fitness

Monday, Wednesday & Friday at 8:00 a.m.

Class begins with a joke from one of the members to put you in the right frame of mind and ends with a positive thought for the day. The format is 45 minutes of cardio, 20 minutes of balance exercises, core strength and flexibility exercises. Instructor: Connie DeCicco



Essential Total Fitness (ETF)

Monday, Wednesday & Friday at 9:30 a.m.

& 11 a.m. beginning November 6th

This class includes cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Instructor: Mahnaz Bassiri.



Power Hour Fitness

Tuesday and Thursday at 8:00 a.m.

Hand weights, stretch cords and stability balls along with mats are used to strengthen your muscles, improve your core strength and balance. Instructor: Mahnaz Bassiri.



Gentle Yoga

Tuesday and Thursday at 9:30 a.m.

This class is designed to stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Class exercises with mats and meets the needs of varying experience levels. We suggest you bring a towel. Instructor: Kim Kouril.



Chair Yoga

Tuesday and Thursday at 11:00 a.m.

Similar to Gentle Yoga but all poses are done in a chair. Instructor: Kim Kouril

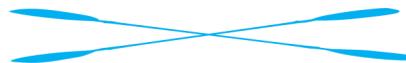


KAYAKING!



The Center supplies the kayaks, paddles and life jackets (which everyone must wear). It is useful to bring a towel (to roll and support your back), water, a snack, change of clothing (in case you get wet), sun lotion, bug spray, sunglasses and a hat. Island Seniors, Inc. members \$5 and \$10 for non-members per trip. Members have first priority. **PAYMENT MUST BE MADE WHEN YOU SIGN UP** to secure your spot. We provide a wait list in case there is a last minute cancellation.

NOTE: Personal kayak participants must register with Island Seniors 24 hours prior to the scheduled date, in order to join the group.



Upcoming Kayak Schedule

A perfect activity if you enjoy the great outdoors. There is space for 16 people on our eight two-person kayaks and limited space for those who own their own kayak.

September 12 & 26

October 10 & 24

November 7, 14, 21, & 28

December 5, 12, & 19



The two leaders for each outing determine the location. Leaders pay no fees and reserve the right to change the **8:30 a.m. meeting time**. Everyone, including those with personal kayaks, must meet at the Center unless prior arrangements have been approved.

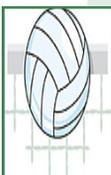
Kayaking program will continue to build on the same success as last season. January through March we will schedule exciting kayaking trips every Tuesday and Thursday morning.

Experienced trip leaders trained in CPR and first aid are looking forward to another great season. If you have any questions about the program please contact the Center.



Check out available Athletic Programs at the

Sanibel Recreation Center



Pick-up Volleyball Monday at 6:00 p.m.

Included with Sanibel Recreation Center membership; day pass required for non-members

Pick-up Volleyball provides an excellent cardio workout; improving stamina, reflexes and balance. All equipment is provided. Games are organized by participants. Closed-toe, non-marking athletic footwear is required. Participants must be at least 14 years old.



Pick-up Basketball Tuesday and Thursday at 6:00 p.m. and Sunday at 1:00 p.m.

Included with Sanibel Recreation Center membership; day pass required for non-members

Pick-up Basketball provides an excellent cardio workout; improving stamina, reflexes and balance. All equipment is provided. Games are organized by participants. Closed-toe, non-marking athletic footwear is required. Participants must be at least 14 years old.



Pick-up Pickleball Monday and Wednesday at 5:30 p.m. and Saturday at 1:00 p.m.

Included with Sanibel Recreation Center membership; day pass required for non-members

Pick-up Pickleball provides an excellent cardio workout; improving stamina, reflexes and balance. All equipment is provided. Games are organized by participants. Closed-toe, non-marking athletic footwear is required. Participants must be at least 14 years old.



Adult Co-Ed Pick-up Softball Monday at 6:30 p.m. beginning October 30th

Played at the Sanibel ball fields. Membership not required.

