



*"Let us be the best part of your day and first choice for Health, Fitness and Fun!"*

# THE CENTER 4 LIFE PROGRAM

## May, June, July, August 2018

Physical Exercise ❖ Special Events ❖ Travel ❖ Health Programs ❖ Social Gatherings ❖ Seminars

The *Center 4 Life Program* is operated by the City of Sanibel Recreation Department.

Activities take place at the City Civic Center at the corner of Library Way and Palm Ridge Road.

**Monday - Friday**

**8:00 a.m. to 3:30 p.m. (May - October)**

**8:00 a.m. to 4:30 p.m. (November - April)**

**Trish Phillips, *Seniors Program Manager* (239) 472-5743**

Email: [Trish.Phillips@mysanibel.com](mailto:Trish.Phillips@mysanibel.com)

ISLAND SENIORS, INC. serves as a support organization and advisory board to the City of Sanibel Center 4 Life Program. It was established as a separate not for profit entity. Island Seniors, Inc. raises funds to provide staff and help defray the cost of program activities. The Board established a membership fee of \$20 for the calendar year. Members enjoy reduced participation fees. The Board of Directors meet monthly.

Lynn Quigley, President

Carl "Bud" Reinhold, Treasurer

Ron Millard

Shirley Schulz, Vice President

Mary Ann Gilhooley

Ann Moeder

Katie Reid, Secretary

Anita Force Marshall

Judie Sharbaugh

## ISLAND SENIORS, INC. MEMBERSHIP APPLICATION

### 1st Member

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Birth Month \_\_\_\_\_ Day \_\_\_\_\_

Phone # \_\_\_\_\_ Cell # \_\_\_\_\_

### 2nd Member

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Birth Month \_\_\_\_\_ Day \_\_\_\_\_

Phone # \_\_\_\_\_ Cell # \_\_\_\_\_

Local Address: \_\_\_\_\_ From \_\_\_\_\_ To \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Summer Address: \_\_\_\_\_ From \_\_\_\_\_ To \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Emergency Phone \_\_\_\_\_

Local Physician \_\_\_\_\_ Phone \_\_\_\_\_

Make check payable to:  
(\$20 Per Member)

**Island Seniors, Inc.**  
Center 4 Life  
2401 Library Way  
Sanibel, FL 33957

For Additional Information:  
(239) 472-5743 (Phone)

Dear Island Seniors Members,

Hard to believe the season is almost over - where does the time go?

We hope all our members have been able to participate in as many activities as possible such as fitness classes, bridge, hearts, pot lucks, sunsets on the causeway and many more.

The Board would like to hear from our membership. Do you like the programs? Do you have suggestions if so, you can speak to Board members and/or staff. We also have a suggestion box on the kitchen countertop.

Thanks to everyone who has volunteered or attended our programs. Keep coming!

Also thanks to our bikers, walkers and drop offs for making our parking woes better.

Enjoy a safe & healthy summer. We look forward to seeing you at the center.

Sincerely,

Lynn Quigley, President



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Newsletter



**Get your next newsletter faster and in color!  
You can have it with the calendar on your  
desktop, iPad or tablet!**

The easiest way is to send Trish an email at [Trish.Phillips@mysanibel.com](mailto:Trish.Phillips@mysanibel.com). You can type "NEWSLETTER " in the subject area. As soon as a next newsletter is available, she will send you an email with a direct link to the newsletter on the City of Sanibel website. You can print out the calendars or birthdays or simply view them online. **See page 8 for steps to view this newsletter online today.**



# Upcoming Fall Event



# Trash & Treasure Sale

Hosted by Island Seniors, Inc.  
at the Center 4 Life.

Find us at the corner of  
Palm Ridge & Library Way



Island Seniors are currently looking for donations of your clean "gently used" items. The sale is a huge event for the Island Seniors/Center 4 Life and all the proceeds help support their programs such as; kayaking, fitness, technology, games, pot lucks, arts and so much more.

Drop off is available Monday through Friday  
between 8:00 a.m.- 3:30 p.m.



- ◆ Household items
- ◆ Kitchen Gadgets
- ◆ Furniture
- ◆ Linens



- ◆ Sporting Goods
- ◆ Hardware/Tools
- ◆ Jewelry
- ◆ Purses



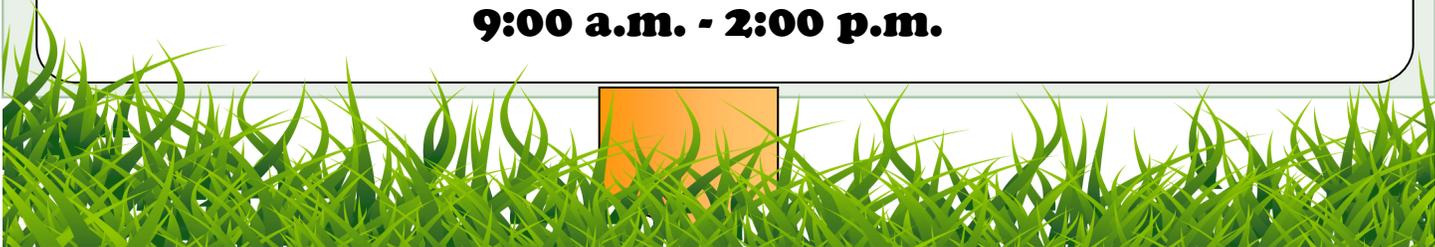
- ◆ Art Work
- ◆ Collectibles
- ◆ Glassware
- ◆ Toys



## Trash & Treasure Sale

Saturday, November 3, 2018

9:00 a.m. - 2:00 p.m.



We collect can tabs for the **Ronald McDonald House**. We have a cardboard collection house located in our kitchen.



## Lions Eyeglass Recycle for Sight Program

Donate glasses and change someone's life.

Imagine if you could help a child read.

An adult succeed in his job. A senior

maintain their independence. And

provide a community with more

opportunities to grow and thrive.

Center 4 Life is a drop off location.



## Leisure Luncher Trips

**Tuesday, May 8th & Monday, September 10th**

**IKEA Shopping Day at Plantation**

**\$5 Member / \$10 Non-Member**

Includes: R/T transportation. Join Island Seniors for an all-day shopping spree at IKEA at Plantation. If you have never experienced IKEA and all it's delights this is your chance. Lunch (on your own) at the IKEA Café. We had so much fun last year this is an encore trip. Register in advance. Limited seating available. Depart from Sanibel at 8:00 a.m.