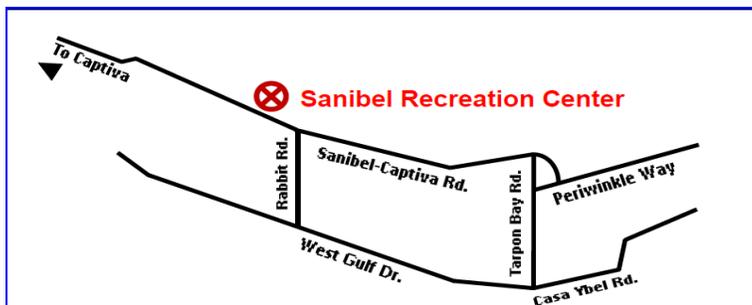
Join your friends and neighbors in the seasonal Sanibel Adult Co-ed Pick-up Softball! Participants must be at least 18 years old. Pick-up games are weather permitting. For more information contact the Recreation Center at (239) 472-0345.



Pick-up Soccer Sunday at 5:30 p.m. beginning October 15th

Played at the Sanibel ball fields. Membership not required.

Meet and play soccer with your Sanibel friends and neighbors! Pick-up soccer games will be held at the Sanibel Ball Fields weather permitting. There is no fee to participate. Just bring your shin guards! Players MUST wear closed toe shoes and NO metal cleats of any type may be worn. Games are organized by participants. Participants must be at least 14 years old.



3880 Sanibel-Captiva Road, Sanibel, FL 33957

Daily, Weekly, Semi-Annual and Annual Recreation Center passes are available. Please call the Sanibel Recreation Center at (239) 472-0345 for membership details.

Visit our website at www.mysanibel.com to view additional activities and programs.

Florida Repertory Theatre 2017-2018

All Matinees Begin At 2 p.m.

You must pay upon signing up. No additional tickets will be purchased *two weeks* before the show. We may meet after the play for dinner. Trish will pick up the tickets and distribute them a week in advance. If you are unable to pick up your ticket we can make arrangements to leave it at the "will call" window for you. (*All titles and dates subject to change.*)

HISTORIC ARCADE THEATRE

Sylvia

by A.R. Gurney

Saturday, October 28, 2017 Member \$35 / Non-Member \$40

BACK BY POPULAR DEMAND! Celebrate Florida Rep's 20th anniversary with a revival of our Biggest Hit! A howlingly funny comedy from the author of *The Cocktail Hour* and *Black Tie!*

The Last Night of Ballyhoo

by Alfred Uhry

Saturday, December 2, 2017 Member \$35 / Non-Member \$40

A Tony-Winning BEST PLAY from the Pulitzer Prize-winning author of *Driving Miss Daisy!* An achingly beautiful play! Luminous and powerful! - *Los Angeles Times*

How the Other Half Loves

by Alan Ayckbourn

Saturday, January 13, 2018 Member \$35 / Non-Member \$40

One secret affair, two disastrous dinner parties, and three couples heading for matrimonial mayhem! Marital discord has never been funnier in this farce from the Tony and Olivier Award-winning author of past Florida Rep hits, *Bedroom Farce* and *Relatively Speaking!*

The Miracle Worker

by William Gibson

Saturday, February 24, 2018 Member \$44 / Non-Member \$49

A timeless American classic and Tony award-winning BEST PLAY! Witness the captivating true story of how Annie Sullivan rescued a young Helen Keller from her dark and tortured silence.

Cabaret

by Joe Masteroff

Based on the play by John Van Druten and Stories by Christopher Isherwood

Music by John Kander • Lyrics by Fred Ebb

Saturday, March 24, 2018 Member \$35 / Non-Member \$40

Cabaret celebrated its 50th Anniversary last year with a third Broadway revival and subsequent national tour and has won Tony Awards for Best Musical, Best Revival, Best Score. The 1971 film adaptation starring Liza Minnelli and Joel Grey won a record 8 Academy Awards and was nominated for Best Picture.

MATURE AUDIENCES ONLY!

IN THE ArtStage STUDIO THEATRE

Outside Mullingar

by John Patrick Shanley

Saturday, October 7, 2017 Member \$48 / Non-Member \$53

A Delightful and Heart-Warming Romantic Comedy! From Pulitzer Prize and Tony-winning author of *Doubt* and *Moonstruck!* "Mr. Shanley's finest work since *Doubt!*" - *New York Times*

CONTAINS ADULT MATERIAL & LANGUAGE

***Disgraced* - Date Change**

By Ayad Akhtar

Saturday, November 11, 2017 Member \$48 / Non-Member \$53

A Gripping and Electrifying Pulitzer Prize-Winning Drama! One of the most-produced plays of 2016! If you enjoyed *Best of Enemies*, don't miss this engaging and provocative story that explores religion, race, relationships and betrayal.

CONTAINS ADULT MATERIAL & LANGUAGE

Night & Day: A Cole Porter Revue

Conceived, Written and Directed By Robert Cacioppo

* Music and Lyrics of Cole Porter

Saturday, January 6, 2018 Member \$48 / Non-Member \$53

Anything Goes in the glamorous and thrilling journey into the music of one of America's most beloved songwriters! From the creative team that brought you *Fascinatin' Gershwin* and *Too Marvelous for Words!*

***George Washington's Teeth* - Date Change**

by Mark St. Germain

TBD

Member \$48 / Non-Member \$53

A World Premiere! A hilarious comedy that follows the exploits of the women of the beleaguered New Bunion Historical Society as they battle the male city council to keep the doors open. With time running out to renew their lease, the ladies must find creative ways to snare new members and lure visitors to their sleepy, New England town. When a set of George Washington's dentures turns up in the hands of an unexpected rival, the ladies of the Society brace themselves for all-out war. Heartfelt and historic, this new farce proves that our differences don't divide us, they make us strong.

From the Author of *Best of Enemies* and *Camping with Henry and Tom.*

BARBARA B. MANN PERFORMING ARTS HALL 2017 - 18

Please remember, if you signed up, you are responsible for paying for that ticket. An invoice for these tickets have been mailed out to you and payment is due by September 15th. If you need to sell your ticket we will provide a waiting list of members to call. This works well as many members join the Center 4 Life after Island Seniors, Inc. has paid for the tickets. (*All titles and dates subject to change.)

Love Never Dies

Saturday, December 9, 2017 - 2 P.M.

\$84 Member / \$94 Non-Member - Orchestra/Mezzanine Level



The ultimate love story continues in **Love Never Dies**, Andrew Lloyd Webber's spellbinding sequel to *The Phantom of the Opera*.

Love Never Dies is a dazzling new production, which takes audiences on a thrilling rollercoaster ride of intrigue, obsession and romance. Be seduced by the beautiful; sometimes magical and poetic; sometimes joyful; and occasionally melancholic score. Don't miss this magnificent continuation of one of the world's greatest love stories as it makes its premiere in Fort Myers.

Finding Neverland

Saturday, January 13, 2018 - 2 P.M.

\$83 Member / \$93 Non-Member - Orchestra/Mezzanine Level



The winner of Broadway.com's Audience Choice Award for Best Musical, this breathtaking smash "captures the kid-at-heart," says TIME Magazine. Vogue cheers, "It's a must-see you'll remember for years to come!" Directed by visionary Tony®-winner Diane Paulus and based on the critically-acclaimed Academy Award® winning film, FINDING NEVERLAND tells the incredible story behind one of the world's most beloved characters: Peter Pan. Playwright J.M. Barrie struggles to find inspiration until he meets four young brothers and their beautiful widowed mother. Spellbound by the boys' enchanting make-believe adventures, he sets out to write a play that will astound London theatergoers. With a little bit of pixie dust and a lot of faith, Barrie takes this monumental leap, leaving his old world behind for Neverland, where nothing is impossible and the wonder of childhood lasts forever. The magic of Barrie's classic tale springs spectacularly to life in this heartwarming theatrical event. FINDING NEVERLAND is "far and away the best musical of the year!" (NPR).