**Thursday, May 10th**

**Franklin Lock Buffet Cruise**

**\$58 Member / \$68 Non-Member**

Trip Includes: 4 1/2 hour relaxing cruise, going east on the calm waters of the Intracoastal Waterway. En route to the W.P. Franklin Locks that control the waters of Lake Okeechobee, pass through the historic Tice Railroad Bridge built in 1903. Observe the working of the locks as well as the banks of the Caloosahatchee River that flourish with tropical growth and beautiful homes. View wildlife, manatees, and eagles in the natural habitat. On the return trip, join us in our Sing-Along, dancing, or sightseeing on the open 3rd deck. Includes buffet lunch, live narration, cash bar. Carpool arrangements for transportation is available on a first come, first serve basis. Please register at the front desk to confirm your space. Depart from Sanibel 9:15 a.m.



**Wednesday, May 30<sup>th</sup>**

**Bob Rauschenberg Gallery at FSW College**

**Steve Keene: 57 Miles or 455 Furlongs exhibit**

**Member \$5 / Non-Member \$5**

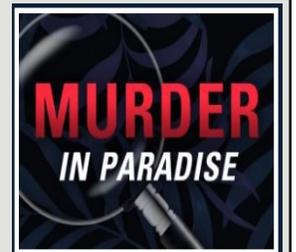
We begin our day enjoying lunch at University Grill (on own) and then travel across the street to view the Steve Keene exhibit. Time magazine called Keene the "Assembly Line Picasso". Keene estimates that he has painted enough paintings since 1990's to extend more than 57 miles or 455 furlongs, hence the name of the exhibit. There will be a docent led tour of the exhibit.. Please register at the front desk. Carpool arrangements for transportation.



**Thursday, May 31<sup>st</sup> - Broadway Palm - Murder in Paradise**

This fun night of murder mystery comedy is an interactive production, wrapped around a four-course meal that is served to your table by the suspects, of course. Bring your imagination and appetite...it's comedy to *die* for! Please register at the front desk. Limited seating available. Carpool arrangements for transportation.

**Member \$45 / Non-Member \$50**



**Tuesday, June 19th**

**Cip's Place**

**Advance registration required**

Cip's Place is home to Sanibel & Captiva's wall of island faces. The mural was painted by two local artists and depicts many of Sanibel & Captiva's most well-known and instrumental people in molding the Islands into what they are today. We will be joined by one of the artists, Tim Macko. Please register at the front desk. Separate checks will be provided. Limited seating available.



**Leisure Luncher Trips continued ...**

**Tuesday, July 10th**

**Sweet Melissa's Café**

Advance registration required

Experience the award-winning Sweet Melissa's Cafe! Executive Chef Melissa Talmage challenges your taste buds to explore a creative menu with a wide array of different tastes, textures and eclectic ingredients. We will have an opportunity to speak with the Chef and have her share with us her creative cooking style. Separate checks will be provided. Please register at the front desk. Limited seating available.



**Wednesday, July 18th**

**Savannah Sipping Society**

**\$39 Member / \$49 Non-Member**

We will begin our afternoon with lunch at Cristof's on McGregor (on your own). Then make our way to The Off Broadway Palm Theatre. Here's a synopsis; *The Savannah Sipping Society*! Four Southern women, strangers to one another, are drawn together by fate and turn weekly happy hours into a mission to renew the enthusiasm for life they've lost through the years. Their raucous humor and collective strengths see them through unexpected challenges and to their surprise; they realize it's never too late to make lifelong friends. Please register at the front desk. Limited seating available. Carpool arrangements for transportation.

**Lunch at 11:30 a.m. and show begins at 1:15 p.m.**



*Always check the counter in the kitchen for sign up sheets for last minute activities requested by members or check with staff at the center.*



Trips scheduled through Trendy Tours.

**Discover Florida Trips**

**Friday, May 25<sup>th</sup> - Miami's Spanish Roots and Little Havana Guided Tour & Lunch at Versailles**

Includes: R/T transportation, lunch at the famous Versailles Restaurant in Little Havana, riding and walking tour with our private Miami guide learning about Spanish Culture in Miami including the Freedom Tower, the Miami Circle, "Domino" Park, & more!

Bus departs from Ft. Myers location at 7:00 a.m.

**Member \$89 / Non-Member \$99**



**Saturday, July 28<sup>th</sup> - The Caladium Festival in Lake Placid, FL**

Includes: R/T transportation to Lake Placid, all day festival dedicated to Caladiums, a souvenir Caladium of your own. **Note:** We are visiting on the Vintage and Classic Car Show date! Bus departs from Ft. Myers location at 9:00 a.m.

**Member \$49 / Non-Member \$59**



# Multi-Day Holiday Tours



**December 2<sup>nd</sup> - 8<sup>th</sup>, 2018 (Sunday-Saturday)**

## 7 Day Christmas Trip to New Orleans

Includes: R/T transportation, 6 nights' accommodations including 4 nights in the Heart of New Orleans, Oak Alley Plantation, New Orleans Cooking School, Mardi Gras Museum, World War 2 Museum, Mississippi Jazz Brunch Cruise, Much More! Bus departs from Ft. Myers location at 7:30 a.m.

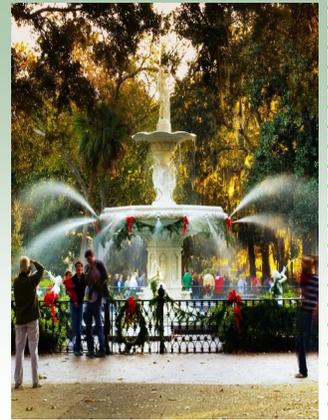
**Member \$1364 ppdo; \$ 1774 single**  
**Non-Member \$1389 ppdo; \$ 1799 single**  
**\$250.00 deposit secures your spot,**  
**remaining balance due by November 1st.**

**December 11<sup>th</sup> - 14<sup>th</sup>, 2018 (Tuesday-Friday)**

## A Southern Christmas – Savannah & St Simon's Island

Includes: R/T transportation, 3 nights accommodations (1 in St Simons Island & 2 at our favorite Holiday Inn Express in Savannah), 5 meals (3 breakfasts, 2 dinners), the Live Savannah Theater Christmas Show, tours, much more!  
Bus departs from Ft. Myers location at 7:30 a.m.

**Member \$574 ppdo; \$ 774 single**  
**Non-Member \$599 ppdo; \$ 799 single**  
**\$200.00 deposit secures your spot,**  
**remaining balance due by November 6th.**



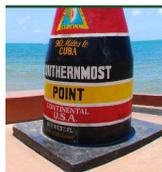
# Multi-Day Tour

**January 22<sup>nd</sup>–24<sup>th</sup>, 2019 (Tuesday-Thursday)**

## “The Magic of the Keys”

Includes: R/T transportation, 2 nights at the Hyatt Place in Marathon, 45 meals (2 breakfasts, 2 lunches, 1 dinner), Schnebly Winery Tour & Tasting, & lunch, ALL Day Key West w/private tram tour and all-day hop-on/hop-off privileges, tour Dolphin Research Center, more! Bus departs from Ft. Myers location at 7:30 a.m.