An American in Paris

Saturday, January 27, 2018 - 2 P.M.

\$84 Member / \$94 Non-Member - Orchestra/Mezzanine Level



AN AMERICAN IN PARIS is the new Tony Award®-winning musical about an American soldier, a mysterious French girl, and an indomitable European city, each yearning for a new beginning in the aftermath of war. Acclaimed director/choreographer and 2015 Tony Award®-winner Christopher Wheeldon brings the magic and romance of Paris into perfect harmony with unforgettable songs from George and Ira Gershwin in the show that earned more awards than any other musical in the 2015 season!

Motown The Musical

Saturday, March 17, 2018 - 2 P.M.

\$81 Member / \$91 Non-Member - Orchestra/Mezzanine Level



"MORE THAN A BROADWAY SHOW. A CELEBRATION OF MUSIC THAT TRANSFORMED AMERICA!" – CBS Sunday Morning

It began as one man's story... became everyone's music... and is now Broadway's musical. **MOTOWN THE MUSICAL** is the true American dream story of Motown founder Berry Gordy's journey from featherweight boxer to the heavyweight music mogul who launched the careers of Diana Ross, Michael Jackson, Smokey Robinson and many more. Motown shattered barriers, shaped our lives and made us all move to the same beat. Featuring classic songs such as "My Girl" and "Ain't No Mountain High Enough," experience the story behind the music in the record-breaking smash hit **MOTOWN THE MUSICAL!**

The Bodyguard

Saturday, March 31, 2018 - 2 P.M.

\$79 Member / \$89 Non-Member - Orchestra/Mezzanine Level



Based on the smash hit film, the award-winning musical will star Grammy® Award-nominee and R&B superstar DEBORAH COX!

Former Secret Service agent turned bodyguard, Frank Farmer, is hired to protect superstar Rachel Marron from an unknown stalker. Each expects to be in charge; what they don't expect is to fall in love. A breathtakingly romantic thriller, THE BODYGUARD features a host of irresistible classics including *Queen of the Night*, *So Emotional*, *One Moment in Time*, *Saving All My Love*, *Run to You*, *I Have Nothing*, *I Wanna Dance with Somebody* and one of the biggest selling songs of all time – *I Will Always Love You*.

*CHANGE

Beautiful -

The Carole King Musical

Saturday, April 7, 2018 - 2 P.M.

Thursday, April 5, 2018 - 7:30 P.M.

\$69 Member / \$79 Non-Member - Orchestra/Mezzanine Level



BEAUTIFUL – The Carole King Musical tells the Tony® and Grammy® Award-winning inspiring true story of King's remarkable rise to stardom, from being part of a hit songwriting team with her husband Gerry Goffin, to her relationship with fellow writers and best friends Cynthia Weil and Barry Mann, to becoming one of the most successful solo acts in popular music history. Along the way, she made more than beautiful music, she wrote the soundtrack to a generation.

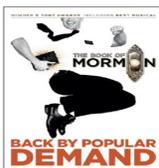
ARTIS - NAPLES 2017-18

Sign up for group tickets is now over. As with all tickets, if you signed up, you are responsible for paying for that ticket. An invoice for these tickets will be mailed out to you with payment due by September 15th. Bus transportation will be limited to each performance. If you need to sell your ticket later, we will provide a waiting list of members for you to call. This works well as many people join the Center 4 Life after Island Seniors, Inc. have purchased the tickets. (All tickets and dates subject to change.)

The Book of Mormon

Saturday, December 23, 2017 - 2 p.m.