**Members \$574 ppdo; \$844 single**  
**Non-Members \$599 ppdo; \$869 single**  
**\$100.00 deposit secures your spot.**  
**Final balance due by November 16th.**





## Hurricane Preparedness Program

**DESCRIPTION:** Anyone in the community is welcome to the FISH Hurricane Preparedness Resource Packet. Those needing extra assistance filling out forms and making an evacuation plan are welcome to a FISH volunteer visit. Those that are most vulnerable will be placed on an active or person of interest list which will be shared with the City of Sanibel, Sanibel Police Department and Emergency Management teams.

- a. **What is the intended outcome?** Peace of mind and a feeling of security by obtaining true and correct information and resources in the event of a hurricane or natural disaster.
- b. **What can be accomplished from that outcome?** Participants may experience less stress by knowing what to do in the event of a hurricane. Out of state family will experience peace of mind knowing there is a group watching out for their loved ones during a natural emergency.

**ELIGIBILITY:** Anyone may receive a resource packet. Anyone living on or visiting Sanibel or Captiva can receive a household visit.

**2430-B Periwinkle Way  
Sanibel, FL 33957  
239-472-4775 Walk-In Center  
239-472-0404 24-Hour Answering Service**

## Friendly Faces Luncheon

**DESCRIPTION:** The Friendly Faces luncheon is just that -- a luncheon surrounded by friendly faces. Everyone from the FISH volunteer who greets the attendees at the door, the George & Wendy's wait staff, and of course, those who attend the luncheon have a smile on their face and stories to share. On the 2<sup>nd</sup> Tues. of each month, year-round, FISH sponsors a luncheon in partnership with George & Wendy's Seafood Grille. The price fixed lunch, consisting of an entrée, side, non-alcoholic drink and dessert, is an amazing deal. But, what's better than that is the opportunity to meet new friends and reconnect with old ones. Friendly Faces is open to the community.

- a. **What is the intended outcome?** To have the opportunity get out of the house, meet new people, eat and socialize.
- b. **What can be accomplished from that outcome?** Participants may experience socialization and combat loneliness. Participants may feel less food insecure.

**ELIGIBILITY:** Anyone can attend the Friendly Faces luncheon

**POLICY:** Friendly Faces is always held the 2<sup>nd</sup> Tuesday of each month at 11:30 a.m., George & Wendy's. Those wishing to attend the Friendly Faces luncheon must call FISH to RSVP - 472-4775. Participant cost is \$8 per person, exact cash requested. FISH subsidizes \$2 per person and pays a \$10 tip/month to George & Wendy's. Should a participant need assistance covering the cost of the lunch, a determination will be made by FISH.

# Art, Books & Games



## RUMMIKUB

Tuesday  
1:00 p.m.

**\$2.50 Member / \$5 Non-Member - Prizes are awarded.**

## BRIDGE

Monday & Wednesday  
Arrive by 12 p.m.  
Games begin at 12:30 p.m.

## MAHJONGG

Monday & Thursday  
12:30 p.m.

## HAND & FOOT

Thursday  
12:00 p.m.

## HEARTS

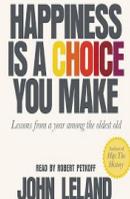
Friday  
12:30 p.m.

# PAGE TURNERS

Movie at 12:30 pm

Book Discussion 2:30 pm

Louise Fitzgerald & Ann Hartman, Volunteer Coordinators, and the group have enjoyed great year round attendance. For any questions, please contact Ann at email [ocean@comcast.net](mailto:ocean@comcast.net) or contact the Center 4 Life.



**Happiness Is a Choice You Make** by John Leland  
(Book discussion only) **Wednesday, May 9**  
Newly divorced at 55 and living alone, New York Times writer John Leland felt unmoored as he struggled to come to terms with caring for his elderly mother. Then he began work on a series of articles about people 85 and older, focusing on six elders from different backgrounds. He visited them with no real agenda but listening. And the lessons he ultimately gleaned in "gratitude and resilience and purpose" not only helped him sort out his own midlife difficulties but also formed the heart of his new book, *Happiness Is a Choice You Make: Lessons From a Year Among the Oldest Old*.  
- AARP



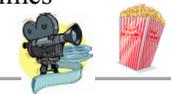
**The Grapes of Wrath** by John Steinbeck  
**Wednesday, June 13** First published in 1939, Steinbeck's Pulitzer Prize winning epic of the Great Depression chronicles the Dust Bowl migration of the 1930s and tells the story of one Oklahoma farm family, the Joads, driven from their homestead and forced to travel west to the promised land of California. Out of their trials and their repeated collisions against the hard realities of an America divided into haves and have-nots evolves a drama that is intensely human yet majestic in its scale and moral vision, elemental yet plain-spoken, tragic but ultimately stirring in its human dignity.  
— Goodreads



**The Bone Collector** by Jeffery Deaver  
**Wednesday, July 11** Lincoln Rhyme was once a brilliant criminologist, a genius in the field of forensics—until an accident left him physically and emotionally shattered. But now a diabolical killer is challenging Rhyme to a terrifying and ingenious duel of wits. With police detective Amelia Sachs by his side, Rhyme must follow a labyrinth of clues that reaches back to a dark chapter in New York City's past—and reach further into the darkness of the mind of a madman who won't stop until he has stripped life down to the bone.  
-Amazon



**The Cider House Rules** by John Irving  
**Wednesday, August 8** THE rules referred to in the title of John Irving's novel are the rules that are posted by the light switch in the cider house of Ocean View apple orchard on the coast of Maine where about half the action of Mr. Irving's story is set. "Please don't operate the grinder or the press if you've been drinking," one of them typically reads. But these rules are more or less ignored. An altogether different set is followed by the migrant workers who stay in the cider house. A typical one holds that if you get in a knife fight, you cut your opponent just enough to end the fight, not enough to hospitalize him and attract the authorities. — New York Times



**New!** **GELLI** ARTS **Printing with Bea Pappas**

**Fridays 12:30 – 3:30 p.m.** **\$20 Member/\$25 Non-Member per class**

May 4, 11, 18, 25 ♦ June 4, 15, 22, 29 ♦ July 6, 13, 20, 27 ♦ August 3, 10, 17, 24, 31

"Printing with Gelli" pad  
You can do mono type or make papers for collage use.  
Beginners are welcome!

**Supplies:**  
Paper towels, acrylic paints, water container, 1 inch brush.  
Instructor will have everything else you will need for class.



### Sunset Socials on the Causeway

Enjoy an evening relaxing and watching the sunset with friends. **Meet on the causeway at 6:30 p.m. and bring a side dish to share .**

Don't forget your beach chair. We will gather on the first island on your right as you are leaving Sanibel by the pavilion. Look for the Island Seniors banner (weather permitting).