\$135 Member / \$145 Non-Member - Premium
\$99 Member / \$109 Non-Member - Section A



The New York Times calls it “the best musical of the century.” *The Washington Post* says, “It is the kind of evening that restores your faith in musicals.” And *Entertainment Weekly* says, “Grade A: the funniest musical of all time.” Jimmy Fallon of *The Tonight Show* calls it “Genius. Brilliant. Phenomenal.” It’s *The Book of Mormon*, the nine-time Tony-winning Best Musical. This outrageous musical comedy follows the misadventures of a mismatched pair of missionaries, sent halfway across the world to spread the Good Word. Now with standing room only productions in London, on Broadway and across North America, *The Book of Mormon* has truly become an international sensation. **Contains explicit language.**

The King and I

Saturday, February 10, 2018 - 2 p.m.

\$95 Member / \$105 Non-Member - Premium
\$85 Member / \$95 Non-Member - Section A



Two worlds collide in the Lincoln Center Theater production of this “breathtaking and exquisite” (*The New York Times*) musical, directed by Bartlett Sher. One of Rodgers & Hammerstein’s finest works, *The King and I* boasts a score that features such beloved classics as *Getting To Know You*, *I Whistle a Happy Tune*, *Hello Young Lovers*, *Shall We Dance* and *Something Wonderful*. Set in 1860s Bangkok, the musical tells the story of the unconventional and tempestuous relationship that develops between the King of Siam and Anna Leonowens, a British schoolteacher whom the modernist King, in an imperialistic world, brings to Siam to teach his many wives and children. Winner of the 2015 Tony Award for Best Musical Revival, *The King and I* is “too beautiful to miss” (*New York Magazine*).

An American in Paris

Saturday, January 20, 2018 - 2 p.m.

\$125 Member / \$135 Non-Member - Premium
\$95 Member / \$105 Non-Member - Section A



Making its Southwest Florida debut, *An American in Paris* is the new Tony-winning musical about an American soldier, a mysterious French girl and an indomitable European city, each yearning for a new beginning in the aftermath of war. Acclaimed director/choreographer and 2015 Tony-winner Christopher Wheeldon brings the magic and romance of Paris into the perfect harmony with unforgettable songs from George and Ira Gershwin in the show that earned more awards than any other musical in the 2014-2015 season! *The New York Times* raves, “*An American in Paris* is a triumph! Pure joy!” and *The Wall Street Journal* declares, “Once you’ve seen it, you’ll find it hard to settle for less ever again.” Don’t miss this stunning Broadway hit when it arrives in Naples on its first national tour!

Jersey Boys

Saturday, April 7, 2018 - 2 p.m.

\$125 Member / \$135 Non-Member - Premium
\$95 Member / \$105 Non-Member - Section A



Jersey Boys, the Tony-, Grammy- and Olivier Award-winning Best Musical about Rock and Roll Hall of Famers the Four Seasons — Frankie Valli, Bob Gaudio, Tommy DeVito and Nick Massi - returns to Naples by popular demand. This is the true story of how four blue-collar kids became one of the greatest successes in pop music history. They wrote their own songs, invented their own sounds and sold 175 million records worldwide — all before they were 30! *Jersey Boys* features their hit songs *Sherry*, *Big Girls Don’t Cry*, *Rag Doll*, *Oh What a Night* and *Can’t Take My Eyes Off You*. “The crowd goes wild!” proclaims *The New York Times*. *Jersey Boys* contains authentic, “profane Jersey language” and is recommended for ages 12+.



Lions Eyeglass Recycle for Sight Program

Donate glasses and change someone’s life. Imagine if you could help a child read. An adult succeed in his job. A senior maintain their independence. And provide a community with more opportunities to grow and thrive. Also accepting recycled hearing aids.
Center 4 Life is a drop off location.