**Tuesday, May 22nd**

**Tuesday, June 26th**

**Tuesday, July 24th**



## Fun & Food

### Islands Night Tailgate, Parade & Baseball Game



**Wednesday, May 9th**

**5:30 p.m. Tailgate**

**6 p.m. Parade**

**7 p.m. Game**

**Fort Myers Miracle vs  
Charlotte Stone Crabs  
at the CenturyLink Sports Complex**

14400 Six Mile Cypress Parkway

Island Seniors members will enjoy great treats before the game. *Bring your lawn chair and beverage.* Tickets are available at the Center 4 Life. Non-members will be charged \$5.00 to join the tailgate festivities. **Sign up is a must.**

### Hot Dog Grill Wednesday



Island Seniors, Inc. volunteers will serve you a hotdog, chips and lemonade from 11:30 a.m.-12:00 p.m.

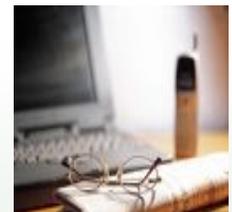
The cost is \$2.00 for members and \$3.00 for non-members. If you don't want a hot dog, just bring your lunch and join us.

Call Wednesday morning so we can plan enough food.



### View Your Newsletter and Community News Online at [WWW.MYSANIBEL.COM](http://WWW.MYSANIBEL.COM)

1. Go to [WWW.MYSANIBEL.COM](http://WWW.MYSANIBEL.COM) to access the City of Sanibel website.
2. Click on DEPARTMENTS near the top.
3. Scroll down the blue list of departments along the left side to find Recreation.
4. Click on Recreation to select it.
5. Under Quick Links on the right side, select Center 4 Life Newsletter to open a copy of the newsletter.
6. Optional: If you wish, you can select FILE, then SAVE AS and save a copy on your DESKTOP where it will be available all the time.



## Fit4Life Fitness

Island Seniors, Inc. members can purchase coupon books to attend these classes at the Center 4 Life. Books of 12 coupons are \$48 or 5 coupons for \$20.00. Paid members of the Sanibel Recreation Center need to just show their membership card to attend classes. Guest fee is \$7.00 per class. Payment is cash or check only, no credit cards accepted

*\*Athletic footwear is required for fitness classes.*

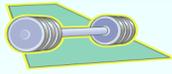
*\*\*Fragrance free men and women.*

### Happy Hour Fitness

Monday, Wednesday & Friday at 8:00a.m.

Keep your brain fit, and your heart, lungs and muscles strong. Hand weights, stretch cords, and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required.

Instructor: Connie DeCicco



### Essential Total Fitness (ETF)

Monday, Wednesday & Friday at 9:30 a.m.

11:00 a.m. (available through May 4)

This class includes cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Instructor: Mahnaz Bassiri.



### Power Hour Fitness

Tuesday and Thursday at 8:00 a.m.

Hand weights, stretch cords and stability balls along with mats are used to strengthen your muscles, improve your core strength and balance. Instructor: Mahnaz Bassiri.



### Gentle Yoga

Tuesday and Thursday at 9:30 a.m.

This class is designed to stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Class exercises with mats and meets the needs of varying experience levels. We suggest you bring a towel. Instructor: Kim Kouril.



### Chair Yoga

Tuesday and Thursday at 11:00 a.m.

Similar to Gentle Yoga but all poses are done in a chair. Instructor: Kim Kouril



# KAYAKING!

Kayaking is now available on select Tuesdays.

A perfect outing for the people who enjoy the outdoors. There is space for 16 people on our eight two-person kayaks and limited space for those who own their own kayak. Sign up is available for experienced kayakers. The Center supplies the kayaks, paddles and life jackets (which everyone must wear). We suggest wearing comfortable clothing and shoes that can get wet. It is strongly recommended to bring a towel to roll up and support your back, water, a snack, change of clothing (in case you get wet), sun lotion, bug spray, sunglasses and a hat. The fee is \$5 for Island Seniors, Inc. members and \$20 for non-members per trip.

Members have first priority. **PAYMENT MUST BE RECEIVED WHEN YOU SIGN UP.**

*\*Refunds will only be provided if the outing is cancelled by the center. We also provide a wait list when trips are full.*

## Tuesdays

May 1 & 15

June 12 & 26

July 10 & 24

August 7 & 21

The two leaders for each outing determine the location. Leaders pay no fees and reserve the right to change the **8:15 a.m. meeting time and launch location**. Everyone, including those with personal kayaks, must meet at the Center unless prior arrangements have been approved.

**NOTE:** Personal kayak participants must register with Island Seniors 24 hours prior to the scheduled date, in order to join the group.

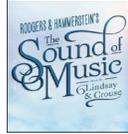


## ARTIS NAPLES 2018-19

**Sign up for group tickets is now available until August 15<sup>th</sup>.** As with all tickets, if you sign up, you are responsible for payment. An invoice for these tickets will be mailed out to you with payment due by September 15<sup>th</sup>. Bus transportation will be limited to each performance. If you need to sell your ticket later, we will provide a wait list of members for you to call. This works well as many people join the Center 4 Life after Island Seniors, Inc. have purchased the tickets.  
 (\* All programming, performers and dates are subject to change.)

### The Sound of Music

**Saturday, December 29, 2018 - 2pm**  
**\$90 Member /\$100 Non-Member - Premium**  
**\$75 Member /\$85 Non-Member - Section A**



The beloved musical story of Maria and the von Trapp family will once again thrill audiences with its Tony®, Grammy and Academy Award-winning Best Score, including "My Favorite Things," "Edelweiss" and the title song. *The Sound Of Music* enjoyed extraordinary success as a live television production when *The Sound of Music Live!* aired on NBC in December 2013 and was seen by over 44 million people. 2015 marked the 50th anniversary of the film version, which continues to be the most successful movie musical in history.

### Les Misérables

**Sunday, February 3, 2019 - 2 p.m.**  
**\$125 Member /\$135 Non-Member - Premium**  
**\$95 Member /\$105 Non-Member - Section A**



Cameron Mackintosh presents the new production of Alain Boublil and Claude-Michel Schönberg's Tony Award-winning musical phenomenon, *Les Misérables*, direct from an acclaimed two-and-a-half-year return to Broadway. Set against the backdrop of 19th-century France, *Les Misérables* tells an unforgettable story of heartbreak, passion, and the resilience of the human spirit. Featuring the beloved songs "I Dreamed A Dream," "On My Own," "Stars," "Bring Him Home," "One Day More," and many more, this epic and uplifting story has become one of the most celebrated musicals in theatrical history. With its glorious new staging and dazzlingly reimagined scenery inspired by the paintings of Victor Hugo, this breathtaking new production has left both audiences and critics awestruck. "*Les Miz* is born again!"

### Waitress

**Saturday, February 23, 2019 - 2 p.m.**  
**\$105 Member /\$115 Non-Member - Premium**  
**\$85 Member /\$95 Non-Member - Section A**

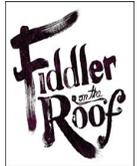


Brought to life by a groundbreaking all-female creative team, this irresistible new hit features original music and lyrics by six-time Grammy nominee Sara Bareilles ("Brave," "Love Song"), a book by acclaimed screenwriter Jessie Nelson (*I Am Sam*), choreography by Lorin Latarro (*Les Liaisons Dangereuses*, *Waiting for Godot*) and direction by Tony Award-

winner Diane Paulus (*Hair*, *Pippin*, *Finding Neverland*). Inspired by Adrienne Shelly's beloved film, *Waitress* tells the story of Jenna—a waitress and expert pie maker. Jenna dreams of a way out of her small town and loveless marriage. A baking contest in a nearby county and the town's new doctor may offer her a chance at a fresh start, while her fellow waitresses offer their own recipes for happiness. But Jenna must summon the strength and courage to rebuild her own life.

### Fiddler on the Roof

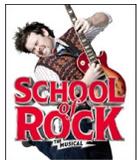
**Saturday, March 16, 2019 - 2 p.m.**  
**\$125 Member /\$135 Non-Member - Premium**  
**\$95 Member /\$105 Non-Member - Section A**



Audiences across North America are toasting a new production of *Fiddler on the Roof*! Rich with musical hits you know and love, including "Tradition," "Sunrise, Sunset," "If I Were a Rich Man," "Matchmaker, Matchmaker," and "To Life (L'Chaim!)," *Fiddler on the Roof* is the heartwarming story of fathers and daughters, husbands and wives and life, love and laughter. Tony® Award-winning director Bartlett Sher and the team behind *South Pacific*, *The King and I* and 2017 Tony® Award-winning Best Play *Oslo*, bring a fresh and authentic vision to this beloved theatrical masterpiece from Tony® Award-winner Joseph Stein and Pulitzer Prize-winners Jerry Bock and Sheldon Harnick. Featuring a talented cast, lavish orchestra and stunning movement and dance from Israeli choreographer Hofesh Shechter based on the original staging by Jerome Robbins, *Fiddler on the Roof* will introduce a new generation to the uplifting celebration that raises its cup to joy! To love! To life!

### School of Rock

**Saturday, April 6, 2019 - 2 p.m.**  
**\$125 Member /\$135 Non-Member - Premium**  
**\$95 Member /\$105 Non-Member - Section A**



*School of Rock* is a *New York Times* Critics' Pick and "an inspiring jolt of energy, joy and mad skillz!" (*Entertainment Weekly*). Based on the hit film, this hilarious new musical follows Dewey Finn, a wannabe rock star posing as a substitute teacher who turns a class of straight-A students into a guitar-shredding, bass-slapping, mind-blowing rock band. This high-octane smash features 14 new songs from Andrew Lloyd Webber, all the original songs from the movie and musical theater's first-ever kids rock band playing their instruments live on stage. *Vanity Fair* raves, "Fists of all ages shall be pumping!"

# Barbara B. Mann Performing Arts Hall

## 2018-19

**Sign up for group tickets available now until August 15<sup>th</sup>.** At least 20 people need to sign up to get the great group discount. Please remember, if you sign up, you are responsible for payment. An invoice for these tickets will be mailed out to you with payment due by September 15<sup>th</sup>. If you need to sell your ticket later we will provide a waiting list of members to call. This works well as many members join the Center 4 Life after Island Seniors, Inc. have paid for the tickets. (\* All titles and dates subject to change.)

### On Your Feet! The Emilio & Gloria Estefan Broadway Musical

**January 1-6, 2019**

**Date & Pricing to be announced - Orchestra/Mezzanine Level**

From their humble beginnings in Cuba, Emilio and Gloria Estefan came to America and broke through all barriers to become a crossover sensation at the very top of the pop music world. But just when they thought they had it all, they almost lost everything.

ON YOUR FEET! takes you behind the music and inside the real story of this record-making and groundbreaking couple who, in the face of adversity, found a way to end up on their feet.

Directed by two-time Tony Award® winner Jerry Mitchell (Kinky Boots), with choreography by Olivier Award winner Sergio Trujillo (Jersey Boys) and an original book by Academy Award® winner Alexander Dinelaris (Birdman), ON YOUR FEET! features some of the most iconic songs of the past quarter-century — and one of the most inspiring stories in music history.



### A Bronx Tale

**January 23-27, 2019**

**Date & Pricing to be announced - Orchestra/Mezzanine Level**

Broadway's hit crowd-pleaser takes you to the stoops of the Bronx in the 1960s- where a young man is caught between the father he loves and the mob boss he'd love to be. Bursting with high-energy dance numbers and original doo-wop tunes from the songwriter of Beauty and the Beast, A BRONX TALE is an unforgettable story of loyalty and family.

Academy Award® winner Robert De Niro and Tony® winner Jerry Zaks direct this streetwise musical- based on Academy Award nominee Chazz Palminteri's story- that The New York Times hails as "A Critics' Pick! The kind of tale that makes you laugh and cry.



### Monty Python's Spamalot

**February 5-10, 2019**

**Date & Pricing to be announced - Orchestra/Mezzanine Level**

The Tony Award winning Best Musical, Monty Python's Spamalot, begins its search for the Holy Grail in the Fall of 2018. This outrageous musical comedy is lovingly ripped off from the film classic "Monty Python and the Holy Grail" with a book by Eric Idle and music and lyrics by the Grammy Award winning team of Mr. Idle and John Du Prez, Spamalot tells the tale of King Arthur and his Knights of the Round Table as they embark on their quest for the Holy Grail. Flying cows, killer rabbits, taunting Frenchmen, and show-stopping musical numbers are just a few of the reasons audiences worldwide are eating up SPAMALOT!



### Les Misérables

**February 19-24, 2019**

**Date & Pricing to be announced - Orchestra/Mezzanine Level**

"Cameron Mackintosh presents the new production of Alain Boublil and Claude-Michel Schönberg's Tony Award-winning musical phenomenon, Les



Misérables, direct from an acclaimed two-and-a-half-year return to Broadway. With its glorious new staging and dazzlingly reimagined scenery inspired by the paintings of Victor Hugo, this breathtaking new production has left both audiences and critics awestruck, cheering "Les Miz is born again!" (NY1). Set against the backdrop of 19th-century France, Les Misérables tells an enthralling story of broken dreams and unrequited love, passion, sacrifice and redemption – a timeless testament to the survival of the human spirit. Featuring the thrilling score and beloved songs "I Dreamed A Dream," "On My Own," "Stars," "Bring Him Home," "One Day More," and many more, this epic and uplifting story has become one of the most celebrated musicals in theatrical history. Seen by more than 70 million people in 44 countries and in 22 languages around the globe, Les Misérables is still the world's most popular musical, breaking box office records everywhere in its 32nd year.