SEPTEMBER

Kathy Hudrum	18
Annette Cantalupo	2
Chuck Ramseth	2
Sally Reed	2
Shirley Rigsby	2
Minnie Sanders	2
Karen Sloan	2
Susan Sweester	2
Nancy Daversa	3
Donna Kjonaas	3
Bob Davis	4
Sally DiVenere	4
Barbara Ellis	4
Dolores Mischell	4
Mike DeTomasso	4
Donna Bishop	5
Susan Nichols	5
Barbara Olson	5
Karen Searles	5
Maureen Ginipro	6
Rita Skoczen	6
Betty Cater	7
Irene Gaina	7
Jerry Nichols	7
Sheila Hoen	8
Gary Scheiwe	8
Ernie Hoen	9
Helen Blinder	9
Mike Gieryc	9
Jack Guze	9
Ernie Hoen	9
Barbara Challoner	10
Margot Long	10
Linda Mondelli	10
Irene Nolan	10
Nancy Bueche	11
Susan McCully	11
Mona Cline	12
Margaret Currie	12
Georgia Wellman	13
Kate Dietrich	14
Jim Jordan	14
Carol Roberts	14
Henry Bird	15
Bev Biderman	16
Sue Danford	16
Bill Sartoris	16
Elizabeth Sheffield	16
Kay Brigham	17
Rebecca Kopp	17
Sally More	17
Enid Packard	17
Martha Wolf	17
Anne Burden	18
Edie DuGoff	18
Becky Batchellor	7
Mary Kamp	7
Shannon Foster	8
Jane Gieryc	8
David Zuhusky	8
Holly Nachbar	8
Judy Timbernad	8
John Reid	9
Dale Stahl	9
Sonya Stahl	9
Jo Ann McKelvey	10
Susan Riemer	12
Julia O'Neill	13
Joyce Perkins	13
Clara Terrance	14
Carol Bird	15
Debbie Jaeger	15
Peggy Lovett	15
Joan Nelson	15
Jim Scott	15
Richard Baron	16
Cathy Rundle	16
Maryann Flynn	17
Stan Katz	17
Berdenna Thompson	17
Sharon Miller	18
Darlene Rizzo	18
Irwin Stein	18
Sarah Thompson	20
John Decker	21
Annie Layman	22
Missy Scoville	22
Fred Powell	22
Janice McNeal	23
Karen Ryan	23
Vicky Lettmann	24
Janet Lucree	24
Allan Rae	24
Lorraine Rippe	24
Kathryn Shorter	24
Patti Daly	25
Waylon Snead	25
Onalee Anderson	26
Debra Dobbie	26
Shirley Schulz	26
Chris Boesen	27
Sherry Rupert	27
Paulette Lotstein	27
Bernd Karr	28
Gloria Krekel	28
Tom Schneider	28
Adele Anish	29
Susan Beittel	29
Lorraine Rippe	29
Elise Hall	31