### Dein Perry's Tap Dogs

**March 5-10, 2019**

**Date & Pricing to be announced - Orchestra/Mezzanine Level**

TAP DOGS is now approaching 20 years of global success. Having appeared in over 370 cities on 6 continents, it has been seen by over 12 million people! Dein Perry's TAP DOGS continues to take the world by storm. Part theatre, part rock concert, part construction site, the TAP DOGS adrenalin-pumped cast injects raw power and passion into the ultimate visual dance spectacular. Upside-down or even on water, they perform world class routines in this most original and revitalized tap.

The winner of over 15 international awards including:

- Olivier Award (UK)
- Obie Award (New York)
- Pegasus Award (Spoleto Festival in Italy)



### Dinsey Presents The Lion King

**April 3-21, 2019**

**Date & Pricing to be announced - Orchestra/Mezzanine Level**

Giraffes strut. Birds swoop. Gazelles leap. The entire Serengeti comes to life as never before. And as the music soars, Pride Rock slowly emerges from the mist. This is Disney's THE LION KING, making its triumphant return to the Barbara B. Mann Performing Arts Hall at FSW! More than 95 million people around the world have experienced the awe-inspiring visual artistry, the unforgettable music, and the uniquely theatrical storytelling of this Broadway spectacular – one of the most breathtaking and beloved productions ever to grace the stage.

Winner of six Tony Awards®, including Best Musical, THE LION KING brings together one of the most imaginative creative teams on Broadway. Tony Award®-winning director Julie Taymor brings to life a story filled with hope and adventure set against an amazing backdrop of stunning visuals. THE LION KING also features the extraordinary work of Tony Award®-winning choreographer Garth Fagan and some of Broadway's most recognizable music, crafted by Tony Award®-winning artists Elton John and Tim Rice.

There is simply nothing else like THE LION KING.



## FLORIDA REPERTORY THEATRE 2018-19

**You must pay upon signing up.** No additional tickets will be purchased fourteen days before the show. Trish will pick up the tickets and distribute them the week of the performance. If you are unable to pick up your ticket we can make arrangements to leave it at the “will call” window for you.

- No exchanges can be made on individual group tickets. (*All dates and titles are subject to change.*)

### Historic Arcade Theatre 2 p.m. Matinee

#### **STEEL MAGNOLIAS**

by Robert Harling

**Saturday, October 20, 2018** Member \$35 / Non-Member \$40

See the play that inspired the Classic 1980s Movie! “A skillfully crafted picture of eccentricity in the small-town South!”

- *Drama-Logue*

#### **Charles Dickens’ A CHRISTMAS CAROL**

**Saturday, December 1, 2018** Member \$35 / Non-Member \$40

A World-Premier Adaptation of the Beloved Dickens Classic! Join Ebenezer Scrooge on a thrilling journey of discovery and redemption that is perfect for the WHOLE FAMILY!

#### **August Wilson’s FENCES**

**Saturday, January 12, 2019** Member \$35 / Non-Member \$40

The Tony-Award and Pulitzer Prize-Winning Drama! A Modern American Classic! A gripping portrait of a family struggling to make their American Dream come true in the 1950’s Pittsburgh. From one of the most influential playwrights of the 20th Century!

#### **HAY FEVER**

by Noel Coward

**Saturday, March 2, 2019** Member \$44 / Non-Member \$49

A Delightfully Madcap Comedy of Bad Manners! Watch a weekend gateway spiral into mayhem as tempers flare and eccentricities reign supreme! “An evening of intoxicating escape!”

- *NY Times*

#### **MILLION DOLLAR QUARTET**

book by Colin Escott and Floyd Mutrux

Original Concept & Direction by Floyd Mutrux

**Saturday, March 23, 2019** Member \$35 / Non-Member \$40

Celebrate Florida Rep’s 3rd Decade with Broadway’s Newest rock ‘n’ Roll SENSATION! Inspired by the famed recording session that brought together icons Elvis Presley, Johnny Cash, Jerry Lee Lewis, and Carl Perkins for the first and only time!

### In The ArtStage Studio Theatre 2 p.m. Matinee

#### **BECOMING DOCTOR RUTH**

by Mark St. Germain

Based on the Life of Dr. Ruth K. Westheimer

**Saturday, October 6, 2018** Member \$48 / Non-Member \$53

The Heartfelt, Hilarious, and Triumphant Story of the girl who becomes Dr. Ruth! A One-Woman Tour-de-Force from the Author of *George Washington’s Teeth* and *Best of Enemies!*

#### **DAMASCUS**

A World Premier by Bennett Fisher

**Saturday, November 10, 2018** Member \$48 / Non-Member \$53

A Gripping & Electrifying NEW PLAY! Chosen from the 2017 PlayLab! When terror rocks a Midwestern airport, two young men find themselves locked in a dangerous psychological thriller! Nothing is what it seems in this important new play!

#### **TENDERLY: THE ROSEMARY CLOONEY MUSICAL**

Based on the Life of Rosemary Clooney

by Janet Yates Vogt & Mark Friedman

**Saturday, January 5, 2019** Member \$48 / Non-Member \$53

A NEW MUSICAL Salute to the Beloved Jazz Icon! A fresh, personal, and poignant picture of the woman whose unparalleled talent and unbridled personality made her a legend!

#### **NATIVE GARDENS**

by Karen Zacarias

**Saturday, April 6, 2019** Member \$48 / Non-Member \$53

Good Fences Don’t Really Make Good Neighbors in the Hilarious NEW Hot-Button Comedy! Cultures and gardens clash as well – intentioned neighbors become arch-enemies over backyard turf-war!

*Unless you start doing something different, you are in for more of the same.*

~ *Author Unknown*



# HAPPY BIRTHDAY WISHES!

## MAY

Julie Boyd 1	Jim Kelley 25	Jen Hogan 10	Barbara Babcock 27	Suzanne Bush 20	Alfie Sheft 10
Dan Pace 1	Mary McLeod 25	Anne Carter 11	Sandy Leichter 27	Donna Paul-Bonham 20	Miriam Thompson 10
Jacqueline Glorieux 2	Lynn Stern 25	Henry Horbaczewski 11	Lorrie Stys 27	Linda Winn 20	Sandy Grogman 11
Jean Naumann 2	Gwen Nacos 25	Winifred Blacklaw 12	Ursula Dicks 28	Wendell Kingsolver 21	Edward Machak 11
Joann Nussbaumer 2	Marlene Beckwith 26	Isa Engleberg 12	Linda Riggs 28	Renee Minsky 21	Vickie Morris 11
Ansi Boudin 3	Diana Gray 26	Daniel Lajewski 12	Norman Nichols 29	Clair Beckman 22	Donald Robertson 11
John Detrick 3	Bette Harig 26	John Morley 12	Nancy Venuto 29	John Cooper 22	Margaret Gallop 12
Becky Restow 3	Mary Ann Brady 27	Anita Smith 12	Robert Macchia 30	Richard Kozlowski 22	Bob Patterson 13
Peter Danford 4	Shawn Shaffer 27	Michael Raab 12	<b><u>JULY</u></b>	Nancy LoDuca 22	Ruth Brooks 14
John Evans 4	Doreen Daly 28	Deidre Roth 12	Esta Berger 1	Susan Greenberg 23	Lynda Dunham 14
Valerie Sadd 4	Eileen Kehoe 28	Barb Broadhurst 13	Richard Boehning 2	Dianne Iller 23	Edie Hirsch 14
Judy Davis 5	Tita Holleran 28	Shirley Furry 13	Terry Ische 2	Lisa Franks 24	Janet Mason 15
Karen Sartoris 5	Lynne King 28	Sally Cheney 14	Valerie Wolf 2	Diane Moore 24	Ellen Petrick 15
Deborah Boehm 6	Herb Lawrence 28	Bill Keeney 14	Judith Addison 3	Jacky Crump 25	Jean Heuer 16
Susan Meyer 6	Marlene Donaldson 29	Elaine Pace 14	Carol McCarthy 4	Karen Detrick 25	Susan Guze 16
Marcia Hock 7	Edith Nichols 29	Ray Secrist 14	Shirley Bohnert 5	JoAnna Giffin 25	Malcolm Harpham 17
Ray Stidham 7	Paula Sette 29	Kay McDowell 15	Jean Lowe 5	David Brand 26	Joe Kinnaman 17
Suzan Carlile 8	Sid Simon 29	Kathy Rice 15	Bruce Smith 5	Julianne Kirkpatrick 26	Carolyn Kuester 17
Margie Peppercorn 8	Carol Lincoln 30	Connie Bartlett 16	Sandra Dalbac 6	Maree Elowson 28	Paul Rogers 17
Terry Dorr 9	Patrick Quigley 30	Sean Daly 16	Janet DeCarlo 6	John Matthew 28	Brian Lockwood 18
Edina Lessack 10	Chet Sadler 30	Janet Heinrich 16	Eva Kingsolver 6	Anne Cooper 29	Nancy Carlile 19
Jane Howe 12	Linda Shankster 30	Marsha Hunt 16	Cathy Ayres 7	Nancy Jayne 29	Dawn Coyne 19
Cathy Raab 12	William Gruver 31	Doug McCusker 16	Meech Lyons 7	Linsay M-Jensen 30	Sally Ettlinger 19
Eileen Kjonas 13	Mimi Nook 31	Joan Newmark 16	Carole Albero 8	Bill Mercer 30	Peggy Hogg 19
Shawn Matthew 13	Kersti Thompson 31	Dick Roberdeaux 16	Ruth Bringer 8	Nancy Stewart 30	Kathy Lear 19
Norma McNelis 14	<b><u>JUNE</u></b>	Ilene Tucker 16	Allen Hall 8	Pat Tarvin 30	Susan Kidder 22
Nicholas Perrone 14	Bluma Herman 1	Mary Burkhardt 17	Karin Johnson 8	Tanna Kinnaman 31	Mary Martini 22
June Scharenbroch 14	Randy Jacobs 1	June Koc 17	Louise Freeman 9	Anne Ripley 31	Virginia McKay 22
Wil Schlosser 14	Anne Walter 1	Marilyn Kontz 17	Josephine Smith 9	<b><u>AUGUST</u></b>	Suzanne VanMetre 22
Amy Holloway 16	Mark Lappin 2	Rae Carter 18	Mary Lu Anderson 10	Beth Bode 1	Susanne Young 22
Terry Lohser 17	Anita Geffinger 3	Alaine Jass 18	Gary Dobbie 10	Jay Scott 1	Susan Ayers 23
Barb Cecala 18	Susan Harlan 3	Pat Theuer 18	Lois Clark 11	Cindy Crawford 2	Liv I 23
Terry Megee 18	Susan Shipley 3	Brent Williamson 18	Jill Dillion 11	Priscilla Friedersdorf 2	Dana Parish 23
Diane Savoca 19	Adele Wazeter 4	JoAnn Dempler 19	Arlyn Stein 11	Gerry Fitzgerald 3	Jill Bugby 24
Tom Sharbaugh 19	Joyce Barney 4	James McNulty 19	Barbara Witty 11	William Guenzel 3	Walter Gale 24
Doris Southerton 19	Lewis Gould 4	Gwen Newman 19	Rebecca Moss 12	Eileen Millard 3	Pat Howard 24
Wendy Harriman 20	Heidi Terlep 4	Ellen Svenson 19	Gay Nichols 12	Sally Worthington 3	Jean Jacob 24
Janet Montgomery 20	Tina Tober 4	William Bray 20	Leone Graham 13	Robert Brace 4	Mike Nantz 24
Barbara Snead 20	Julie Tobias 4	Jerry Edelman 20	Joyce Andrew 14	Suzanne Cullen 5	Mame Byrne 25
Mary Culver 21	Marg Arnold 5	Carol Reed 20	Elizabeth Clark 14	Josephine Guenzel 5	Edward Kusek 25
Alice Galt 21	Bob Bringer 5	Leo Zimmer 21	Judith McBroom 14	Rita Robak 5	Debra Messinger 25
Dot French 22	Dianne Rae 5	Jan Lee 22	Maryanne Daly 15	Harriett Edwards 6	Barb Rosenbaum 25
Ron Millard 22	Edna Mae Beston 6	Carolyn Harper 23	Bill Roberts 15	Rose Flaherty 6	Susan Stroud 26
Penelope Quigley 22	Mike Jacobson 6	Helen Klothman 23	Donald Cook 17	Warren Seaward 6	Lu Bannerman 27
Sharon Brace 23	Jim Felsenthal 7	Robert Blacklaw 24	Barb Janes 17	Sandy Whelan 6	Richard Henry 28
Veena Vajani 23	Pat Macchia 7	Judy Evans 24	Becky Kinney 17	Peg Emerson 7	Carol House 28
Mary Armbruster 24	Julie Lemma 7	Marcia Leslie 24	Jack Kohn 17	Robert Randall 7	Bud Reinhold 28
Libby Dickinson 24	Faye Cooper 8	Judy Beckerink 25	Denise Moore 18	Mona Backus 8	Susan Boucher 29
Judy Hicks 24	Joan Sprinkle 9	Mark Griffin 25	Julie Hopson 19	Helen Ramsey 8	John Gersack 30
Barbara Lawson 24	Jane Lemman 9	Robert Hillard 25	Walter Schuman 19	Karen Hubbard 9	Kristin Harvey 30
Sherry Halleran 25	Bea Fulmer 10	Lil Gailius 26	Alan Sutton 19	Lucille Nadeau 9	Patricia McNulty 30
			Kathleen Breen 20	Rosmond Lockwood 10	Nancy Brown 31