OCTOBER

NOVEMBER

Marge Moretzsohn	31
Richard Welch	19
George Witte	11
Francine Dale	20
Evelyn Doyle	12
Albert Symes	21
Phillip Paporone	12
Jim Winn	21
Barbara Symes	12
John Brown	22
Signe Diem	13
Kathy Hopkins	22
Marilyn Sutton	13
Barbara Kusek	22
Debra Deniszczuk	14
Debra Tombrello	23
Sallie Rush	14
Carolyn Berger	24
Carol Hepper	15
Ray Dalbec	24
Lorraine Hicks	15
Dorothy Donaldson	24
Lois Lorsch	15
Lyn Kern	25
Frank Messenger	15
Shirley Schiffman	25
Patricia Nowotniak	15
Kathleen Tiesner	25
Tom Brown	16
Ayala Manolson	26
Patricia Young	16
Charlotte Schroder	26
Dominick Cinti	16
Wendy Taibbi	26
Nelia Sheridan	17
Mary Jane Bolow	27
Laura Hansen	20
Sally Duffy	27
Carl Smigiel	20
Pat McKenzie	27
John Dembeck	21
Beth Rees	27
June Patinkin	21
Madeline Baron	28
Rick Perry	21
Edward Gray	28
Abigail DeLoache	22
Joe Mason	29
Judy Wright	22
Michelle Matton	29
Joan Davey	23
Dorothy Sawyer	29
Peter Ettinger	23
Jane Hudson	30
Jean Eaton	24
Bill Pappas	30
Gail Leach	24
Annmarie Pittman	30
Richard Deming	25
Dick Russell	30
Allan Kennedy	25
Ellen Wersan	30
Russ Crawford	26
Gail Austin	11
Sally Lichtenstein	11
Joyce Craig	1
Willie Winkler	26
Richard Newmark	11
Carol Stoup	2
Donna Caruso	27
Martin Arnowitz	13
John Stephenson	3
Holly McEntyre	27
Barbara Bayley	13
Marilyn Lewis	4
Orlene Shimberg	27
Ilse de la Punte	13
Richard Ponte	4
Patty Sprankle	27
Cindy Jones	13
Diane Wien	4
James Harvey	28
Angela Gerken	14
Doris Dewitt	5
Karen Lavery	28
Di Saggau	14
Marianne Masterson	5
Bill Holleran	28
Judy Bemiller	15
Dick Rieselbach	5
John Clark	29
Beckie Graham	15
David Beal	6
Niels Pedersen	30
Moon Price	15
Helen Gaina	6
Annabelle Patton	31
William Vogler	15
Norma Walley	6
Lucille Dickinson	16
Maureen Hnatow	7
Arlen Westbrook	17
Nancy Seaward	8
Susan D Alturi	18
Bob Fawcett	9
Debbie Dixon	18
Gail Cousins	10
Sharon Gill	18
James Davis	10
Mary Hackett	18
Barbara Russell	10
Kay Sadigni	18
Martha Siders	10
Joe Babcock	19
Arlene Tompkins	10
Peg Boutwell	19
Rita Farmer	11
Robert Chaney	19
Peter Holden	11
Linda Huppert	19
Emily Muench	11

DECEMBER



~ September 2017 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Facility Hours: Monday-Friday 8 a.m.-3:30 p.m. Notes: ETF - Essential Total Fitness Hot Dog Grill - Call the Center by 10:30 a.m. Kayaking - Weather Permitting *Athletic footwear required for fitness classes				1 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Collage with Bea Pappas	2
	3	4 Labor Day Facility Closed 	5 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub	6 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge	7 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	8 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Collage with Bea Pappas Leisure Lunchers The Sanctuary Golf Club
10	11 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	12 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub	13 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge Page Turners 12:30 - Movie 2:30 - Discussion	14 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	15 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Collage with Bea Pappas	16
17	18 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	19 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub	20 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge	21 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot Leisure Lunchers Broadway Palm	22 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Collage with Bea Pappas 	23
24	25 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	26 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub Ringling Art Musuem	27 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge	28 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	29 8 -Happy Hour 9:30 -ETF 12:20 -Hearts 12:30 -Collage with Bea Pappas	30

~ October 2017 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	3 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub	4 8 -Happy Hour 9:30-ETF 11:30-Hot Dog Grill 12:30-Bridge	5 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	6 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Collage with Bea Pappas	7 2pm-Florida Rep ArtStage Theatre Outside Mullingar
8	9 Columbus Day Facility Closed	10 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub	11 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge 2:30 -Page Turners	12 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	13 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Collage with Bea Pappas	14
15	16 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	17 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub	18 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge Miami Spanish Roots & Little Havana Trip	19 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	20 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Collage with Bea Pappas	21
22 Baileyfest 12 - 4 p.m.	23 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg Leisure Lunchers Babcock Ranch Tour	24 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub	25 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge Board Meeting	26 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	27 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Collage with Bea Pappas	28 2pm-Florida Rep Arcade Theatre <i>Sylvia</i>
29	30 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg 6:15 -P/U Softball	31 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub 5:30 -Halloween Pot Luck	Facility Hours: Monday-Friday 8:00 a.m.–3:30 p.m. Notes: ETF - Essential Total Fitness Hot Dog Grill - Call the Center by 10:30 a.m. Kayaking - Weather Permitting *Athletic footwear required for fitness classes			