# May 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Facility Hours:</b> (May-October) Monday-Friday 8 a.m.-3:30 p.m.		<b>1</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub	<b>2</b> 8 -Happy Hour 9:30 -ETF 11 -ETF 11:30 -Hot Dogs 12:30 -Bridge	<b>3</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12 -Hand & Foot 12:30 -Mahjongg	<b>4</b> 8 -Happy Hour 9:30 -ETF 11 -ETF 12:30 -Hearts 12:30 -Gelli Printing	<b>5</b>
<b>6</b>	<b>7</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	<b>8</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub  IKEA	<b>9</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dogs 12:30 -Bridge Page Turners 12:30 -Movie 2:30 -Discussion  Islands Night Tailgate Party	<b>10</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12 -Hand & Foot 12:30 -Mahjongg  W.P. Franklin Locks	<b>11</b> 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Gelli Printing	<b>12</b>
<b>13</b> Mother's Day	<b>14</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	<b>15</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub	<b>16</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dogs 12:30 -Bridge	<b>17</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12 -Hand & Foot 12:30 -Mahjongg	<b>18</b> 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Gelli Printing	<b>19</b>
<b>20</b>	<b>21</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	<b>22</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub  6:30 -Sunset Social	<b>23</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dogs 12:30 -Bridge	<b>24</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12 -Hand & Foot 12:30 -Mahjongg	<b>25</b> 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Gelli Printing  Miami's Spanish Roots & Little Havana Tour	<b>26</b>
<b>27</b>	<b>28</b> Memorial Day  <b>Facility Closed</b>	<b>29</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub	<b>30</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dogs 12:30 -Bridge  Bob Rauschenberg Gallery at FSW	<b>31</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12 -Hand & Foot 12:30 -Mahjongg  Broadway Palm	<b>Notes:</b> ETF - Essential Total Fitness Hot Dog Grill – Call the Center by 10:30 a.m. Kayaking - Weather Permitting *Athletic footwear required for fitness classes + Fitness class availability will be based on participation	

<h1>June 2018</h1>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Facility Hours:</b> (May-October) Monday-Friday 8 a.m.-3:30 p.m.					<b>1</b> 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Gelli Printing	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<h2>The Center 4 Life Closed For Maintenance</h2>						
<b>10</b>	<b>11</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	<b>12</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub	<b>13</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dogs 12:30 -Bridge Page Turners 12:30 -Movie 2:30 -Discussion	<b>14</b> <i>Flag Day</i> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12 -Hand & Foot 12:30 -Mahjongg	<b>15</b> 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Gelli Printing	<b>16</b>
<b>17</b> <i>Father's Day</i>	<b>18</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	<b>19</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub  Cip's Restaurant	<b>20</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dogs 12:30 -Bridge	<b>21</b> <i>Summer Solstice</i> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12 -Hand & Foot 12:30 -Mahjongg	<b>22</b> 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Gelli Printing	<b>23</b>
<b>24</b>	<b>25</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	<b>26</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub  6:30 -Sunset Social	<b>27</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dogs 12:30 -Bridge	<b>28</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12 -Hand & Foot 12:30 -Mahjongg	<b>29</b> 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Gelli Printing	<b>30</b>

# July 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>1</b>	<b>2</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	<b>3</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub	<b>4</b> Independence Day  <b>Facility Closed</b>	<b>5</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12 -Hand & Foot 12:30 -Mahjongg	<b>6</b> 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Gelli Printing	<b>7</b>	
<b>8</b>	<b>9</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	<b>10</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub  Sweet Melissa's Restaurant	<b>11</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dogs 12:30 -Bridge Page Turners 12:30 -Movie 2:30 - Discussion	<b>12</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12 -Hand & Foot 12:30 -Mahjongg	<b>13</b> 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Gelli Printing	<b>14</b>	
<b>15</b>	<b>16</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	<b>17</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub	<b>18</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dogs 12:30 -Bridge  OffBroadway Palm Theatre	<b>19</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12 -Hand & Foot 12:30 -Mahjongg	<b>20</b> 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Gelli Printing	<b>21</b>	
<b>22</b>	<b>23</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	<b>24</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub  6:30 -Sunset Social	<b>25</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dogs 12:30 -Bridge	<b>26</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12 -Hand & Foot 12:30 -Mahjongg	<b>27</b> 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Gelli Printing	<b>28</b>  The Caladium Festival	
<b>29</b>	<b>30</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	<b>31</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1 -Rummikub	<b>Notes:</b> ETF - Essential Total Fitness Hot Dog Grill - Call the Center by 10:30 a.m.  Kayaking - Weather Permitting  *Athletic footwear required for fitness classes + Fitness class availability will be based on participation			<b>Facility Hours:</b> (May-October) Monday-Friday 8 a.m.-3:30 p.m.	

# August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Notes:</b> ETF - Essential Total Fitness Hot Dog Grill - Call the Center by 10:30 a.m. Kayaking - Weather Permitting *Athletic footwear required for fitness classes + Fitness class availability will be based on participation			<b>1</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dogs 12:30 -Bridge	<b>2</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	<b>3</b> 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Gelli Printing	<b>4</b>
<b>5</b>	<b>6</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	<b>7</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1:30 -Rummikub	<b>8</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dogs 12:30 -Bridge Page Turners 12:30 -Movie 2:30 -Discussion	<b>9</b> 8 -Power Hour 9:30 -Gentle Yoga *11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	<b>10</b> 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Gelli Printing	<b>11</b>
<b>12</b>	<b>13</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	<b>14</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 1:30 -Rummikub	<b>15</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dogs 12:30 -Bridge  <u>Reminder:</u> *Deadline to order group theater tickets for Artis Naples & BB Mann	<b>16</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	<b>17</b> 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Gelli Printing	<b>18</b>
<b>19</b>	<b>20</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	<b>21</b> 8 -Power Hour 8:30 -Kayaking 9:30 -Gentle Yoga 11 -Chair Yoga 1:30 -Rummikub	<b>22</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dogs 12:30 -Bridge	<b>23</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	<b>24</b> 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Gelli Printing	<b>25</b>
<b>26</b>	<b>27</b> 8 -Happy Hour 9:30 -ETF 12:30 -Bridge 12:30 -Mahjongg	<b>28</b> <u>Election Day</u> Primary Election 7 a.m. – 7 p.m.  Activities Canceled	<b>29</b> 8 -Happy Hour 9:30 -ETF 11:30 -Hot Dogs 12:30 -Bridge	<b>30</b> 8 -Power Hour 9:30 -Gentle Yoga 11 -Chair Yoga 12:30 -Mahjongg 12:30 -Hand & Foot	<b>31</b> 8 -Happy Hour 9:30 -ETF 12:30 -Hearts 12:30 -Gelli Printing	<b>Facility Hours:</b> (May-October) Monday-Friday 8 a.m.-3:30 p.m.