~ November 2017 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Facility Hours: Monday-Friday 8 a.m.-4:30 p.m. Notes: ETF - Essential Total Fitness Hot Dog Grill - Call the Center by 10:30 a.m. Kayaking - Weather Permitting P/U Softball held at the Sanibel Ball Fields *Athletic footwear required for fitness classes			1 8 -Happy Hour 9:30 -ETF 11:30-Hot Dog Grill 12:30 -Bridge	2 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	3 8 -Happy Hour 9:30 -ETF 11 -Set up for Trash & Treasure Sale	4 Trash & Treasure Sale 9 am - 2 pm
5  Move your clocks back. Reminder: Check your smoke detectors	6 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Bridge 12:30 -Mahjongg 6:15 -P/U Softball	7 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub	8 8 -Happy Hour 9:30 -ETF 11 -ETF 11:30-Hot Dog Grill 12:30 -Bridge 2:30 -Page Turners	9 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot 1 -AARP Safe Driving (Part 1) 4:30 -Sunset Social	10 In Observance of Veterans Day Facility Closed	11 Veterans Day 2pm-Florida Rep ArtStage Theatre <i>Disgraced</i>
12	13 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Bridge 12:30 -Mahjongg 6:15 -P/U Softball	14 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub 1 -Coffee & Conversation Series	15 8 -Happy Hour 9:30 -ETF 11 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge Board Meeting	16 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot 1 -AARP Safe Driving (Part 2)	17 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Hearts Leisure Lunchers Baker's Museum	18
19	20 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Bridge 12:30 -Mahjongg 6:15 -P/U Softball	21 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub	22 8 -Happy Hour 9:30 -ETF 11 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge	23 Thanksgiving Day Facility Closed 	24 Thanksgiving Holiday Facility Closed	25
26	27 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Bridge 12:30 -Mahjongg 6:15 -P/U Softball	28 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub	29 8 -Happy Hour 9:30 -ETF 11 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge	30 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot		

~ December 2017 ~

	~ December 2017 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					1 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Hearts	2 2pm-Florida Rep Arcade Theatre <i>The Last Night of Ballyhoo</i>	
3 Denver vs Miami Trip	4 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Bridge 12:30 -Mahjongg 6:15 -P/U Softball	5 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub 1 -Coffee & Conversation Series St. Augustine Trip	6 8 -Happy Hour 9:30 -ETF 11 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge	7 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot San Cap Art League	8 8 -Happy Hour 9:30 -ETF 11 -No ETF Class 11:30 -Annual Members Meeting	9 2pm- <u>B.B. Mann PAH</u> <i>Love Never Dies</i>	
10	11 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Bridge 12:30 -Mahjongg 6:15 -P/U Softball	12 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub Leisure Lunchers Echo Tour & Lunch Mt. Dora Trip	13 8 -Happy Hour 9:30 -ETF 11 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge 2:30 -Page Turners	14 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	15 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Hearts	16	
17	18 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Bridge 12:30 -Mahjongg 6:15 -P/U Softball	19 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub Rail-Boat Trip	20 8 -Happy Hour 9:30 -ETF 11 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge	21 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	22 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Hearts	23 2pm- <u>Artis-Naples</u> <i>The Book of Mormon</i>	
24	25 Christmas Day Facility Closed  <i>Merry Christmas!</i>	26 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub	27 8 -Happy Hour 9:30 -ETF 11 -ETF 11:30 -Hot Dog Grill 12:30 -Bridge	28 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	29 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Hearts	30	
31	Facility Hours: Monday-Friday 8 a.m.-4:30 p.m. Notes: ETF - Essential Total Fitness Hot Dog Grill - Call the Center by 10:30 a.m. Kayaking - Weather Permitting P/U Softball held at the Sanibel Ball Fields *Athletic footwear required for fitness classes						